

DID YOU GROW UP IN AN ALCOHOLIC OR DYSFUNCTIONAL HOME?

Adult Children of Alcoholics

an anonymous program for people who grew up in alcoholic or
otherwise dysfunctional homes

We discover how our childhood affected us in the past and
influences us in the present

We meet with each other in a
mutually respectful, safe environment
and acknowledge our common
experience

We take positive action by practicing
the Twelve Steps and focusing on the
Solution

We find freedom from the past and a
way to improve our lives today



Thursdays at 6pm

beginning Sept 4, 2025

meeting in the TV room
in the basement of the Fellowship Club

