



UNIQUE WOMEN MINISTRY

MONTHLY FASTING & PRAYER PROGRAM

July 10, 2025- Purpose & Destiny

OVERVIEW

UWM Fasting & Prayer Program

Matthew 17:21, "However, this kind does not go out except by prayer and fasting."

2ND THURSDAY OF EACH MONTH

JESUS IS THE ANSWER. FASTING IS A TOOL GIFTED TO BELIEVERS TO *KILL THE FLESH AND STRENGTHEN THEIR SPIRITUAL WALK!* GALATIANS 5:16-17

- The fasting period will be **observed from 5:30 AM CT to 5:30 PM CT**
 1. **Before the Day Fasting & Praying-** Morning Prayer Call Details: Pastor Jackie's Prayer Line **dial-in#** (774) 220-4000; PIN #106285 at 5:30 am. CT
 2. **During the Day Fasting & Praying-** Reflection: What 1-2 things are you believing God to do or answer for you this month?
 - Find a scripture to stand on for each prayer request
 - Commit to praying these scriptures three times daily throughout the month
 3. **After the Day Fasting & Praying-** Evening Fast Reflection Call Details: Pastor Kendra's **dial-in#** (559) 671-2723; **NO PIN, JUST CALL** at 6:00 pm. CT! Break the fast at 5:30 pm. CT And Call in the Fast Reflection Call at 6:00 PM. CT, 2nd Thursday of each month!
 - Participants are permitted to consume water throughout the fast, crucial for maintaining hydration and supporting mental clarity, thereby enabling deeper spiritual reflection and connection during the fasting hours. *Matthew 17:21, 21 [a]However, this kind does not go out except by prayer and fasting.* **Please consult with your physician if you are under a doctor's care and taking medication before doing this type of fasting!**
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MONTHLY THEME: PURPOSE & DESTINY

What is purpose? God's intentional design and calling for your life; the reason He created you and the assignment He's given you to fulfill.

Key Scriptures:

- "For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future." **Jeremiah 29:11**
- "For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them." **Ephesians 2:10**

Focus: Discovering and aligning with God's specific plan for your life.

Prayer Points: Clarity of calling, boldness to pursue divine assignments, removal of obstacles to purpose.

MONTHLY THEME BONUS: DISCOVERING VS. DELAYING PURPOSE

Take off... Put on...

- ✓ "I don't know my purpose"... "God reveals His plans to those who seek Him"
- ✓ "I'm too young/old"... "God uses people in every season"
- ✓ "I'm not qualified"... "God equips those He calls"
- ✓ "I'll start tomorrow"... "Today is the day of salvation and purpose"
- ✓ "What if I fail?"... "God's plans for me will prosper"
- ✓ "I need more preparation"... "God prepares me as I walk in obedience"

Find more identity resources on @uniquewomenministry YouTube Channel!

PRAYER POINTS TO PRAY THROUGHOUT DAY

1. **Thanksgiving:** "Enter into his gates with thanksgiving, and into his courts with praise: be thankful unto him and bless his name." Psalms 100:4
 2. **Repent:** 2 Chronicles 7:14 - Humble yourself, seek God's face, turn from wrong thinking about yourself
 3. **Forgive Fast:** Release others and yourself - forgive those who spoke negative words over your identity
 4. **Supplication & Intercession:** Pray for others to know their true identity in Christ; pray for your own identity breakthrough
 5. **Praise God:** 1 Chronicles 29:13 - Praise Him for who He says you are!
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A PRAYER FOR PURPOSE & DESTINY

Heavenly Father,

Thank You that before I was formed in my mother's womb, You knew me and set me apart for Your purposes. I believe that You have plans for me - plans to prosper me and not to harm me, plans to give me hope and a future.

Lord, I confess that I have sometimes been unclear about my purpose or afraid to step into my calling. I repent for the times I've delayed obedience, settled for comfort over calling, or allowed fear to keep me from Your best. Forgive me for not trusting Your preparation and timing.

Father, I ask for divine clarity about my purpose and destiny. Open my spiritual eyes to see the good works You prepared beforehand for me to walk in. Remove every obstacle - internal and external - that has hindered me from fulfilling my calling.

Give me boldness to pursue the dreams You've placed in my heart. Connect me with the right people, opportunities, and resources. Let doors open that no man can shut and let what You have ordained come to pass in Your perfect timing.

I declare that my steps are ordered by You. Where You guide, You provide. What You birth, You will bring to completion. I will not despise small beginnings, knowing that You are faithful to complete the work You've started in me.

Help me to walk worthy of the calling with which I've been called. May my life bring glory to Your name and advancement to Your kingdom.

In Jesus' name, Amen.

BLESSINGS!

"The Lord bless you and keep you; the Lord make his face shine on you and be gracious to you; the Lord turn his face toward you and give you peace." **Numbers 6:24-26 NIV**

~ **UNIQUE WOMEN MINISTRY**
