



UNIQUE WOMEN MINISTRY

MONTHLY FASTING & PRAYER PROGRAM

September 11, 2025- Family Restoration

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# OVERVIEW

## UWM Fasting & Prayer Program

*Matthew 17:21, "However, this kind does not go out except by prayer and fasting."*

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# 2ND THURSDAY OF EACH MONTH

JESUS IS THE ANSWER. FASTING IS A TOOL GIFTED TO BELIEVERS TO *KILL THE FLESH AND STRENGTHEN THEIR SPIRITUAL WALK!*  
GALATIANS 5:16-17

The fasting period will be **observed from 6:00 AM CT to 5:30 PM CT**

## **Before the Fast**

- Morning Prayer Call: Pastor Jackie's Line
- Dial: (774) 220-4000, PIN: 106285 at 5:30 AM CT

## **During the Fast**

- Reflection: What 1-2 things are you believing God to do for you this month?
- Find a scripture to stand on for each prayer request
- Commit to praying these scriptures three times daily throughout the month

## **After the Fast**

- Break fast at 5:30 PM CT
- Evening Reflection Call: Pastor Kendra's Line
- Dial: (559) 671-2723, NO PIN at 6:00 PM CT, 2nd Thursday of each month!

Participants are permitted to consume water throughout the fast, crucial for maintaining hydration and supporting mental clarity, thereby enabling deeper spiritual reflection and connection during the fasting hours. *Matthew 17:21, 21 [a]However, this kind does not go out except by prayer and fasting.* **Please consult with your physician if you are under a doctor's care and taking medication before doing this type of fasting!**

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# MONTHLY THEME: FAMILY RESTORATION

**What is family restoration?** God's healing power working to restore broken relationships, establish godly households, and break generational patterns that have damaged family bonds.

## **Key Scriptures:**

- "As for me and my household, we will serve the Lord." **Joshua 24:15**
- "He will turn the hearts of the parents to their children, and the hearts of the children to their parents; or else I will come and strike the land with total destruction." **Malachi 4:6**

**Focus:** Strengthening family bonds, breaking generational curses, establishing godly households.

**Prayer Points:** Salvation of family members, healing of relationships, restoration of family values.

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# MONTHLY THEME BONUS: BROKEN VS. BLESSED FAMILIES

**Take off... Put on...**

- ✓ "My family is too broken"... "God specializes in restoration"
- ✓ "We've always had these problems"... "I can break generational cycles"
- ✓ "They'll never change"... "Nothing is impossible with God"
- ✓ "It's too late to fix this"... "God makes all things new"
- ✓ "We don't know how to communicate"... "God gives wisdom for healthy relationships"
- ✓ "This dysfunction is normal"... "God's design for family is wholeness"

*Find more identity resources on @uniquewomenministry YouTube Channel!*

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# PRAYER POINTS TO PRAY THROUGHOUT DAY

1. **Thanksgiving:** "Enter into his gates with thanksgiving, and into his courts with praise: be thankful unto him and bless his name." Psalms 100:4
  2. **Repent:** 2 Chronicles 7:14 - Humble yourself, seek God's face, turn from wrong thinking about yourself
  3. **Forgive Fast:** Release others and yourself - forgive those who spoke negative words over your identity
  4. **Supplication & Intercession:** Pray for others to know their true identity in Christ; pray for your own identity breakthrough
  5. **Praise God:** 1 Chronicles 29:13 - Praise Him for who He says you are!
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# A PRAYER FOR FAMILY RESTORATION

Heavenly Father,

You created the family as the foundation of society, and Your heart is for families to be whole, healthy, and honoring to You. Today I come before You asking for supernatural restoration in my family relationships.

Lord, I confess that my family has been broken in many ways. We have generational patterns of dysfunction, broken communication, unresolved conflicts, and relationships that seem beyond repair. I acknowledge my own part in contributing to family problems and ask for Your forgiveness.

Father, I specifically lift up each family member by name before You. For those who don't know You as Lord and Savior, I pray for their salvation. Open their hearts to receive Your love and truth. Send laborers across their path and create divine appointments for them to encounter You.

For broken relationships within my family, I ask for Your healing touch. Where there has been unforgiveness, bring reconciliation. Where there has been misunderstanding, bring clarity. Where there has been distance, bring reunion. Heal the wounds that have been carried for years and restore the love that seems lost.

I break every generational curse that has operated in my family line - addiction, abuse, divorce, financial struggle, mental illness, and any pattern that doesn't align with Your will. I declare that as for me and my house, we will serve the Lord.

Give me wisdom to be a godly influence in my family. Help me to model Your love, grace, and truth. When others are difficult, let me respond with patience. When conflict arises, let me be a peacemaker. When hope seems lost, let me stand in faith for breakthrough.

Establish my family as a place of love, peace, and godliness. Let our home be a sanctuary where Your presence dwells and Your ways are honored. I believe You can do exceedingly abundantly above all I can ask or think.

In Jesus' mighty name, Amen.

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*"AS FOR ME AND MY HOUSEHOLD, WE WILL SERVE THE LORD." JOSHUA 24:15 NIV*

# BLESSINGS!

"The Lord bless you and keep you; the Lord make his face shine on you and be gracious to you; the Lord turn his face toward you and give you peace." **Numbers 6:24-26 NIV**

~ **UNIQUE WOMEN MINISTRY**

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