

Gratitude List

The month of Ramadan offers us clear ways to connect with gratitude: fasting by choice when others may involuntarily feel hunger, giving charity in abundance, empathy for those who are less fortunate, to not take things for granted all open the doors to gratitude and inspiration. Write down a list of things that you are grateful for during Ramadan.

DEAR ALLAH,

THANK YOU FOR EVERYTHING. I AM SO GRATEFUL FOR:
