

Monday

Tuesday

Wednesday

Thursday

Friday

# NOVEMBER 2018

				
<p>9:00 Breakfast <b>5</b> 10:15 Morning Stretches/Rosary 10:30 Movement Class For All 11:30 Community Events 12:00 Lunch 1:00 Walking Club 1:00 <b>Bowling Trip</b> 1:15 Pokeno/Trivia</p>	<p>9:00 Breakfast <b>6</b> 10:15 Morning Stretches 10:30 Community Events 11:00 Exercise "Whamo" 12:00 Lunch 1:00 Walking Club 1:15 Bingo/Bocce 2:15 Afternoon Snack</p>	<p>9:00 Breakfast <b>7</b> 10:15 Morning Stretches 10:30 Movie Morning 12:00 Lunch 1:00 Walking Club 1:15 Community Events 1:30 Bean Bag Toss/Trivia 2:15 Afternoon Snack</p>	<p>9:00 Breakfast <b>8</b> 10:15 Morning Stretches 10:30 Community Events 10:30 <b>Watercolor Class</b> 11:00 Exercise "Flip Chip" 12:00 Lunch 1:00 Walking Club 1:15 Casino/Bocce 2:15 Afternoon Snack</p>	<p>9:00 Breakfast <b>9</b> 10:15 Morning Stretches 10:30 <b>Joey BeBop</b> 11:30 Community Events 12:00 Lunch 1:00 Walking Club 1:15 Crafts/Reading Group/Board Games 2:15 Afternoon Snack</p>
<p>9:00 Breakfast <b>12</b> 10:15 Morning Stretches/Rosary 10:30 Movement Class For All 11:30 Community Events 12:00 Lunch 1:00 Walking Club 1:15 Card Bingo/Trivia 2:15 Afternoon Snack</p>	<p>9:00 Breakfast <b>13</b> 10:15 Morning Stretches 10:30 <b>Communion with the Kings</b> 11:30 Community Events 12:00 Lunch 1:00 Walking Club 1:15 Pokeno/Bocce 2:15 Afternoon Snack</p>	<p>9:00 Breakfast <b>14</b> 10:15 Morning Stretches 10:30 Community Events 10:30 <b>Jewelry Making</b> 11:00 Exercise "Ring Toss" 12:00 Lunch 1:00 Walking Club 1:00 <b>Bowling Trip</b> 1:15 "Judge Judy"</p>	<p>9:00 Breakfast <b>15</b> 10:15 Morning Stretches 10:30 Community Events 10:30 <b>Breakfast @ Lobsterland</b> 11:00 Parachute/Balloon Toss 12:00 Lunch 1:00 Walking Club 1:15 Bingo/Bocce</p>	<p>9:00 Breakfast <b>16</b> 10:15 Morning Stretches 10:30 <b>Rev. Grace Service</b> 11:30 Community Events 12:00 Lunch 1:00 Walking Club 1:15 Crafts/Reading Group/Board Games</p>
<p>9:00 Breakfast <b>19</b> 10:15 Morning Stretches/Rosary 10:30 Movement Class For All 11:30 Community Events 12:00 <b>Thanksgiving Dinner</b> 1:00 Walking Club 1:00 <b>Miss Tina and Dancers</b> 2:15 Afternoon Snack</p>	<p>9:00 Breakfast <b>20</b> 10:15 Morning Stretches 10:30 Community Events 11:15 Exercise "Skii Ball" 12:00 Lunch 1:00 Walking Club 1:00 <b>Mystery Ride</b> 1:15 Bingo/Bocce 2:15 Afternoon Snack</p>	<p>9:00 Breakfast <b>21</b> 10:15 Morning Stretches 10:30 Community Events 11:00 Bean Auction 12:00 Lunch 1:00 Walking Club 1:15 Card Bingo/Trivia 2:15 Afternoon Snack</p>	<p><b>22</b> </p>	<p><b>23</b> <b>Day By Day Closed</b></p>
<p>9:00 Breakfast <b>26</b> 10:15 Morning Stretches/Rosary 10:30 Movement Class For All 11:30 Community Events 12:00 Lunch 1:00 Walking Club 1:15 Pokeno/Trivia 2:15 Afternoon Snack</p>	<p>9:00 Breakfast <b>27</b> 10:15 Morning Stretches 10:30 Community Events 11:00 Exercise "Indoor Golf" 12:00 Lunch 12:00 <b>Lunch @ Essex Seafood</b> 1:00 Walking Club 1:15 Card Bingo/Bocce</p>	<p>9:00 Breakfast <b>28</b> 10:15 Morning Stretches 10:30 <b>Music Therapy with Wendy</b> 11:30 Community Events 12:00 Lunch 1:00 Walking Club 1:15 Bingo/Trivia 2:15 Afternoon Snack</p>	<p>9:00 Breakfast <b>29</b> 10:15 Morning Stretches 10:30 Community Events 11:00 Exercise "Noodle Hockey" 12:00 Lunch 1:00 Walking Club 1:15 Charades/Bocce 2:15 Afternoon Snack</p>	<p>9:00 Breakfast <b>30</b> 10:15 Morning Stretches 10:30 Community Events 11:00 Exercise "Homerun Baseball" 12:00 Lunch 1:00 Walking Club 1:15 Crafts/Reading Group/Board Games</p>

