

Bullet Point Nursing

RN Pharmacology worksheet – Diarrhea and constipation

1. A nurse is explaining to their patient the pathophysiology of constipation. What education would the nurse provide?
2. A nurse is questioning an order for docusate sodium for their post operative patient. The patient does not have any complaints indicating this medication. What is the likely reason for this drug?
3. A nurse is aware that certain medications can cause constipation. What commonly used class of medications are well known to cause constipation?
4. A nurse is educating their patient on potential anticholinergic effects from their medication for diarrhea. What medication is the nurse educating about?
5. A patient asks if there are any over the counter medications for constipation. What should be the nurses reply?
6. A patient has a history of constipation. What are key teaching points for the nurse to include in teaching the patient ways to avoid this issue?
7. A nurse is teaching a patient about a medication for diarrhea that slows peristalsis and is available over the counter. What medication is the nurse referring to?
8. A patient informs their nurse that they have been drinking an excessive amount of “the pink medication” for their indigestion. The nurse understands that this medication works in what way?
9. A patient is suffering from IBD and is not getting relief from their sulfasalazine. What additional medication classes may the patient be prescribed?
10. A nurse is preparing education on constipation medications. What are the different actions these medications have to address constipation?