## **ARCH & BROW STUDIO**

## **Microblading Eyebrows Post-Care:**

Congratulations on your Permanent Cosmetics! Please follow these instructions to ensure proper healing and maximum color retention. Remember that colors appear darker and more sharply defined immediately after the procedure. As the healing progresses, color and edges will soften. You would wait to interpret final results until the healing and touch up is complete. A touch up procedure will be necessary to refresh the color and fill in any places that do not take. Failure to follow post treatment instructions may cause loss of pigment, discoloration, and/or infection.

- -MICROBLADING EYEBROWS IS A "DRY HEAL" DO NOT GET WET, AND NO SWEATING FOR 10 DAYS
- -The first night after the procedure take a clean warm cloth and GENTLY pat the area to remove any dried exudate off you skin. This will allow the tissue to heal more quickly.
- -lce may be applied the first day following the procedure for 10-15 minutes. Use a clean cloth to cover the bag to avoid condensation on your freshly microbladed brows. You may take Tylenol if needed.
- -If your brows feel excessively dry and "tight" or itchy you may apply a very thin layer of post treatment ointment with clean dry hands. GENTLY pat the ointment onto your brows.
- -The first few days your Microblading will appear to be darker and bigger. Around 5 days you will start to see fading and condensing of the eyebrow area. On AVERAGE there is a 50% loss of pigment after the procedure.
- -It is normal for some people to have pigment scab or flake off. It is also normal if it does not. Fading or loss of pigment may occur during healing. It may take up to a few months for the pigment to completely reflourish. We will fix the spots that did not take at your touch up appointment.
- -Pigment may come off on your pillow while you sleep, and may stain linens. Use a clean cover that you won't mind staining (if this happens).
- -DO NOT rub, pick or scratch the treated area. Let any scabbing or dry skin naturally exfoliate off. Picking can cause scarring and pigment loss!
- -COMPLETELY avoid direct sun exposure and tanning beds for a minimum of 4 weeks after your procedure. Direct sunlight can cause the pigment to change color while it is healing and can also cause hyper pigmentation and scarring. Wear a hat to keep your brows out of the sun. After the procedure heals, use sunscreen to prevent fading of pigment color.
- -Avoid pool, sauna, steam rooms, steamy hot showers and/or steamy hot baths for 3 weeks.
- -Avoid contact/submersion with water (pools, shower, etc) in the procedure area until healed. The possibility of water flushing out the pigment within the first two weeks after procedure is high.
- -Avoid sweating for a full 10 days. Any physical effort, gym, hot weather, any other activity that may cause sweating through or on the brows will cause the "hairstrokes" to blur under the skin, there is no fixing this.
- -Wash face with makeup wipes so no water drips on the brows, and no washing hair in shower, brows might get wet, so just use dry shampoo or go get them washed at a salon or lay back in your bath to wash your hair so eyebrows do not get wet for the first 10 days.
- -After crusting has naturally sloughed off (7-10 days) you can GENTLY wash the area. Use a gentle cleanser that does not contain exfoliants, retinol or glycolic acid or any other acids.

- -To prevent infection if you have pets, please do not allow them to lick/sit or paw at your microbladed area.
- -Avoid clothing that an irritate your procedure area.
- -Avoid sleeping on your face/brows for the first 10 days.
- -NO makeup or skincare products to be used on the treated area for two weeks.
- -NO facials, chemical treatments and microdermabrasion for 4 weeks.
- -Eyebrow tinting should not be undertaken for 2 weeks after your procedure.
- -Avoid Retin-A, Chemical Peels and Microderms around the brow area once healed.
- -AVOID ANY SKINCARE THAT HAS THE WORDS "ACID" "RETIN A" "GLYCOL" ON THE AREA TREATED! Look in your foundations and primers too, its in things that say "long lasting" or "Forever"
- -You may or may not be allowed to give blood for 1 year following procedure depending on your state. Microblading is considered a tattoo.
- -Symptoms of infections or adverse reactions may or may not occur. They include: excessive redness, swelling, tenderness or procedure site, elevated body temperature, rash or purulent drainage from the procedure site. If you experience symptoms of infection or adverse reaction, seek medical attention immediately.
  - \*Please note: some redness, swelling, and tenderness is normal unless it continues for more than 3 days.
- -Touch Ups should be scheduled 8 weeks after procedure. All permanent cosmetics procedures are a 2 step process. Results are not determined until a touch up application is completed.

## **EYEBROWS-Typical Effects**

**Day1-2** The eyebrows are approximately 20 to 25% darker and bolder in width than they will be when healed. Your skin is red under the pigment which causes the color of the pigment to appear darker. There is some swelling, although difficult to see due to the thickness of the skin in the eyebrow area. This will subside. Exfoliation, which begins in a few days, will cause the excess pigment surrounding the eyebrow procedure to flake away and a more narrow appearance will result. New skin will heal over the pigmented area and result in a softer appearance of your eyebrows. Don't be concerned that your eyebrows initially appear darker and heavier in size than you desire. This is all part of the process.

**Day3** Eyebrows will start to itch and will appear a bit thicker in texture. Natural exfoliation begins., do not exfoliate yourself.

**Day4** The skin begins to flake- peeling from the outside edges first.

Day5 Color finishes flaking off and appears softer and grever for 8 weeks until color clarifies.

AVOID ANY SKINCARE THAT HAS THE WORDS "ACID" "RETIN A" "GLYCOL" ON THE AREA TREATED!

## MICROBLADING EMOTIONS



DAY 1:

OMG! I'm in love with my new brows. Thank you!



DAY 2-4:

I don't like this color, it's too dark.



**DAY 5-7:** 

Oh no! My brows are scabbing and falling off!



DAY 8-10:

Ummmm... My brows are gone!



DAY 14-28:

Sweet! My brows are coming back! Still looking a little patchy and uneven.



DAY 42: (after touch-up)

Awww, they are beautiful! I love them!

















