

# ARCH & BROW STUDIO

## PRE-PROCEDURE INSTRUCTIONS

### Microblading Eyebrows Pre-Care:

- Do not work out 24 hours before procedure.
- NO alcohol or caffeine 24 hours before procedure (Yes, there is caffeine in decaf coffee and tea!).
- You may want to wash your hair prior to the procedure to ensure you do not get your eyebrows wet after the procedure.
- Avoid sun and tanning one week prior to procedure.
- Do not take Aspirin, Niacin, Vitamin E or Advil/Ibuprofen 24 hours before procedure. \*IMPORTANT note: DO NOT discontinue any medications that are prescribed by a Physician or which are necessary for your health.
- If you have a condition that requires you to take antibiotics before a dental visit, you may check with your doctor to determine if antibiotics are needed for permanent cosmetics.
- Avoid power shakes and power greens, Fish Oil, and "Hair, Skin, Nail" supplements 24 hours prior to procedure. Discontinue Glycolics, Chemical Peels and Retin-A 4 weeks prior.
- Refrain from use of any Alpha Hydroxy Acid (AHA) products close to the eyebrow area 2 weeks prior to and 2 weeks after your procedure. Check your moisturizer, facewash BB or CC creams and makeup primers for anything that says acid.
- No brow hair removal, waxing or tinting one week before. I want to see your natural brow shape. I will clean up your brows during the procedure.
- Microblading cannot be performed over fresh sunburns, including those caused by tanning beds, or being in the sun during the summer. You must wait until your burn heals.
- Please Note: You will be more sensitive during your menstrual cycle as well.
- You have to be off any kind of Accutane for 1 year. NO Exceptions!
- NO LATISSE ON BROWS -Lash hair growing serum (Discontinue for min of 3 weeks)
- IF YOU GET FILLERS, THEY SHOULD BE DONE 6 WEEKS PRIOR TO YOUR SCHEDULED PROCEDURE OR DONE 6 WEEKS AFTER THE PROCEDURE.
- IF YOU USE BOTOX, IT SHOULD BE PERFORMED EITHER 2 WEEKS PRIOR TO YOUR SCHEDULED PROCEDURE OR 2 WEEKS AFTER YOUR PROCEDURE.
- AVOID POWER SHAKES AND POWER GREENS 3 DAYS PRIOR TO PROCEDURE, CAUSES BLOOD THINNING AND HEAVY BLEEDING!
- WE DO NOT WORK ON ANYONE PREGNANT OR STILL BREAST FEEDING, NO EXCEPTIONS

\*\*Please come to your appointment with your brow makeup on. I do this to gauge how you wear your brows. This also shows me darkness, shape and thickness that you like. If you find photos of brows that you like, please bring those along with you on your phone or in a print out.

## NOT CANDIDATES FOR PERMANENT MAKEUP:

\*Heart Conditions/Pace Maker/Defibrillator (No exceptions)

If you are any of these medications, you will bleed and the pigment WILL NOT retain)

If you "keloid" scar, you need to ask your doctor (raised scarring)

Hemophiliac

## IF YOU ARE ON THESE MEDICATIONS:

Triflusal (Disgren)

Clopidogrel (Plavix)

Prasugrel (Effient)

Ticagrelor (Brilinta)

Ticlopidine (Ticlid)

Cilostazol (Pletal)

Vorapaxar (Zontivity)

Dipyridamole (Persantine)

Coumadin

Pradaxia (dabigatran)

Xarelto (rivaroxaban)

Eliquis (apixaban)

Savaysa (edoxaban)

## Note: If you have any of these conditions:

\***Cirrhosis of the Liver** - (Susceptible to infection)

\***Surgical Forehead/Brow lift** - (Scar tissue will prevent proper healing)

\***Alopecia** - (Hair loss due to auto immune disease),(Hair strokes will appear more blurred or blended)

\***Trichotillomania**(Compulsive pulling of body hair), (Due to constant pulling, scar tissue is prominent and pigment will not heal properly)

\***Shingles**-Have you EVER had shingles on your face. (No exceptions...PMU will not be performed as the procedure could cause a flare up)

\* **Eczema**, Psoriasis or Dermatitis in or around the brow area. (Constant flaking/itching/irritation/shedding of skin)

\***Oily** or severely oily skin. (The hair strokes will appear more blended, solid or not retain at all)

\***Large pores** on your forehead & in the brow area. (Pigment will blur/blend in large pores looking powdered)

\***Hemophilia**-Bleeding Disorder

\***Menopause** (Considered) If you have hot flashes during the procedure, the pigment will not retain and Katie may have to stop. (You will be required to sign and addendum prior to procedure)

\***If your body runs hot**

\***Platelet Disorders**-Aggregation Disorders. An aggregation disorder is when platelets do not bind with fibrinogen and other proteins in order to stick to other platelets. As a result the platelets cannot form a plug to stop the bleeding from a damaged blood vessel.

\***Moles**/raised areas in or around the brow area. (Pigment will not be put into anything raised.)

\***Deep wrinkles** in the brow area. (The Hair Strokes will not lay properly in the creases, giving the brow an uneven look)

\***Hair transplant** for your eyebrows. (Pigment will not take in the scar tissue where the plugs were placed)

\***Thyroid condition** and taking medication for this condition. (Hypo, Hyper Susceptible, Graves Disease, Hashimotos)

\***Rosacea** (severe reddening of the face)

\***Fitzpatrick Skin types 1** (red heads/white skin/light eyes) Due to hypersensitivity the skin does not take the pigment well.

\***On Accutane** (acne medicine) within the last year

\***Any type of Organ Transplant** or Anti-Rejection Medications

\***Auto Immune Disorder** of any kind (MS, RA, Lupus or the like) (Due to the medicines to treat these diseases, pigment will not retain)

\***List medicines** currently taking including all vitamins. (NO FISH OIL 2 WEEKS PRIOR)

\***MRSA** (can be very contagious)

\***I Do NOT do super thin** (pencil thin) eyebrows as hair strokes will not work.

\***Extremely Thin skin** - (Transparent or Translucent or very vascular)

\***Frequent Exercise** (4-7 days per week)(Addendum required) (Due to the frequent production of sweat(salt), the pigment WILL NOT retain, fade very quickly, appear blurred or change in color)

THESE CONTRAINDICATIONS CAN ALSO PRESENT LATER IN LIFE. FUTURE PROCEDURES MAY NOT BE PERFORMED AND/OR AN ADDENDUM WILL BE REQUIRED.

IF YOU ANSWERED NO TO ALL THE QUESTIONS PLEASE PROCEED WITH PROCEDURE!