

# HOW CAN YOU BE MORE ECO-FRIENDLY THROUGHOUT YOUR STAY?

*How you can help preserve the Peak District Countryside and assist us with looking after the environment.*

## ***Respect, Protect and Enjoy!***

- **Respect local wildlife.** Please **tread carefully** and look out for wildlife that has moved into unexpected places. **Do not collect wildflowers, bird's eggs or historical artefacts** for your own personal souvenirs.
- Respect our local communities by **sticking to the Public Right of Way, parking responsibly, not trespassing on private land**
- Litter is an eye-sore, harmful to farm animals, wildlife and the water supply - leave no waste and **take all your rubbish back to the cottage**
- **Keep to public paths** through farmland to minimise crop damage and avoid 'short-cuts' on steep terrain to prevent soil erosion and damage to the natural vegetation. Avoid damaging crops, walls, fences and farm equipment and fasten all gates
- **Respect the peace**, solitude and tranquillity of Derbyshire for others to enjoy - **keep noise to a minimum**
- Protect local areas by leaving the BBQ at the cottage: **open fires are NOT permitted in the Peak District National Park** as they are a risk to public safety and the wildlife that live here. Also remember, heat reflecting off glass can also spark fires, so please take all glass bottles home with you.

- Protect our towns, villages and rural communities by **parking only in designated areas and by disposing of litter responsibly.**
- Enjoy **supporting our local businesses.** There has never been a more important time to support our passionate producers, pubs, restaurants, cafes and farm shops. And with so much fresh, local food on offer, why not make the most of it?

## ***Save Water and Energy***

- **Turn the thermostat down** when you leave the cottage for the day or when you turn in for the night
- **Switch off the tap** whilst brushing your teeth
- **A shower uses less water** than a bath – consider a short shower to save water instead
- **Turn lights off when you leave the room and switch off appliances by the switch when you're not using them**
- **In winter, leave the curtains and blinds closed** to keep in the warm, **close doors, and use the extra blankets** left to keep cosy!
- **On bright and sunny days open the curtains** so the cottage can soak up the rays. **At sundown consider drawing the curtains and shutters** to stop the heat from escaping.

## ***Reduce, Re-use, Recycle***

- Recycling can be mixed as it is separated and sorted by Peak Waste. However, please do help them where possible by **splitting recyclables from general waste into separate black bin bags and placing them in the green peak waste bin.**

- **Reduce washing** where possible by placing unused towels to the side
- Instead of buying plastics, please **try to reuse bottles by filling them up at our kitchen tap and taking them out with you.**
- When ordering your food shop, **request ‘no plastic carrier bags’ upon delivery** – alternatively hand the plastic bags back for re-use.

### ***Walk or Cycle!***

- We have wonderful walks all from our front door step; instead of driving an hour to find a walk, **take our maps which detail local walks in the immediate area – no car required!**
- **We are affiliated with a company that can deliver bikes to the cottage;** ask our Property Manager for further detail. With cycle tracks close to our cottage, you can explore a large amount of Derbyshire and the Peak District without using a car.
- Instead of driving to restaurants, please know **we provide a selection of maps leading to three wonderful pubs in the local area.**

***We appreciate all you do throughout your stay!***