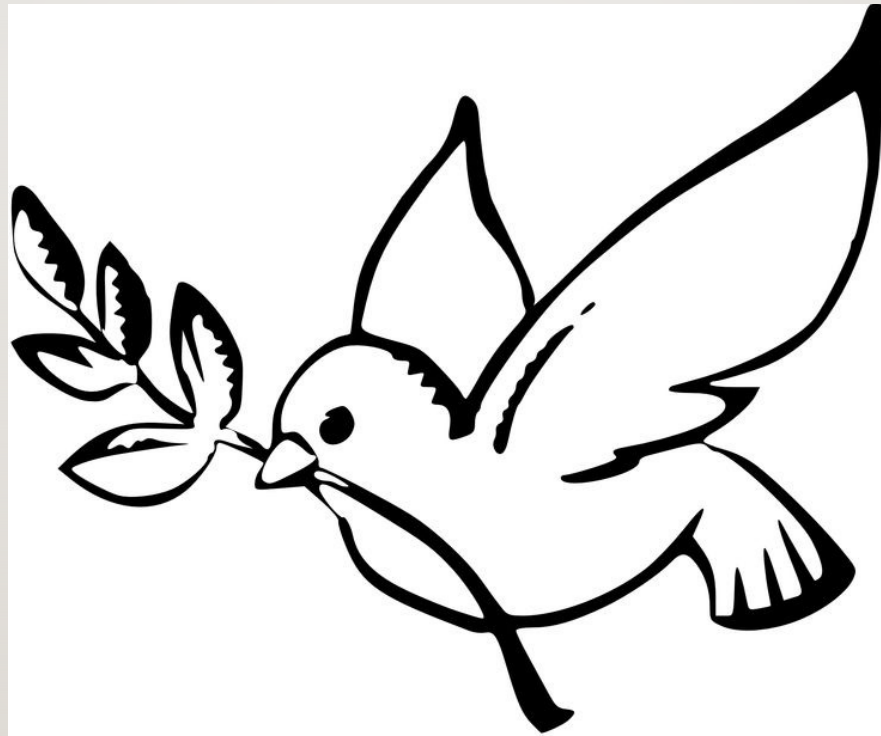


WELCOME!



THE GOAL OF THIS MEETING IS

- To explain the process of First Holy Communion preparation for OLPH students.
- I am Mrs. Naworski, the school Religion Director. Our principal, Mrs. Rebeck and I are here to guide you along with
- Our 2nd grade teacher Ms. Nunez our 1st grade teacher Mrs. Young, and the religion teachers of our older students.
- We're all happy to assist you on this journey.

We'll begin in prayer.

WALKING TOWARDS JESUS

ON THE JOURNEY TOWARDS HOLY EUCHARIST

WHAT IS FIRST HOLY COMMUNION?

The **Eucharist** is the Body and Blood of Jesus Christ

Receiving the Eucharist is called “COMMUNION”

because

we unite ourselves with Him as we partake of this gift.

WHY IS FIRST HOLY COMMUNION IMPORTANT?

It allows a deeper relationship between Christ and
your child,

Separation from Sin,

Preparation for Eternity.

FIRST HOLY COMMUNION PREPARATION IS TYPICALLY A 2-YEAR PROCESS BEGINNING IN 1ST GRADE

The Focus of Religious Education

- 1st Grade students are invited to know, love, and trust God.
- 2nd Grade students are prepared *specifically* for first confession and First Holy Communion by learning the steps involved.
- Older students in grades 3 through 8 are also prepared specifically by their religion teachers in one year if possible.

REQUIREMENTS AND EXPECTATIONS

- **Each Child Must Be Baptized**

Please submit baptismal certificate copy to the school ASAP.

If not baptized, contact the parish office to arrange baptism.

- **Attend Sunday Mass** Turn in Mass Cards to your teacher.

These were given out at school. There will be 2 total this year.

- **Learn Basic Prayers** These have been distributed.

- **Parents Sign & return the Sacrament Agreement**

From the papers that were sent home.

- **Make Their First Reconciliation** 2nd Graders and older

students will go through first confession at school in May.

1st graders wait until next year and do this before First Communion.

