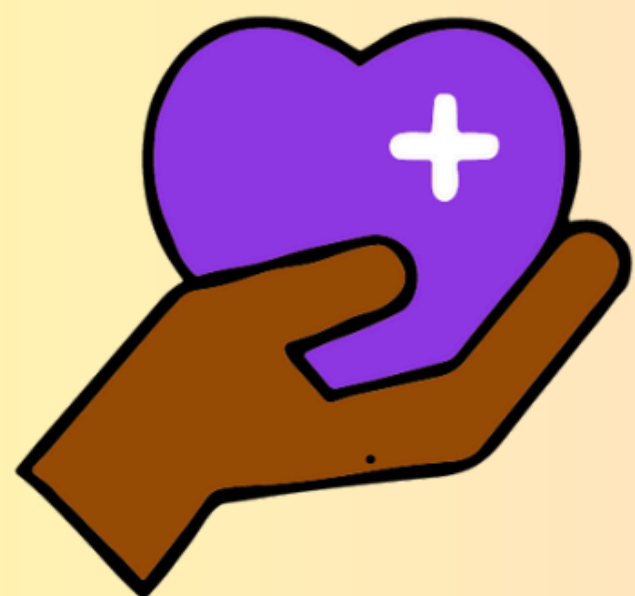




**Wounded Healers
Foundation**

2025

Activity Annual Report



Message From Program Manager



2025 was a year of deep impact and consolidation for Wounded Healers Foundation, as we strengthened pathways from crisis response to healing, education, and economic independence for women, girls, and youth. Teenage mothers rebuilt their lives through shelter support, education, and reintegration, while women and girls translated skills gained at the Learning Center into income and employment, alongside continued prevention work to challenge harmful norms and strengthen community accountability. We sincerely thank all our donors, partners, volunteers, staff, and community supporters whose trust and commitment made this work possible and continue to enable survivor-led, sustainable solutions rooted in dignity, safety, and hope.

With Gratitude

15/1/26

A handwritten signature in black ink, reading "Josphine Wanjiru".

Josphine Wanjiru
Program Manager Kenya

Introduction

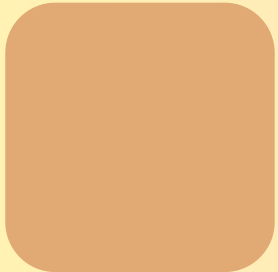
Wounded Healers Foundation is a survivor-led, community-based organization operating in Mwihoko and surrounding communities in Nairobi and Kiambu County. The Foundation was established in response to persistent sexual and gender-based violence (SGBV) affecting women, girls, and young people, particularly those living in informal and low-income settings where access to protection, justice, and economic opportunity remains limited.

In 2025, Wounded Healers Foundation consolidated its work around a single objective: to move survivors from crisis and dependency into safety, stability, and long-term independence, while simultaneously preventing future violence through youth engagement, education, and community accountability.

This report presents not only what was done in 2025, but how and why those interventions produced measurable change.



Mission & Vision



Our Mission is to disrupt and shift the cultures of sexual violence through preventative education, holistic support for survivors, and empowering women and girls to break the cycles of violence within their families and communities

We envision a world where everyone can live without fear of violence, exploitation, and abuse and where human rights are universally respected and upheld.





Context and Rationale

Mwihoko and its surrounding settlements continue to experience high rates of sexual violence, early and forced pregnancy, school dropout among girls, and economic exclusion of women. Teenage mothers in particular face layered vulnerabilities: stigma, family rejection, untreated trauma, lack of childcare, and limited pathways back into education or employment. Without coordinated support, many remain trapped in cycles of poverty and re-victimization.

Wounded Healers Foundation's response recognizes that violence is not an isolated incident but a systemic failure. Effective intervention therefore requires an integrated model that addresses safety, healing, education, care infrastructure, and economic opportunity simultaneously.

Programmatic Approach: An Integrated Ecosystem

Rather than operating standalone projects, the Foundation implements a connected ecosystem of interventions. Survivors entering through the shelter are supported to heal psychologically, stabilize socially, and transition into education or skills training.

That learning is enabled through on-site childcare and reinforced by economic pathways that lead to income generation or employment. In parallel, prevention work with youth and communities addresses the social norms that allow violence to persist.

This integrated approach is what allowed the Foundation to achieve depth of impact in 2025 rather than isolated outputs.



