

Option 90 Program

The cost effective and convenient way to receive maintenance medications.

Talk to your doctor about filling your medication for a 90-day supply.

Save time and money with the Option 90 Program from PBD

The Option 90 Program from Pharmacy Benefit Dimensions (PBD) is the ability to fill a 90-day supply of a maintenance medication at a retail or mail order pharmacy. By filling a 90-day supply of a maintenance medication, you have the convenience of having to fill your prescription(s) **only four times per year**, rather than 12. Also, filling a 90-day supply of your maintenance medication may **save you money!**

Go to www.pbdrx.com to view your PBD formulary and see if your medication qualifies as a maintenance medication. Maintenance medications are designated on the PBD formulary with the letters “**MM**.” You may need to obtain a new prescription for your first fill, so talk to your provider about getting a prescription for a 90-day supply today.

Filling your prescription at a Retail Pharmacy

You may fill your 90-day supply of a maintenance medication at any retail pharmacy in the National Pharmacy Network for a **reduced copay**. Ask your provider to submit a new prescription to any participating pharmacy of your choice, for a 90-day supply plus refills up to one (1) year (as appropriate).

Filling your prescription at a Mail Order Pharmacy

You may fill your 90-day supply of a maintenance medication at either Wegmans Mail Order Pharmacy Services or ProAct Mail Order Pharmacy Services for a **reduced copay**. Ask your provider to submit a new prescription to any participating pharmacy of your choice, for a 90-day supply plus refills up to one (1) year (as appropriate).

When using one of PBD’s mail order pharmacies, your medications are shipped to you by standard delivery at **no additional cost to you** (express shipping is available for an additional charge). You can pay your reduced copayment using Visa, MasterCard, Discover, American Express or by check or money order.

When placing your initial order with a mail order pharmacy, you should have at least a 14-day supply of that medication on hand to hold you over. If you do not have enough medication, you may need to ask your provider for another 30-day supply to be filled at your local retail network pharmacy.

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First-time registration at a Mail Order Pharmacy

Before using ProAct Mail Order Pharmacy Services or Wegmans Mail Order Pharmacy Services for the first time, you will have to register with the mail order pharmacy of your choice.

Here's how to register (please have your member ID number available):

By Mail

Please fill out the registration form for the mail order pharmacy of your choice. Forms can be obtained by calling Pharmacy Benefit Dimensions Member Services or online at pbdrx.com.

Online

Wegmans Mail Order Pharmacy Services: www.wegmans.com/pharmacy

ProAct Mail Order Pharmacy Services: www.proactpharmacyservicespbd.com

By Phone

Wegmans Mail Order Pharmacy Services: 1-888-205-8573 (TTY: 1-877-409-8711)

ProAct Mail Order Pharmacy Services: 1-888-425-3301; 1-877-635-9545 (TTY: National 711 Relay Service)

If you have any questions about the status of your mail order prescription, please call:

Wegmans Mail Order Pharmacy Services

1-888-205-8573
TTY: 1-877-409-8711

ProAct Mail Order Pharmacy Services

1-888-425-3301
TTY: 711

Questions

If you have questions about your coverage and benefits, please call Pharmacy Benefit Dimensions Member Services Department at (716) 635-7880 or 1-888-878-9172, Monday through Friday from 8 a.m. to 11 p.m. ET. TTY users please call 711.