Join the LMHF in Our 5th Annual



LMHF Family Wellness Event

Saturday, September 7, 2019. Walk begins at 9:00 a.m.

♦ Registration will be from 8:00 a.m. – 8:45 a.m.

Beaver Hollow – The Biggest Loser Resort Niagara 1083 Pit Road Java Center, NY 14082

❖ You will find several (free of charge) parking areas available. Upon arriving, report to the registration desk located in the Main Lodge which is down the path on the right-hand side. Staff will assist/direct you from there.

Free to all LMHF subscribers and (any age) family members

- * All attendees, including spouses & dependents must be an LMHF member.
 - ♦ Please call (716) 601-7980 to sign up by the deadline August 9th
- ♦ LMHF Vendors will be present ♦ No Registration Fee Required
 - ♦ Bike Raffle for LMHF Members Who Participate
 - Win Prizes
 - ◆ Run or Walk on a well-prepared course







Property Map of Beaver Hollow

