

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Day By Day Closed 	2 9:00 Breakfast 10:15 Morning Stretches 10:30 Community Events 11:00 Exercise "Noodle Volleyball" 12:00 Lunch 1:00 Walking Club 1:15 Bingo/Trivia 2:15 Afternoon Snack	3 9:00 Breakfast 10:15 Morning Stretches 10:30 Community Events 11:00 Exercise "Frisbee Cans" 12:00 Lunch 1:00 Walking Club 1:15 Pokeno/Bocce 2:15 Afternoon Snack	4 9:00 Breakfast 10:15 Morning Stretches 10:30 Community Events 11:00 Exercise "Horseshoes" 12:00 Lunch 1:00 Walking Club 1:15 Crafts/Reading Group/Board Games 2:15 Afternoon Snack
7 9:00 Breakfast 10:15 Morning Stretches/Rosary 10:30 Movement Class For All 11:30 Community Events 12:00 Lunch 1:00 Walking Club 1:15 Bingo/Trivia 2:15 Afternoon Snack	8 9:00 Breakfast 10:15 Morning Stretches 10:30 Community Events 11:00 Exercise "Ping Pong Bounce" 12:00 Lunch 1:00 Walking Club 1:15 Card Bingo/Bocce 2:15 Afternoon Snack	9 9:00 Breakfast 10:15 Morning Stretches 10:30 Community Events 11:00 Exercise "Skii Ball" 12:00 Lunch 1:00 Walking Club 1:15 Casino/Trivia 2:15 Afternoon Snack	10 9:00 Breakfast 10:15 Morning Stretches 10:30 Community Events 10:30 Bowling Trip 11:00 Exercise "Bowling" 12:00 Lunch 1:00 Walking Club 1:15 Pokeno/ Bocce 2:15 Afternoon Snack	11 9:00 Breakfast 10:15 Morning Stretches 10:30 Community Events 11:00 Exercise "Indoor Golf" 12:00 Lobster rolls from Jeffs 12:00 Lunch 1:00 Walking Club 1:15 Crafts/Reading Group/Board Games
14 9:00 Breakfast 10:15 Morning Stretches/Rosary 10:30 Movement Class For All 11:30 Community Events 12:00 Lunch 1:00 Walking Club 1:15 Card Bingo/Trivia 2:15 Afternoon Snack	15 9:00 Breakfast 10:15 Morning Stretches 10:30 Community Events 11:00 Exercise "Noodle Hockey" 12:00 Lunch 1:00 Walking Club 1:15 Bingo/Bocce 2:15 Afternoon Snack	16 9:00 Breakfast 10:15 Morning Stretches 10:30 Community Events 11:00 Exercise "Indoor Baseball" 12:00 Lunch 1:00 Walking Club 1:00 Mystery Ride 1:15 Pokeno/Trivia	17 9:00 Breakfast 10:15 Morning Stretches 10:30 Community Events 10:30 Watercolor Class 11:00 Exercise "Ring Toss" 12:00 Lunch 1:00 Walking Club 1:15 Password/Bocce 2:15 Afternoon Snack	18 9:00 Breakfast 10:15 Morning Stretches 10:30 Rev. Grace Service 11:30 Community Events 12:00 Lunch 1:00 Walking Club 1:00 Kevin Farley "Irish Music Guy" 2:15 Afternoon Snack
21 Day By Day Closed 	22 9:00 Breakfast 10:15 Morning Stretches 10:30 Community Events 11:00 Exercise "Beanbag Toss" 12:00 Lunch 1:00 Walking Club 1:15 Pokeno/Bocce 2:15 Afternoon Snack	23 9:00 Breakfast 10:15 Morning Stretches 10:30 Music Therapy with Wendy 11:30 Community Events 12:00 Lunch 1:00 Walking Club 1:15 Card Bingo/Trivia 2:15 Afternoon Snack	24 9:00 Breakfast 10:15 Morning Stretches 10:30 Community Events 11:00 Exercise "Whamo" 12:00 Lunch 1:00 Walking Club 1:00 Bingo/Bocce 2:15 Afternoon Snack	25 9:00 Breakfast 10:15 Morning Stretches 10:30 Joey Bebop 11:30 Community Events 12:00 Lunch 1:00 Walking Club 1:15 Crafts/Reading Group/Board Games 2:15 Afternoon Snack
28 9:00 Breakfast 10:15 Morning Stretches/Rosary 10:30 Movement Class For All 11:30 Community Events 12:00 Lunch 1:00 Walking Club 1:00 Bingo/Trivia 2:15 Afternoon Snack	29 9:00 Breakfast 10:15 Morning Stretches 10:30 Community Events 11:00 Exercise "Homerun Baseball" 12:00 Lunch 1:00 Walking Club 1:00 Card Bingo/Bocce 2:15 Afternoon Snack	30 9:00 Breakfast 10:15 Morning Stretches 10:30 Community Events 11:00 Pokeno 12:00 Lunch 1:00 Walking Club 1:00 Bowling Trip 1:15 Exercise "Can Bowling/Trivia"	31 9:00 Breakfast 10:15 Morning Stretches 10:30 Community Events 10:30 Movie Morning 12:00 Lunch 1:00 Walking Club 1:00 Exercise "Bocce" 2:15 Afternoon Snack	

