



Unique Women Ministry

Monthly Fasting & Prayer Program

(2nd Thursday of each month)



Overview

UWM Fasting & Prayer Program

Matthew 17:21, ²¹ [\[a\]](#) However, this kind does not go out except by prayer and fasting.”

April 10, 2025, 2nd Thursday

Jesus is the ANSWER. Fasting is a TOOL gifted to believers to *kill the flesh and strengthen their spiritual walk!* Galatians 5:16-17

- The fasting period will be **observed from 5:30 AM CT to 5:30 PM CT**
 1. **Before the Day Fasting & Praying** -Morning Prayer Call Details: Pastor Jackie's Prayer Line **dial-in#** (774) 220- 4000; PIN #106285 at **5:30 am. CT**
 2. **During the Day Fasting & Praying** -Reflection: What 1-2 things are you believing God to do or answer for you this month?
 - Find a scripture to stand on for each prayer request
 - Commit to praying these scriptures three times daily throughout the month
 3. **After the Day Fasting & Praying** -Evening Fast Reflection Call Details: Pastor Kendra's **dial-in#** (559) 671-2723; **NO PIN, JUST CALL** at 6:00 pm. CT! Break the fast at 5:30 pm. CT And Call in the Fast Reflection Call at 6:00 PM. CT, 2nd Thursday of each month!
- Participants are permitted to consume water throughout the fast, crucial for maintaining hydration and supporting mental clarity, thereby enabling deeper spiritual reflection and connection during the fasting hours. *Matthew 17:21, ²¹[\[a\]](#)However, this kind does not go out except by prayer and fasting.* **Please consult with your physician if you are under a doctor's care and taking medication before doing this type of fasting!**



Monthly Theme

April 2025 Prayer Focus-Divine Healing & Restoration

Key Scriptures:

- "But I will restore you to health and heal your wounds, 'declares the Lord, 'because you are called an outcast, Zion for whom no one cares.'" **Jeremiah 30:17 NIV**
- "Praise the Lord, my soul, and forget not all his benefits—3 who forgives all your sins and heals all your diseases", **Psalms 103:2-3 NIV**
- "May the Lord give you increase more and more, You and your children." **Psalms 115:14 NKJV**

Focus: Physical, emotional, financial, and spiritual healing; breaking generational patterns of dis-ease (*disease*).



Monthly Theme Bonus

A- Applying

P-Prosperous Principles

R-Real

I-Intentional

L-Life-Changes in Financial Habits

***Enjoy this 5-Day Devotional: *Overcoming Financial Barriers* on @uniquewomenministry YouTube Channel!**

Prayer Points To Pray Throughout Day

1. **Thanksgiving:** “Enter into **his** gates with **thanksgiving**, and into **his** courts with praise: be thankful unto him and bless **his** name.” Psalms 100:4 or Entire Psalms 100
2. **Repent:** 2 Chronicles 7:14: "If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin." ***Remember that repentance is both an event and a process - it's about developing a lifestyle of consistently turning toward God.***
3. **Forgive *Fast!*** Identifying unforgiveness, releasing offenders and self into the freedom of your forgiveness.
4. **Supplication & Intercession:** Pray for others and self; salvation, deliverance, and healing. (saved and unsaved, widows, orphans, and those in leadership) ***Wholeness in mind, body, and spirit; restoration of what's been damaged or lost.*** 1 Thessalonians 5:17, “Be unceasing in prayer [praying perseveringly];”
5. **Praise God!** 1 Chronicles 29:13: "Now therefore, our God, we thank You and praise Your glorious name." ***Praise proceeds the victory! 2 Chronicles 20***

A Prayer for Divine Healing & Restoration

Heavenly Father,

As we enter this new month of April, we come before You with hearts open to receive Your divine healing and restoration. Lord, You declared in Jeremiah that You will restore us to health and heal our wounds, even when we feel like outcasts for whom no one cares. We claim this promise today.

Father, we praise You as Psalm 103 reminds us, and we refuse to forget Your benefits—how You forgive all our sins and heal all our diseases. In Your mercy, touch our bodies with Your healing power. Where there is physical pain or illness, we pray for Your restoring touch.

Lord, we also lift up our emotional wellbeing. Heal the wounds that cannot be seen—the trauma, anxiety, depression, and heartache that many of us carry. Replace our mourning with the oil of joy and our spirit of heaviness with a garment of praise.

In our finances, we claim Your promise from Psalm 115, that You will give increase more and more to us and our children. Break the cycles of lack and struggle. Teach us to be good stewards of what You provide and open the windows of heaven to pour out blessings we cannot contain.

Most importantly, Father, we seek spiritual healing and renewal. Restore our souls and draw us closer to You. Break generational patterns of dis-ease that have affected our families for too long. Where there has been spiritual bondage, bring freedom. Where there has been darkness, bring light.

We apply these prosperous, real, intentional life changes and financial habits to honor You with all that we are and all that we have.

In the mighty name of Jesus, our Healer and Restorer, we pray. Amen.

BLESSINGS!

“The Lord bless you
and keep you; the Lord make his face shine on you
and be gracious to you; the Lord turn his face toward you
and give you peace.” Numbers 6:24-26 NIV

~UNIQUE WOMEN MINISTRY

