

# INDIANA LABORERS WELFARE FUND

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# LOSS OF TIME BENEFIT APPLICATION

- \*Loss of Time Benefits are paid weekly.
- \*Failure to provide accurate and complete information may delay your Loss of Time Benefit.
- \*Failure to notify the Claims Department of hours worked could result in an overpayment.
- \*If you have been released to return to work, please have your doctor notify the Fund Office, in writing, of your release date.
- \*If your doctor disables you beyond the current standard set by the Work Loss Data Institute, medical records will be required to be reviewed for possible continuation of benefits.

(To be completed by Member)			
Name		SSN or Member ID# Phone Number	
Mailing Address (street, city, state, zip)			
Please tell us, in detail: how, when a	and where the injury occurred:		
How:			
When:	Where:		
Did this specific incident occur     Other than this benefit, are an	ur while you were working?  by other insurances responsible for	Yes No	
medical expense? (Homeown	ter, Worker's Compensation, Auto- te of work performed <i>prior</i> to injur	, Motorcycle or ATV) Yes No	
		Heavy (see back for descriptions)	
Member's Signature		Date	
(To be completed by Provider: Please provider to avoid delay and allow accurate p	ovide as much detailed information as	enefit Application.  possible, including ICD10 or Surgery Codes in	
ICD10 Code(s) with description:			
Surgical Code(s):			
Dates of Total Disability: From	Throug	gh	
If the patient is still disabled, when sh If you return to work without a release			
List Restrictions:			
Printed name of Doctor	Phone number	Fax number	
Doctor's signature	 Date		



In accordance with Article IV, Section 4.03 of the Plan Document, "The expected recovery time will initially be determined in accordance with the current standard set by the Work Loss Data Institute." Below are the Classes described by the Work Loss Data Institute.

# **SEDENTARY**

Exerting up to 10 pounds of force occasionally (Occasionally: activity or condition exists up to 1/3 of the time) and/or negligible amount of force frequently (Frequently: activity or condition exists from 1/3 to 2/3 of the time) to lift, carry, push, pull, or otherwise move objects, including the human body. Sedentary work involves sitting most of the time, but may involve walking or standing for brief periods of time. Jobs are sedentary if walking and standing are required only occasionally and all other sedentary criteria are met.

### LIGHT

Exerting up to 20 pounds of force occasionally, and/or up to 10 pounds of force frequently, and/or a negligible amount of force constantly. (Constantly: activity or condition exists 2/3 or more of the time) to move objects. Physical demand requirements are in excess of those for Sedentary Work. Even though the weight lifted may be only a negligible amount, a job rated Light Work: (1) when it requires walking or standing to a significant degree; or (2) when it requires sitting most of the time but entails pushing and/or pulling of arm or leg controls; and/or (3) when the job requires working at a production rate pace entailing the constant pushing and/or pulling of materials even though the weight of those materials is negligible. NOTE: The constant stress and strain of maintaining a production rate pace, especially in an industrial setting, can be and is physically demanding of a worker even through the amount of force exerted is negligible.

## **MEDIUM**

Exerting 20 to 50 pounds of force occasionally, and/or 10 to 25 pounds of force frequently, and/or greater than negligible up to 10 pounds of force constantly to move objects. Physical Demand requirements are in excess of those for Light Work.

#### **HEAVY**

Exerting 50 to 100 pounds of force occasionally, and/or 25 to 50 pounds of force frequently, and/or 10 to 20 pounds of force constantly to move objects. Physical Demand requirements are in excess of those for Medium Work.

# **VERY HEAVY**

Exerting in excess of 100 pounds of force occasionally and/or in excess of 50 pounds of force frequently, and/or in excess of 20 pounds of force constantly to move objects. Physical Demand requirements are in excess of those for Heavy Work.