

Chocolate Date Truffles

INGREDIENTS

- 2 cups of pitted dates
- 1 cup coconut flakes
- 2 tablespoons unsweetened cocoa powder



METHOD

1. Place the dates, cocoa powder and 1 tabelspoon of water into the food processor. If you are adding nuts, add them in at this point.
2. Process the ingredients till it comes together. If the dates need to be softened, add a third tablespoon of water.
3. Mix in the coconut flakes.
4. Make equal sized truffles. If the mixture is sticky, you can add extra coconut flakes or nuts.
5. Once all the truffles are made, coat them in more coconut flakes.
6. Your truffles are now ready to eat!

Dates are from the many food items our beloved Prophet Muhammad ﷺ enjoyed and praised.

Our beloved Prophet Muhammad ﷺ said: "*The most excellent pre-fasting meal of the believer is dates.*" (Abu Dawud)

The Messenger of Allah ﷺ would eat an odd number of dates.