

Drs. Lapporte, Wright & Associate, P.D.  
Privacy Protections for Electronic Communications

We are subject to important laws written to protect your privacy. These privacy laws set a standard in how we maintain your health record and how we communicate with you outside of sessions. Please read the following and discuss any questions/concerns with your therapist.

- For speaking by **telephone**, phone conversations and voicemail are known as an adequately secure method for our communications. Please feel free to contact us by telephone voicemail at any time.
- Each therapist determines whether or not to communicate via other methods, such as by email or text. If they do use such communication, they defer to your preference, provided that you are informed of the privacy risks of these other methods.
- Email, **text** and other electronic communication methods carry a risk of being hacked. While we use security measures to minimize the chance of a privacy breach, there are no methods that completely guarantee your privacy when using electronic forms of communication.
- Concerning **email**: Our email is hosted on a fully HIPAA compliant platform.
- Concerning **texting**: When texting through our messaging system, texting is also considered HIPAA-compliant. If texting to a therapist's personal phone, there is no guarantee of HIPAA compliance and therefore personal health information should not be shared.
- You elect your preference for communication method upon registration and you can request a change in preference at any time. By electing to send/receive electronic communication, you are acknowledging your understanding of the risks as outlined in this document.

In addition to the legal limitations, we also abide by ethical guidelines for all communication outside of therapy sessions. The appropriateness of between-session communication (of any kind) regarding clinical matters is determined on a case by case basis and should be explicitly discussed between you and your therapist.