HOW DOES MY CHILD PREPARE FOR FIRST HOLY COMMUNION?

Religious Education

Through religion classes included in our school curriculum

Spiritual Growth

Personal Prayer

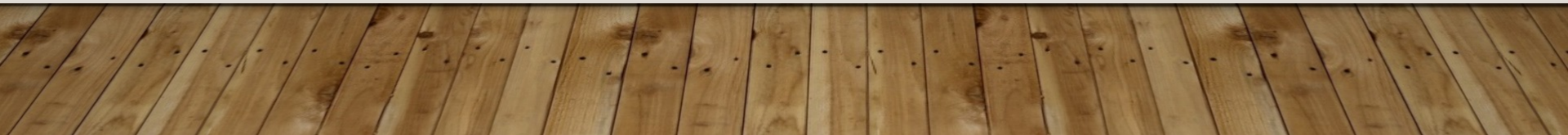
Parent and Family Dialogue and Involvement

Participation

Mass Attendance (Sundays)

1st Reconciliation (2nd grade and older)

Spiritual Retreat at school (All grades)



THE IMPORTANCE OF MASS

JESUS is present

We receive God's grace

Spiritual Rest and Refreshment

We Build Community

We Strengthen our Relationship with God

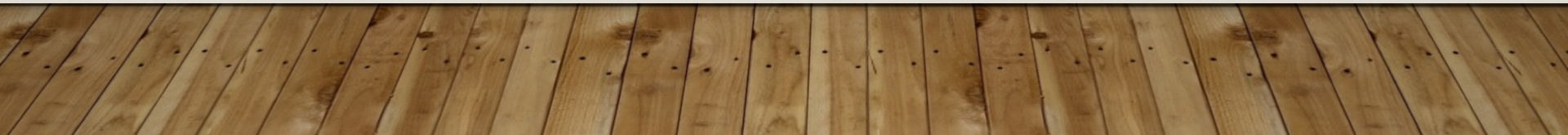
THE ROLE OF PARENTS IN THE LIFE OF FAITH

Parents are the first and foremost educators of their children

As parents, we make the faith a reality for our children.

“Train the young in the way they should go;

even when old, they will not swerve from it.” – Proverbs 22:6



HOW DO I JOURNEY WITH MY CHILD?

Establish your own relationship

with Christ

Be the Example

Receive the Graces

IT IS ALL ABOUT RELATIONSHIP

It is through the Eucharist that Jesus touches us in a most
unique and intimate way,

allowing us to share more deeply in His life and love.

and to prepare us to accompany the children in their walk towards
Jesus.

RESOURCES FOR THE JOURNEY

- **USCCB.org Daily Mass Readings, Audio and Homily Reflections**
- **Receiving the Holy Eucharist at Mass**
- **Continuing your own Catholic formation and Education**
- **Following the Liturgical Calendar & Holy Days of Obligation**
- **Relevant Radio 1050 AM or 106.7 FM - A catechizing source**
- **The Relevant Radio (free) APP a great resource with prayers both written and audio, live radio shows, shows on demand, and prayer networks like the Family Rosary and the Divine Mercy Chaplet.**

IMPORTANT DATES FOR YOUR CALENDAR

- **Wednesday, February 9, 2022** *1st Grade Retreat 8 – 10:30 am*
- **Wednesday, April 6, 2022** *2nd Grade Retreat 8 – 10:30 am*
- **Thursday, April 7, 2022** Final 2nd grade & older kids Parent Meeting
with details of First Holy Communion Mass
- **To be announced May 2022** *First Reconciliation for 2nd & upper grades*
Following School Mass Approx. 9:30 am
- (Children attend *this* reconciliation session before receiving their First Holy Communion.)
- **Saturday May 14, 2022** *First Holy Communion Mass 11:00 am*
For 2nd grade and upper grade students

- Please be aware that this schedule is subject to change due to fluctuating COVID restrictions.
- This page is also in the packet you will receive from your teacher, along with Mass cards.

THANK YOU FOR YOUR TIME

May God bless you and your family in this time
of special grace!

If you have any questions please contact me:

Carol Naworski

cnaworski@olphl.org