



Next Chapter: Purpose & Clarity Coaching Series

A 5-Session Coaching Experience to Redefine Success and Purpose Beyond Work

The *Next Chapter* coaching series creates space to pause, reflect, and realign with what matters most — so your next season feels intentional, balanced, and truly yours. Whether you're exploring a new direction, seeking renewed purpose in your current role, or envisioning what comes after full-time work, this experience helps you clarify your path and move forward with confidence and self-trust.

Investment: \$500 total (paid in full or \$175/month for 3 months)

Includes five one-hour sessions via Zoom and light reflection support between sessions.

What You'll Gain

- *Clarity* about your values, strengths, and purpose
- *Confidence* to navigate change with direction and self-trust
- *A vision and plan* that aligns what matters most with what's next
- *Renewed Energy* and focus for the next chapter of your life

What's Included

- Five 60-minute coaching sessions (via Zoom)
- *Wheel of Life* assessment for clarity on priorities and balance
- *IKIGAI* reflection framework to explore your "why"
- Values discovery and reflection tools
- Light reflection prompts or email check-ins between sessions
- Option to continued monthly or extended coaching

The Journey

1. **Design Session** – Clarify where you are, what you want, and how you want to grow.
2. **Clarify Values** – Identify what matters most and use those insights as your guide for what's next.
3. **Explore Purpose** – Reflect on your "why" and uncover what brings meaning and fulfillment.
4. **Design What's Next** – Turn reflection into action with clear, aligned goals and next steps.
5. **Synthesize & Celebrate** – Reflect on progress, capture insights, and define your continued growth.

Who It's For

You're not starting over—you're moving forward with purpose.

This series is for professionals who are employed but feeling a pull toward something more: a new path, a shift in focus, or a next act that's more aligned with who you are today.

Let's Grow You.

 Start with a free [Clarity Call](#) to explore if this series is the right fit. Together, we'll design a coaching experience that supports your next chapter.