

Celebrate the act of Living!



BE THE ONE- FEB.12, 2022

A suicide awareness event for our heroes-
first responders, military and our police.

Whether they're running into burning buildings, protecting the public, or navigating crowded streets at high speeds on the way to a hospital, first responders often put their lives at risk as part of the job. And while they may recognize the inherent danger, **OUR HEROS** sometimes fail to consider the toll it can take on their mental health.

In 2017 more Fire Fighters and police officers died from suicide than in line of duty.

In 2022 let's **BE THE ONE** to change that.

Live Music by Nashville recording artist Jordan Oaks
& The Christine Martinez Band.

Hors d'oeuvres, cash bar and auction items are all part of the evening's festivities.

BE THE ONE- to get Help when you need it

BE THE ONE to help when asked

BE THE ONE- to make a difference

for info/tickets go to www.betheonetohelp.com

For immediate help call the National Suicide Prevention Lifeline
1-800-273-8255



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