

Purpose Driven S.H.A.P.E. Profile

Spiritual Gifts

The first key factor in discovering your SHAPE is to unwrap your spiritual gifts. Use the online assessment tool (<https://www.umc.org/en/content/spiritual-gifts>) to discover your spiritual gifts from 1 Corinthians 12, Ephesians 4, and Romans 12. What might your spiritual gifts be?

Heart

The second factor is to listen to your heart. Your heart tells you what you are passionate about, and your passions are clues as to where you should be serving. What do you have a passion for?

A role (what you like to do)

A people group (whom you like to help)

A cause (what you would like to see changed or supported)

How can you use your God-given passions and interests to serve others effectively?

Abilities

The third part is applying your abilities. Here are just a few God given abilities. See if you can find any of your in this list Feel free to add more in the blanks.

conversing	writing	artistic ability	architecture	engineering
mathematics	baking	coaching	administration	quilting
gardening	athletics	inventing	carpentry	brainstorming
sculpting	selling	public speaking	tailoring	debating
recruiting	organizing	motivating	making music	typing
fixing things	hosting	problem solving	animal care	listening
teaching	acting	making money	floral arranging	cooking
mechanics	negotiating	decorating	linguistics	videography

God matches your ministry with your capabilities. How might God use your abilities for ministry? _____

Personality

The Fourth part is your personality. Your personality will affect how and where you use your spiritual gifts and abilities. Here are a few God-given personality traits.

1.....2.....3.....4.....5

Introvert

(I gain energy from quiet reflection)

Extrovert

(I gain energy from interaction)

1.....2.....3.....4.....5

Prefer Routine

(I like to do one project at a time)

Prefer Variety

(I like to do several projects at a time)

1.....2.....3.....4.....5

Thinker

(I analyze before deciding)

Feeler

(I go with my gut instinct)

1.....2.....3.....4.....5

Work Alone

(Prefer individual assignments)

Team Player

(I prefer working with a group)

1.....2.....3.....4.....5

Structured

(I need instructions before starting a task)

Unstructured

(I only read instructions in an emergency)

How can these personality traits help you discover your area of ministry?

Experience

The fifth key factor is your experiences – both the good and the bad.

- Family experiences: What did you learn growing up as part of your family?

- Educational experiences: What were your favorite subjects in school?

- Vocational experiences: What jobs have you been most effective in and enjoyed most?

- Spiritual experiences: What have been your most meaningful times with God?

- Ministry experiences: How have you served God in the past?

What lessons have you learned through your positive life experiences that can direct you to your area of ministry?

Painful experiences: God never wastes a hurt. People are always more encouraged when we share how God's grace helped us in our weakness than when we brag about our strengths. What will you do with what you've been through? What lessons have you learned through problems, hurts, and trials? Don't waste your pain, use it to help others. How might God use the painful experiences in your life to lead you to your ministry?

SUMMARY

Now that you have completed your SHAPE profile, consider these next two questions:

1. One of the best places to start serving in ministry is in your small group. How can you use your SHAPE to serve your group?

2. How can you use your S.H.A.P.E. to serve your church? Meet with your church leadership to see what your next step should be in pursuing your area of service to your church.
