

Thank You for Making a Meaningful Difference

Dementia touches far more than the individuals diagnosed—it also profoundly affects the lives of their caregivers, often family members and close friends, who provide ongoing, unpaid support. In Ontario alone, more than 315,000 people are living with dementia, and approximately 350,000 caregivers are supporting them.

Thanks to your generous donation of \$22,527, you are helping transform the lives of people living with dementia and their care partners across Ontario. Your support will go directly towards the funding of *The Social*, a weekly group recreation program designed for individuals in the early to mid-stages of dementia. This innovative program not only provides meaningful engagement for participants but also offers crucial respite for their caregivers.

Each weekly, three-hour session of *The Social* is thoughtfully designed to support well-being across six domains of health: cognitive, emotional, social, spiritual, vocational, and physical. Participants enjoy a structured, engaging environment where they can foster connections and experience a renewed sense of purpose and belonging. At the same time, their care partners are given the precious opportunity to rest, recharge, or access supportive resources—free from financial barriers.



Your generosity has made the following possible:

Over **280 new program sessions** made available across the province for people living with dementia, helping them engage in activities that uplift and connect.

More than **800 hours** of respite created for caregivers, giving them time to care for their own well-being, reconnect with their community, or simply rest.

Importantly, *The Social* also reaches underserved communities by offering culturally sensitive programming and ensuring equitable access. This approach acknowledges the disproportionate burden dementia places on some populations and strives to provide tailored, accessible support where it is most needed.

Participants and caregivers alike are reporting real, positive change—improved quality of life, increased social connection, and meaningful support.

Thank you for your commitment to the well-being of people living with dementia and those who care for them. Your support is not only changing lives—it is restoring hope, dignity, and connection.

**You are truly
making a difference.**

The Forget
Me Not
Gala