



Behavior Analysis— *Beyond Autism*

Applied Behavior Analysis (ABA) has its roots in the research of B.F. Skinner. In the 1980s, ABA was linked with autism spectrum disorder (ASD), due to the work of O. Ivar Lovaas and others. A myriad of research has shown the benefit ABA provides for persons with ASD, especially when intervention is begun in the early years, but there is also quite a bit of research for children, adolescents, and adults. The strength of the support system for those with ASD is phenomenal and may have something to do with overshadowing the benefits that ABA has for other behavioral and mental health maladies. This paper provides *just a few* of the resources and studies that show the benefit of ABA.

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