

Nefertum, the path of the Golden Child

THE RETURN OF SESHEN

Lotus Dieta in Kemet

*Dear ones, thank you for answering the deep call of your soul
to join this 11-day pilgrimage in Egypt.*

*During this retreat, we will guide you through a sacred diet of
the white, blue, and pink Lotus. These flowers will meet us
exactly where we are, gently revealing a profound
remembrance.*

*Through various rituals and practices, we will connect with
the mystery of the Nile River, the ancient temples of Egypt,
and the Neteru—the sacred forces of nature. Born of the
waters, the Lotus will serve as our bridge between worlds,
guiding us into deeper communion with the wisdom of the
ancients.*

*This journey is a sacred initiatory passage, where the union of
the plant diet and the oracle temple work will open our
remembrance and our path.*

A plant diet is a sacred time during which we open ourselves to the spirit of a plant and its subtle language—an ancient technology used for ages. By allowing the plant to take space within us, it offers a deeper and more expanded understanding of our inner and outer realities.

We will walk upon the sacred land of Kemet, where the Priestess once prayed. Each land, each temple, each site holds its own story & wisdom awakening the memory and remembrance that has always lived within us. Uniting the mystery and beauty of the Lotus with oracle and temple practices.

An Egyptologist will accompany us, transmitting the wisdom of ancient Egyptian civilization through reading of hieroglyphs, the translation and interpretation of temples, opening a deeper understanding of these sacred sites.

This journey also explores oracle work and offer the opportunity to connect deeply with the Divine forces of creation.

As we gather in Egypt, we will explore different temples :

Day 1 - 6th october

Landing to per Auset guesthouse - Aswan

Private airport transfert will welcome you

Opening ceremony of the Diet

Day 2 - 7th october

Philae - Isis Temple

Divine mother & Keeper of ancient magic

Journey on a boat across the Nile river



Day 3 - 8th october

Kalabsha Temple - solar strenght & Nubia wisdom

Ptah temple - The Divine architect of creation

Blue Lotus Ecolodge

Day 4 - 9th october

Leaving Aswan

Edfu Temple - dedicated to Horus

Kom ombo Temple - The duality of Sobek & Horus

Check-in at Dôme home hotel in Luxor



Day 5 - 10th octobre
Valley of the Queens & Néfertari's tomb (optional)
Extra cost for entrance

Day 6 - 11 october
Karnak Temple (Sekhmet)
As the Sun lower, we sail on a felucca on the Nile river for a
moment of beauty and prayer to the sacred water

Day 7 - 12 october
Habu & Thot Temple - Temple of power and devotion
In the evening Luxor men Temple under the night sky.

Day 8 - 13 october
Abydos Temple
Associates with Osiris, resurrection and soul memory

Day 9 - 14 october
Dendera - Hathor temple
Home of joy, beauty & Cosmic wisdom

Day 10 - 15 october
Departure day - Luxor to Cairo
Pyramid of Gyzah - King chamber - Sphinx

Day 11 - 16 octobre
Closing ceremony



Throughout this journey, we will share rituals, practices, activations, and ceremonies.

Please note that the order of the practices will flow intuitively, according to the needs and energy of the group.

This journey may include:

- *Blue, Rose, and White Lotus diet*
- *Lotus rituals and activations*
 - *Ankh and solar activation*
- *Stars Temples transmissions*
 - *Kemetic rituals*
- *Neteru and temple transmissions*
- *Meditation and grounding practices*
 - *Oracle readings*
- *Prayers to the land and the Neteru*
 - *Lotus and sound bath*
 - *Breathwork*
 - *Water blessing*
- *Celestial communication*
- *Ceremonial Oracle communication*
 - *Dream incubation*
- *Lotus and cacao ceremony*
- *Egyptologist transmissions*



This journey include :

- *Diet, practises, rituals, ceremonies, teachings*
 - *Temple entrance*
 - *Felucca boat trip*
 - *Local egyptologist guide*
- *10 nights in beautiful guesthouse*
- *2 meals a day with local fresh food*
- *Transportation during trip*

It doesn't include :

- *International flight*
- *Domestic flights Cairo - Aswan & Luxor - Cairo*
 - *Nefertari's Tomb (optional)*
 - *Souvenirs*



Energetic exchange :

- 2999€ early bird until 30th of April*
- 3333€ normal price*



To book your spot we ask you 1500€ deposit.

To send to this account

Espace Abelha Nativa

IBAN

BE60 9054 3081 2470

BIC/SWIFT code :

TRWIBEB1XXX

3% of your account goes to the association Abelha Nativa to support a place called "Blue lotus Ecolodge" in Aswan to bring back lotus in his original water.



We will be hosted in beautiful guesthouse as Per Auset island on the feet of Isis Temple.

And Dôme home hotel in Luxor with ceremonial Space for our practises.

With 2 meals of local fresh food per days.



*It is a deep honor to share this
journey with you.*

*We welcome you with all our hearts.
Meeting soul and star family on this
Earth to walk the path of
rememberance.*

Jess, Annette, Justine, Marion