

Praise the Lord! You have just gone through deliverance, and you had a supernatural encounter with Jesus! Your obedience walking in faith, humility & willingness were instrumental in your breakthrough. Deliverance is like a reset button and gives you strength to face life, starting with victory. You are now "the head and not the tail" (Deuteronomy 28:13). You are no longer held down with tormenting spirits that hinder you from moving forward. After the success of casting out demons, your work is not over. In fact, it is just beginning...

The first 24-48 hours after your deliverance, it is common to feel light-headed or a little distorted. Please drink plenty of water and eat healthy. You will need the first two days to process everything that took place. Going through deliverance is similar to labor. It's exhausting or like you ran a marathon, and you just want to sleep - this is normal. Some people experience some small attacks on the first night or next day, I call them echoes and they will go away because the Holy Spirit is still delivering you and some remnants are still expelling out, just pray and listen to worship music and it will go away! You may feel empty the next few days where you're not happy or sad but notice your mind is really quiet and still, this is normal because those demonic entanglements are gone so you're not used to it. Don't worry, you will adjust, and the Holy Spirit will feel you up! Here are some tips for you that help.

1). Join a local church or keep attending your own church. It's very important to be around other Believers to have worship together and fellowship. This is so important! I discuss this further towards the end.

2) Close all doors to active sin and walk in the Spirit. These are common open doors.

"Involvement in the occult

Abuse

Unforgiveness

Abortion

Sexual immorality

Perversion
Pornography
Stealing
Lying
Drug and alcohol abuse
Habitual sin
Rebellion against God"

When we partake of these sins, we can allow evil spirits to enter through these common open doors. If the demons do not get addressed, over time they begin to build certain mentalities, structures, and lie altars fortified in our mind with the design to be fully operating on default whether the demon is there or not. Common strongholds that are built include fear, anger, rejection, doubt, depression, abuse, and self-hatred. The Kingdom of Darkness works on agreements! They are legalistic, and they go by the law where we are under Grace through Jesus Christ!

OPEN DOORS

Gives demons permission
Based on action
Closed instantly
Closed through repentance

STRONGHOLDS

Gives demons protection
Consists of thoughts and feelings
Rooted in your own sin
Happens over time
Removed through renewal and resisting

"The weapons we fight with are not the weapons of the world, On the contrary, they have divine power to demolish strongholds. We demolish

arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ."
~ 2 Corinthians 10:4-5

Strongholds are cast down while demons are cast out, and strongholds are broken over time while demons are cast out quickly. It's important to remember not to give up. While demons can be quickly removed, a stronghold can take consistency, renewal of the mind with God's Word, and patience to fully remove. Just as the house of thoughts was built over time to form habits, it must be broken down with time to ensure its full removal and replacement with God's truth.

3) I also strongly suggest not watching deliverance videos and going down demon rabbit holes while you are healing. The enemy can put thoughts in your mind and make you come into agreement that you have demons. I also have seen people chasing deliverance minister after deliverance minister after their deliverances because they don't think they are free. This is a tactic from the enemy and can let confusion and anxiety build and can make everything worse.

4) Live by God's word. Hebrews 4:12 says, "The Word of God is alive and active. Sharper than any double-edged sword, it penetrates even to divide soul and Spirit, joints, and marrow; it judges the thoughts and attitudes of the heart." This is your greatest weapon, as Jesus beautifully displayed in the wilderness" (Matthew 4:1-11). He took up his sword and used the Word of God to defeat the enemy. He is our example. The best way to memorize scripture is to put verses on index cards and carry it with you until they are locked and loaded in your mind. When a demonic thought (flaming arrow) pops into your mind, counter it with the word you have already memorized. If there is one thing the devil's interested in, it is preventing you from taking and wielding the sword of the Spirit because that is when you are going to become a danger to him. While using the sword, it is extremely important that your life lines up with the Word of God and does not contradict the pages in scripture. This will require you to read your Bible so that you can test and approve your life accurately to his truth. Give yourself grace

because this will take time. Yet, just like you sacrificed years in school for what is only temporary. This kind of spiritual training is life-giving and eternal. Matthew 6:19 says, "Store up for yourselves treasures in heaven, where moths do not destroy and where thieves do not break in and steal. For where your treasure is, there your heart will be also. Thank your Jesus!

5) Put on the full armor of God. According to Ephesians 6:10-18, we are to put on the complete armor every day to withstand the attacks of the evil one. I also encourage you to put it on every night before bed to protect you as you sleep. You can pray something like this, "In the name of Jesus, I place on my body in the spirit-realm the complete armor of God according to Ephesians 6. I firmly place the helmet of salvation on my head to protect my mind from the attacks of the enemy as I sleep. No weapon formed against my dreams will prosper in Jesus name." If you want to call out each piece of armor, as you place it on. I encourage you to do so. Remember, we are not fighting a war in the natural realm. It is the unseen realm that we are fighting against, and we need to use spiritual armor that will protect us in that realm. The helmet of salvation is vital as you learn how to combat the enemy because it focuses on protecting your mind (where the battle is). When you are delivered of demons, your mind is finally set free. You are now the master of your own thoughts, which you have not experienced before. It is now your responsibility to change your thought patterns and habits. According to Romans 12:1-2, "You are no longer to conform to the ways of this world but be transformed by the renewing of your mind. Then, you will be able to test and approve what God's perfect will is." The way you transform your mind is by reading the Word of God (which brings us back to point #4).

6) Cultivate right relationships. It is very important to have Godly relationships in your life as you are living in your freedom. According to 2 Corinthians 6:14-18, Paul encourages us to "not team up with unbelievers and not be partners with unbelievers." We need to be in the right relationships and friendships that are like-minded and sanctified in Christ. It is important to associate with people who are going to build you up in Christ and not tempt you with darkness. "How can Light live with darkness

(vs.14)? It is also important to be in a church that will stand with you, in faith, for your deliverance. Try to find a church that believes all the gifts of the Spirit are active today according to 1 Corinthians 12 and who believe that Christians can be demonized and completely set free through deliverance. I would encourage you to seek Godly mentorship with someone (of the same sex) that is rooted in the word of God and can build you up in truth and hold you accountable. Someone who will stand with you and pray with you. If you do not have a person in mind, pray and ask the Lord to send you a Godly mentor that you would like.

7) Making Jesus Lord in every area, he will help you to keep all doors closed to the enemy and not re-open the door through sin or even ignorance. Jesus is the only one strong enough to keep the devil out. No other remedy, medicine, counsel, therapy, or religion has the power to kick evil spirits out and then keep them out. Every area of your life needs to be yielded to the Lordship of Jesus for your own protection. Here is the Godly covenant you walk into by making Jesus, Lord, in all areas of your life. Thank you Jesus!!

If you have any questions about aftercare, please contact me. I'll be scheduling Zoom meetings a few times a month for aftercare questions, discipleship, equipping, intercessory prayers, and inner healing.

I'm so excited for what the Lord has in store for you! This is an incredible journey! Thank you Jesus! All glory to him!!