

A Survival Kit for Your Introversion

Listed below are some things to aid you in your survival as an introvert, but let's be honest... They are just luxuries. All you *really* need is yourself.

1. A wall

It is important to have only one wall, lest you run the risk of becoming overstimulated. You can stare at your wall for days on end and bounce ideas off of it. Walls are really good listeners because they can't speak.

2. A book

This book would preferably have no words in it so you are able to fill it in on your own. If you insist on it having words, avoid one that is a real page-turner. Maybe try something inaccessible, like a book written in a language you don't understand. You must allow your mind time to wander.

3. A cactus

Despite your introversion, you should still surround yourself with at least one living thing. I suppose any plant could work because they, like your wall, can't produce sounds that make you skittish. A cactus is just the best choice because they are largely self-sufficient and require little care, unlike their other needy plant brethren.

4. A garden

On second thought, those other needy bastards could be of some use to you. There is a finite amount of meals you can forget to eat before biology finally kicks in. Until Door Dash starts to use robot delivery drivers, this is your best option for sustenance.

5. Sunscreen

This is for the time in the day when your wall isn't casting its shadow on you. Shadows are nice, but you can only lurk in them for so long.

6. A tennis ball

You can use this to bounce off of your wall for exercise (Now you're beginning to understand why a wall is #1.) Try to avoid substituting anything that is heavier than a tennis ball. Your frail arms probably can't bear the extra weight.

7. A calculator

Contrary to popular opinion, the last digit of Pi is still out there waiting to be discovered. Prior attempts just failed because scholars were inundated by human distractions.

8. A pair of glasses

These are not for your vision. No, you already see things *very* clearly—as your wall can attest. The glasses are a stand-in for the virtual reality glasses your extroverted counterparts seem to be so fascinated with. Just put them on, pretend they are VR, and see what you want to see. It's a lot cheaper than paying for an imagination.

9. A decorative candle

This is in case of a disastrous event in which you have to entertain a guest. The candle is something pretty they could stare at when they get bored of the silence. There is also no need to light it when you're alone. Given your fondness of shadows, you already know the appeal of being engulfed in total darkness.

10. A friend

Only have one if it is of the imaginary variety. You'll want to be able to dismiss it when you invariably become overwhelmed by its presence.