Pilates Group Class Schedule

Monday	
9:00 am	Reformer Pilates - With Emily
4:30 pm	Reformer Pilates - With Angie
5:45 pm	Reformer Pilates - With Emily

	Tuesday
9:00 am	Reformer Pilates - With Emily
6:00 pm	Reformer Pilates - With Gina

	Wednesday
9:00 am	Reformer Pilates - With Emily

Thursday		
9:00 am	Reformer Pilates - With Emily	
4:30 pm	Reformer Pilates - With Emily	
6:00 pm	Reformer Pilates - With Emily	

	Friday
9:00 am	Reformer Pilates - With Emily