City of Peace Teenage Mothers Shelter

Throughout 2025, the City of Peace Teenage Mothers Shelter provided safety and stabilization for teenage mothers who had experienced sexual violence, abandonment, or coercion, many arriving pregnant or shortly after childbirth. The shelter offered safe accommodation, meals, healthcare referrals, and trauma-informed psychosocial support, enabling girls to heal, rebuild self-worth, and gain parenting and life skills while planning for their futures.

An on-site daycare, staffed by a dedicated caregiver, enabled mothers to attend classes consistently at the Learning Center, significantly improving learning completion and skills acquisition. By year-end, girls were re-engaging with education, building economic pathways, and strengthening bonds with their children. Eight girls were successfully reintegrated with their families and returned to school with renewed confidence, while two completed secondary education and transitioned into vocational training. The Foundation's scholarship program continued throughout 2025 and currently supports nine girls, reflecting sustained investment beyond shelter care.



Learning Center: Education, Skills, and Sustainability

In 2025, the City of Peace Learning Center served as the Foundation's main platform for long-term empowerment, offering adult education, digital skills, tailoring and reusable pad production, and beauty therapy to teenage mothers and women from the wider community. A total of 140 learners graduated, with many transitioning into self-employment—particularly in tailoring and beauty—while others secured wage employment, contributing to improved household stability and reduced vulnerability to abuse.

The tailoring program combined skills training with production of Kitenge-based products and reusable sanitary pads, generating income for organizational sustainability while giving trainees practical market experience. Learning Center capacity was strengthened through partnerships, including book donations from Safaricom Foundation and laptops from Connection Ubuntu, which enhanced learning quality, enrollment capacity, and graduate employability.





SGBV Prevention and Community Engagement

Recognizing that response alone is insufficient, Wounded Healers Foundation invested heavily in prevention throughout 2025. Community dialogues and school-based sessions addressed consent, power dynamics, reporting mechanisms, and survivor support pathways.

A key component of this work was the creative arts partnership with Kamilika Youngstar CBO, through which skits and plays were performed in schools and community spaces. These performances translated complex and sensitive issues into accessible narratives, prompting dialogue and reflection. Follow-up discussions linked awareness to concrete referral pathways, strengthening community accountability and reducing stigma around reporting.

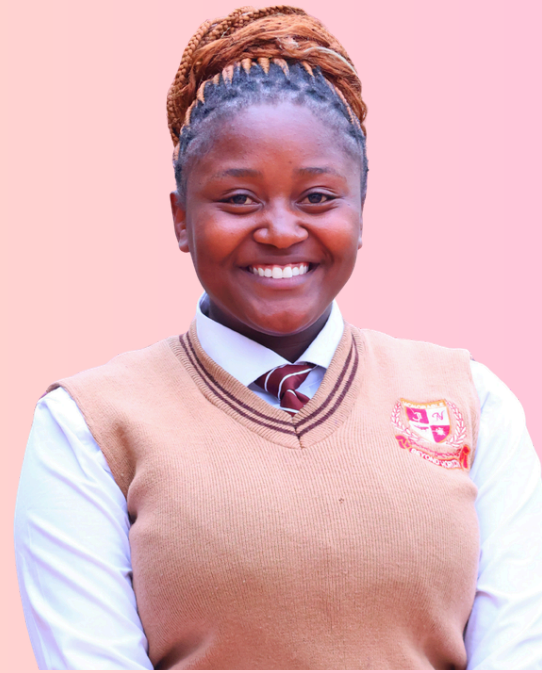
Youth Engagement Through Sports

Youth engagement remained a cornerstone of prevention strategy in 2025. Through football-based mentorship, boys were engaged in structured conversations on consent, respect, masculinity, and non-violence, positioning them as allies rather than perpetrators. Girls' football provided a parallel space for confidence building, leadership development, and norm-challenging participation in public life.

By embedding mentorship within sports, the Foundation reached young people in environments where trust, discipline, and peer influence are strong, contributing to longer-term attitudinal change.



Our Girls





Eddy
Outreach coordinator



Ann
Shelter coordinator



Shiroh
Program Manager



Faith
Learning Center coordinator



Karis
Communication Coordinator

Our team



Wainaina
Adult education trainer



Tony
Tailoring Trainer



Mary
Beauty & Cosmetology
trainer



Ombasa
Computer trainer

Our Trainers



Wilmina
Matron



Njoro
Outreach worker



Yasmin
Community Women Lead



Maureen
Care giver

Community Based team



Thank You