



Class Descriptions

Classical Ballet (ages 7+): Ballet class is the foundation of all others and requires discipline, strength and flexibility. This art form requires many years of training to master. For this reason, students are required to take ballet 2x per week. Class work focuses on barre, center, traveling, etc. in order to help dancers master the needed skills for this art.

Ballet/Tap Combo (ages 4-6): Students get the benefit of two styles of dance. This class covers introductory level ballet and tap skills. Students will learn ballet and tap terminology, creative movement, and class room etiquette. Students perform two dances in recital.

Jazz (ages 7+): Jazz movement is based ballet but the music is pop oriented and theatrical in nature. Classes work on flexibility, alignment and Jazz terminology through warm-up, center work and traveling floor work. Previous experience in Ballet is helpful in all jazz classes. While it is not required, Ballet is recommended to be taken with jazz.

Broadway Jazz (ages 7+): Students will study jazz technique, Broadway/musical theatre style jazz, contemporary/modern jazz styles. Classes consist of warm-up, center work, and progressions, designed to increase flexibility, strength, and technique. Classes will also include developing performance, confidence, and expression.

Modern (ages 9+): Learn the techniques of Horton, Cunningham and Graham. Includes principles of fall/recovery, contraction/release, floor work, balance etc. Students must be registered in Ballet to take this class.

Contemporary (ages 7+): In this class, students break away from ballet and modern techniques to embrace a less restrictive form of dance. Class will emphasize creative expression and improvisational skills. Students must be registered in Ballet to take this class.

Tap (ages 7+): Students learn tap technique and terminology while focusing on crisp, clear sounds. Students that enjoy percussion sounds will enjoy this class. Helps students learn rhythmic musicality and coordination.

Acro Dance (ages 7+): This class is great for students who want to mix it up a bit. Students learn tumbling skills as well as dance. Recital performance incorporates dance and tumbling into the choreography.

Hip Hop/Tumbling Combo Class (ages 4-6): In this class, students will be introduced to the hip hop style and beginning tumbling. Students will learn beginning tumbling skills such as headstands, bridges, cart wheels etc. Students perform two dances in recital.

Hip Hop (ages 7+): This class is a high energy class that includes a combination of street, jazz, and commercial movements. Each class begins with a warm up/strengthening section and moves into combinations and choreography.