



UNIQUE WOMEN MINISTRY

MONTHLY FASTING & PRAYER PROGRAM

June 12, 2025 - Walking in Your Identity

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# OVERVIEW

## UWM Fasting & Prayer Program

*Matthew 17:21, "However, this kind does not go out except by prayer and fasting."*

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# 2ND THURSDAY OF EACH MONTH

JESUS IS THE ANSWER. FASTING IS A TOOL GIFTED TO BELIEVERS TO *KILL THE FLESH AND STRENGTHEN THEIR SPIRITUAL WALK!* GALATIANS 5:16-17

- The fasting period will be **observed from 5:30 AM CT to 5:30 PM CT**
    1. **Before the Day Fasting & Praying-** Morning Prayer Call Details: Pastor Jackie's Prayer Line **dial-in#** (774) 220-4000; PIN #106285 at 5:30 am. CT
    2. **During the Day Fasting & Praying-** Reflection: What 1-2 things are you believing God to do or answer for you this month?
      - Find a scripture to stand on for each prayer request
      - Commit to praying these scriptures three times daily throughout the month
    3. **After the Day Fasting & Praying-** Evening Fast Reflection Call Details: Pastor Kendra's **dial-in#** (559) 671-2723; **NO PIN, JUST CALL** at 6:00 pm. CT! Break the fast at 5:30 pm. CT And Call in the Fast Reflection Call at 6:00 PM. CT, 2nd Thursday of each month!
  - Participants are permitted to consume water throughout the fast, crucial for maintaining hydration and supporting mental clarity, thereby enabling deeper spiritual reflection and connection during the fasting hours. *Matthew 17:21, 21 [a]However, this kind does not go out except by prayer and fasting.* **Please consult with your physician if you are under a doctor's care and taking medication before doing this type of fasting!**
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# MONTHLY THEME: WALKING IN YOUR IDENTITY

**What is identity?** Your true self as God sees you, not based on performance, past, or others' opinions.

## **Key Scriptures:**

- "But you are a chosen generation, a royal priesthood, a holy nation, His own special people, that you may proclaim the praises of Him who called you out of darkness into His marvelous light." **1 Peter 2:9**
- "For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them." **Ephesians 2:10**

**Focus:** Rejecting false labels and embracing God's truth about who you are.

**Prayer Points:** Breaking agreement with lies, receiving God's truth, walking confidently as His daughter.

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# MONTHLY THEME BONUS: IDENTITY VS. PERFORMANCE

**Take off... Put on...**

- ✓ "I'm not good enough"... "I am fearfully and wonderfully made"
- ✓ "I'm defined by my mistakes"... "I am a new creation in Christ"
- ✓ "I'm unworthy of love"... "I am chosen and beloved"
- ✓ "I need others' approval"... "I am accepted in the Beloved"
- ✓ "I'm too broken to be used"... "I am God's workmanship"
- ✓ "I have no purpose"... "I am created for good works"

*Find more identity resources on @uniquewomenministry YouTube Channel!*

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# PRAYER POINTS TO PRAY THROUGHOUT DAY

1. **Thanksgiving:** "Enter into his gates with thanksgiving, and into his courts with praise: be thankful unto him and bless his name." Psalms 100:4
  2. **Repent:** 2 Chronicles 7:14 - Humble yourself, seek God's face, turn from wrong thinking about yourself
  3. **Forgive Fast:** Release others and yourself - forgive those who spoke negative words over your identity
  4. **Supplication & Intercession:** Pray for others to know their true identity in Christ; pray for your own identity breakthrough
  5. **Praise God:** 1 Chronicles 29:13 - Praise Him for who He says you are!
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# A PRAYER FOR WALKING IN YOUR IDENTITY

Heavenly Father,

You knew us before we were formed in our mother's womb and called us by name. Today we come seeking to understand and walk in the identity You have given us as Your daughters.

Lord, we confess that we have often looked to the world, our past, and others' opinions to define who we are. We repent for believing lies about ourselves that contradict Your Word. Forgive us for seeking validation from temporary sources instead of resting in Your eternal truth.

We reject every false label the enemy has placed on us: "not good enough," "too broken," "unworthy," "mistake." In Jesus' name, we break agreement with these lies and choose to believe what You say about us.

Father, help us to see ourselves through Your eyes. We are chosen, beloved, accepted, complete, and fearfully and wonderfully made. We are Your workmanship, created for good works that You prepared beforehand for us to walk in.

Transform our minds daily. When insecurity whispers, let Your love speak louder. When comparison tempts us, remind us that we are uniquely designed by You. When rejection stings, let us remember we are chosen and accepted in the Beloved.

Help us to live FROM our identity in You, not FOR it. May we serve from love, not for love. May we rest in Your acceptance rather than strive for approval.

Holy Spirit, anchor these truths deep in our hearts so that we walk confidently as daughters of the King. In Jesus' name, Amen.

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# BLESSINGS!

"The Lord bless you and keep you; the Lord make his face shine on you and be gracious to you; the Lord turn his face toward you and give you peace." **Numbers 6:24-26 NIV**

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