"Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ."~1 Thessalonians 5:23

When ministering deliverance & healing, it's important to understand the Biblical foundation of Body, Soul, & Spirit

## Part 1: Body

Our body is our physical body, what we see in the mirror. We can physically see and touch our bodies.

## Part 2: Soul

Our soul is our mind, will, and emotions. It's what you speak to - our conscience. From our soul comes our personality because God didn't want us to be robots.

## Part 3: Spirit

For our spirit, we can not feel it or touch it because we are in constant contact with our body & soul.

"That which is born of the flesh is flesh, and that which is born of the Spirit is spirit" ~ John 3:6

Our spirit can only be accessed in a supernatural way because God communicates through our spirit. Most importantly, the power of God flows through our spirit.

In the garden of Eden, Adam & Eve were in direct communion with God. They were perfect in creation - body, soul, & spirit flowed perfectly with each other, there were no diseases and sicknesses. When sin entered into them, the spirit was disconnected from the body & soul, the fall of man after, and separation from God.

When Jesus Christ came to the Earth, he lived a sinless life and overcame the temptation from the devil. He was the redemption sacrifice from our sins. When we experience salvation through Christ, we go from the old man to the new man. We are Born Again!

"And you He made alive, who were dead in trespasses and sins"~Ephesians 2:1

But when we get saved and come to Christ, our spirit is saved but not our souls & bodies. This is why Christians can suffer from anxiety, depression, lust, diseases, and addictions after salvation. These are the two parts that can be tormented demonically and why deliverance will set us free in Jesus name! Not everything is a demon and sometimes its just flesh that needs to be disciplined to the Word of God, but if it's a chronic issue and repentance, regular prayers, reading your Bible, and trying your hardest is not working then deliverance is needed to set you free. (Read section on deliverance)

Once deliverance is completed, the healing process begins, and the power of those sins is lifted, and we can walk in Christ's authority and walk in the spirit. Our soulish parts are renewed (mind renewal), and we're set free, and God can have direct communion through our spirits to our soul & body. We are free in Christ! This is the Full Gospel of our inheritance from Calvary. Thank you Jesus!

"The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly."~ John 10:10