

# Placenta Preparation Agreement

**Wendy Luchterhand, HBCE, HBCLC**

**Home: 239-482-7595**

**Cell: 239-470-5749**

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone Number \_\_\_\_\_

Email \_\_\_\_\_

I, \_\_\_\_\_, agree to the following:

I am expected to birth my baby on or about \_\_\_\_\_, (date)

at \_\_\_\_\_ (Location)

I will provide Wendy access to my placenta within 24 hours after my baby's birth.

My birth attendant \_\_\_\_\_ will call Wendy to arrange a time for Wendy to prepare my placenta at my home.

I understand that encapsulation takes 2 days and 2 visits to my home.

My home address is \_\_\_\_\_.

I wish to have my placenta prepared: Fresh \_\_\_\_\_ Encapsulated \_\_\_\_\_

I agree to pay \_\_\_\_\_ (\$100 fresh, \$150 encapsulated)

Payable at the time of preparation.

I Wendy Luchterhand, agree to the following: I will not share any personal information or details of medical records. I will begin preparing the placenta within 24 hours of receiving the call notifying me that the placenta is available

\_\_\_\_\_  
Mother's Signature

*Wendy Luchterhand*

Wendy Luchterhand

While women throughout the ages have been using their placenta to heal after birth, the Food and Drug administration does not recognize this information. The services discussed here are not medical, clinical or pharmaceutical, nor intended to identify, diagnose or treat any condition. Families/women that choose to utilize the encapsulation services do so only after doing their own research and take full responsibility for any and all outcomes.

Natural Birth Solutions  
Wendy Luchterhand

Instructions for Calling Wendy after birth

Please call me soon after you birth. Except during the night – I don't need to know that you birthed at 2 am – AT 2 am! Pack the placenta in ice in your cooler and take it to the car if needed.

Call between 8 am and 10 pm **my home phone: 239-482-7595**  
**Cell: 239-470-5749**

Out of concern and with an overabundance of caution please advise me if you were found to be Group B Strep positive before birth. Colonization during pregnancy should not exclude you from using the placenta capsules since I steam the placenta and hold it at a temperature of 160 F for 30 minutes which is the recommended procedure for blood born pathogens. However, if you or the baby develop any kind of infection or fever during or soon after birth please do not consider ingesting your placenta capsules.

I will need access to your kitchen and use of your stove. I will bring my own utensils and will clean up after myself. All utensils I use will be sterilized with bleach and will be sanitized both before and after I prepare your placenta.

Suggested dosage for encapsulated placenta is:

Days 1-3 6 capsules per day, take 2 in the am, 2 in the afternoon, 2 in the pm.

Days 4-14 4 capsules per day, 2 in the am, 2 in the pm.

Days 14-? 2 capsules per day until you run out or forget to take it – an  
Indicator that you no longer need it.

Placenta does increase breast milk production. Some breast engorgement is common a few days after birth but if you are still really uncomfortable 7 days after birth I would back down on the number of smoothies to see if that makes a difference.

Note: Traditional Chinese medicine says that the method used to prepare your placenta is meant to make the healing properties go deeply into your body. If you feel a cold or a breast infection coming on, stop using your placenta until you are feeling better.

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Thank You!