Our Services:

- Behavior Assessments
- Intensive ABA services
- Discrete Trial Training
 Services (DTT)
- In Home Parent Education
- Social Skills Groups

Now Offering Services in the following **Virginia Areas**:

- RICHMOND
- FREDRICKSBURG

Contact Us

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Let's Put Our Kids First

Promoting positive change through Applied Behavior Analysis one step at a time

Our Mission

Our goal here at Let's Put Our Kids First is to spread knowledge of empowerment to parents, guardians, and educators. Our vision is to promote positive change through Applied Behavior Analysis giving our youth the opportunity to live their best life. Our mission is to provide five star quality therapy for children and support for their families. We utilize an integrative approach to treatment. We believe that the effectiveness of the intervention is contingent upon the involvement of all members in the client's direct environment.



It takes a whole village to raise a child.
-African Proverb

Our Goals

- Target undersired behaviors
- Identify objectives to teach new skills
- Establish methods of measurements
- Evaluate current levels
- Design, implement, and analyze the effectiveness of behavior interventions



Applied Behavior Analysis:

Applied Behavior Analysis (ABA) is the process of systematically applying strategies based upon the principles of learning theory to improve socially significant behaviors to a meaningful degree (Baer, Wolf & Risley, 1968/1987; Sulzer & Mayer, 1991).

Several published research studies have documented the effectiveness of ABA across a wide range of:

- <u>Populations</u>: Children and adults with mental illness, developmental disabilities and learning disorders, parents, teachers, and staff.
- Settings: School, home and community
- <u>Behaviors</u>: Communication, fine and gross motor, social, academic, functional play, self-help, self-injuries, sterotypy behaviors.