

Breakfast 7am to 11am

Lunch 11am to 2pm

Avocado Toast: Toasted Multi-Grain Wheat Bread Topped With Chili & Lime Chickpeas, Roasted Garlic & Agave Avocado Mash; Finished With Crushed Red Peppers. \$7.25 GF—\$9.75

Bacon & Avocado Toast: Toasted Multi-Grain Wheat Bread Topped With All Natural Bacon, Roasted Garlic & Agave Avocado Mash; Finished With Crushed Red Peppers. \$9.25 GF—\$11.25

Breakfast Burrito: Cage Free Eggs, Herb Roasted Red Potato, Slow Cooked Beans & Queso Fresco. Served With Fresh Garden Salsa. \$8.25

Add "Southwest Spiced" Local Ground Sausage— \$9.00

All Natural Bacon. — \$9.25

Fruit Parfait: Tart & Savory! Not sweet Greek Yogurt.

Fresh Bananas, Blueberries, Maple & Ginger Fruit Puree. Topped With Gluten Free Homemade Granola. It's Got Zero Grams Of Added Sugar, Seriously!! \$7.95

Strata: "What's a Strata?" A Strata Is What Happens When A Quiche, A Breakfast Casserole & A Bread Pudding Get Together For A Delicious Savory Party!

Ask Your Barista for Today's Strata. \$7.95

Bagel: Blueberry, Cinnamon Raisin, Jalapeno Cheddar, Everything, Plain. Toasted and Served With Cream Cheese or Butter. \$3.50

Pastries

Muffin \$4.00

Danish \$3.50

Cinnamon Roll \$4.00

Cookies \$1.50

Sandwiches

Caprese Grilled Cheese: Fresh Mozzarella, Baby Spinach, Tomato, Balsamic Herb Vinaigrette, Hummus & Fresh Basil \$11.75
Add Pesto Chicken +\$4.00 GF +\$2.50

Tuna Melt: Albacore Tuna Salad (Tuna, Fresh Dill, Pickles, Leeks, Caper, Mayo) Arugula, & Gruyere Cheese. \$12.99 GF Option

Chicken Sausage Panini: Grilled Chicken & Apple Sausage, Poblano & Apple Cream Cheese, Mild Cheddar, Spinach, Tomato & Bacon On Pressed Sour Dough Bread. \$13.95

Wraps

Chicken Pesto Chipotle Wrap: Roasted Chicken Breast Tossed In House Basil Pesto With Organic Spinach, Sliced Tomato, and Chipotle Ranch. Wrapped In A Four Tortilla Or On A Bed Of Greens. (\$+0.50) \$12.95

Turkey, Bacon & Avocado Wrap: All Natural Turkey & Bacon, Mashed Avocado, Pepperjack Cheese, Spinach, Tomato, With Chipotle Ranch On A Lightly Pressed Tortilla. \$12.95

Salads

Fruit & Granola Spinach Salad: Organic Baby Spinach, Sliced Apple, Blueberries, Homemade GF Granola & Gruyere Cheese. Served With Balsamic & Berry Vinaigrette.

It's SO Good I bet "Someone" Copies It!! \$12.95

Add Pesto Chicken +\$4.00

San Juan Salad: Herb Roasted Red Potato, Chili Lime Chick Peas, Queso Fresco, Bacon, Organic Greens, Guacamole, Blue Corn Tortilla Chips and Chipotle Ranch Dressing \$ 12.95
Add Pesto Chicken +\$4.00

Kids Grilled Cheese: Fresh Mozzarella Cheese On Panini Pressed Sourdough. Choice Of Chips & 12oz Fountain Drink.