

WEEKLY TRAINING SUNDAY SESSIONS

- **FUNDAMENTALS: TRAINING TO
COMPLETE PROGRAM**
UP TO 11 YEARS OLD 9:00AM TO 10:30AM
- **FUNDAMENTALS: TRAINING TO
TRAIN PROGRAM**
12 TO 14 YEARS OLD 11:00AM TO
12:30PM
- **DEVELOPMENTAL: TRAINING TO
COMPLETE PROGRAM**
15 TO 17 YEARS OLD 1:00PM TO 3:00PM

MTAG ATHLETE DEVELOPMENT CENTER

4304 Sudan Rd. Augusta, GA 30907

CONTACT US

DIAMON BASKETBALL
ACADEMY

Register at:

HOPEBYDIAMON.ORG

HOPEBYDIAMON@GMAIL.COM



Register at hopebydiamon.org /hopebydiamon@gmail.com
/call or text (253) 341-0908

BASKETBALL TRAINING PROGRAM

The Basketball Training Curriculum is derived from NBA Veterans, NCAA Champions and Olympic Gold Medalist. The program will enable our coaches to engage our students and improve their overall skills and achieve a higher level of understanding and commitment on the basketball court!

WHAT TO EXPECT

At DIAMON Basketball Academy, your child will experience:

- All-Around Skill Development Assessment
- Skills-Level Fundamental training in the following areas:
 - Footwork
 - Layup
 - Shooting
 - Defensive
 - Ball Handling
 - Passing



WHAT IS THE COST?

- 1 Session per mo. \$40.00
- 2 Sessions per mo. \$80.00
- 3 Sessions per mo. \$120.00
- 4 Sessions per mo. \$125.00

****Payments are nonrefundable

TRAINING SESSIONS

- Training sessions are conducted every Sunday **except for holidays**
- Training sessions are broken down by age group
 - 9 to 11 years
 - Build overall motor skills
 - Intro to 5 on 5 Principles/Concepts
 - 70% Training to 30% Competition
 - 5 on 5 Special Games/Rotation
 - 12 to 14 years
 - Build overall motor skills
 - Build overall sports skills 70% Training to 30% Competition
 - Intro to 5 on 5 Principles Concepts
 - 5 on 5 Competition/Rotations
 - 15 to 17 years
 - Fitness Preparation
 - Maximize the "engine" of skills and performance
 - 50% Player Development and 50% Competition/Rotation
 - Team-Oriented Practices

DIAMON BASKETBALL ACADEMY

WHY YOUR CHILD SHOULD JOIN

Our mission is to build positive relationships by providing ongoing development and mentorship by teaching the game of basketball to young players.

Our vision is to improve a players overall skill development progression by delivering intense, proven curriculum, and extensive training on the fundamentals of basketball.

