

PARENTIVE

Online Safety • Digital Wellbeing • AI Literacy

Family Online Safety Checklist

Use this checklist to support safer, healthier and more confident digital experiences for children and young people.

- Review privacy settings on devices, apps and social media accounts.
- Know which apps, games and platforms your child uses.
- Discuss cyberbullying, scams and online risks regularly.
- Enable appropriate parental controls and safety settings.
- Encourage strong passwords and secure account practices.
- Create healthy screen-time boundaries and routines.
- Talk openly about AI tools and misinformation.
- Identify trusted adults children can speak to for support.

Safeguarding & Compliance

Parentive promotes online safety, digital wellbeing and responsible technology use aligned with UK safeguarding principles and child protection best practices.

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