

**UNIQUE WOMEN MINISTRY** 

# **OVERVIEW**

**UWM Fasting & Prayer Program** 

Matthew 17:21, "However, this kind does not go out except by prayer and fasting."

# 2ND THURSDAY OF EACH MONTH

JESUS IS THE ANSWER. FASTING IS A TOOL GIFTED TO BELIEVERS TO KILL THE FLESH AND STRENGTHEN THEIR SPIRITUAL WALK! GALATIANS 5:16-17

- The fasting period will be observed from 6:00 AM CT to 5:30 PM CT
  - 1. The Day Fasting & Praying- Starts at 6:00 am. 5:30 pm. CT
  - 2. During the Day Fasting & Praying- Reflection: What 1-2 things are you believing God to do or answer for you this month?
    - Find a scripture to stand on for each prayer request
    - Commit to praying these scriptures three times daily throughout the month
  - 3. After the Day Fasting & Praying- Evening Fast Reflection Call Details: Pastor Kendra's dial-in# (559) 671-2723; NO PIN, JUST CALL at 6:00 pm. CT! Break the fast at 5:30 pm. CT And Call in the Fast Reflection Call at 6:00 PM. CT, 2nd Thursday of each month!
- Participants are permitted to consume water throughout the fast, crucial for maintaining hydration and supporting mental clarity, thereby enabling deeper spiritual reflection and connection during the fasting hours. *Matthew 17:21, 21 [a]However, this kind does not go out except by prayer and fasting.*" Please consult with your physician if you are under a doctor's care and taking medication *before* doing this type of fasting!

# MONTHLY THEME: FINANCIAL BREAKTHROUGH

What is financial breakthrough? God's supernatural provision and wisdom to overcome financial barriers, establish biblical stewardship, and experience His abundance.

### **Key Scriptures:**

- "And my God will meet all your needs according to the riches of his glory in Christ Jesus." **Philippians 4:19**
- "Bring the whole tithe into the storehouse, that there may be food in my house. Test me in this," says the Lord Almighty, "and see if I will not throw open the floodgates of heaven and pour out so much blessing that there will not be room enough to store it." **Malachi 3:10**

Focus: Biblical principles of stewardship, giving, and receiving God's provision.

Prayer Points: Debt cancellation, wisdom in finances, opening of new income streams.

### MONTHLY THEME BONUS: POVERTY VS. PROSPERITY MINDSET

#### Take off... Put on...

- ✓ "There's never enough"... "My God supplies all my needs"
- ✓ "I can't afford it"... "God makes a way where there seems to be no way"
- ✓ "Money is evil"... "Money is a tool for kingdom advancement"
- ✓ "I'm bad with money"... "God gives me wisdom to steward well"
- ✓ "I'll never get ahead"... "God prospers the work of my hands"
- ✓ "I can't give, I barely have enough"... "I give first and God multiplies my seed"

Find more identity resources on @uniquewomenministry YouTube Channel!

## PRAYER POINTS TO PRAY THROUGHOUT DAY

- 1. **Thanksgiving**: "Enter into his gates with thanksgiving, and into his courts with praise: be thankful unto him and bless his name." Psalms 100:4
- **2. Repent**: 2 Chronicles 7:14 Humble yourself, seek God's face, turn from wrong thinking about yourself
- **3. Forgive Fast**: Release others and yourself forgive those who spoke negative words over your identity
- **4. Supplication & Intercession**: Pray for others to know their true identity in Christ; pray for your own identity breakthrough
- 5. Praise God: 1 Chronicles 29:13 Praise Him for who He says you are!

# A PRAYER FOR PURPOSE & DESTINY

Heavenly Father,

You are Jehovah Jireh, my provider, and I acknowledge that every good and perfect gift comes from You. Thank You for Your promise that You will supply all my needs according to Your riches in glory by Christ Jesus.

Lord, I confess that I have sometimes operated in fear regarding my finances instead of faith in Your provision. I repent for times I've made decisions based on lack instead of trusting in Your abundance. Forgive me for any poor stewardship, unfaithfulness in giving, or allowing worry about money to steal my peace.

Father, I ask for Your supernatural breakthrough in my finances. Cancel every debt that is not Your will for my life. Open doors of opportunity for increased income that align with my purpose and calling. Give me divine wisdom in budgeting, investing, and stewarding the resources You entrust to me.

Break every generational curse of poverty, lack, and financial struggle over my family line. Let the wealth of the wicked be transferred to the righteous. Position me to be a blessing to others and to advance Your kingdom through my finances.

Help me to be faithful in tithing and generous in giving, knowing that You love a cheerful giver. Teach me to seek first Your kingdom, trusting that all these things will be added unto me.

I declare that I am blessed to be a blessing. You make all grace abound toward me so that I have all sufficiency in all things and may abound to every good work.

In Jesus' name, Amen.

# **BLESSINGS!**

"The Lord bless you and keep you; the Lord make his face shine on you and be gracious to you; the Lord turn his face toward you and give you peace." **Numbers 6:24-26 NIV** 

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