



THREE HART CONNECTION

# 2025 ANNUAL REPORT

Building Confidence  
Breaking Cycles of Violence  
Creating Pathways Forward

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# Letter from Our CEO



## Shanise Hart- LaShelle

Founder & Executive Director

In 2025, Three Hart Connection experienced one of the most transformative years in our organization's history. Through change, growth, and refinement, we remained grounded in our mission: **to break the cycle of violence** by restoring confidence, strengthening prevention, and cultivating pathways to stability and opportunity.

This year required resilience. It required discernment. And it required a renewed commitment to sustainability, not just of our programs, but of the people who lead and participate in them. Through **intentional restructuring, focused programming, and strengthened partnerships**, we reached our largest number of participants to date and deepened our regional presence as a **trusted prevention and survivor-led organization**.

What follows is a snapshot of the impact made possible by our community (**participants, staff, partners, funders, and supporters**) who believe that confidence is safety and that education, connection, and dignity change lives.



# Company Overview



## About Us

We are a veteran 501(c)(3) nonprofit organization advocating for survivors of domestic violence, and violence prevention for youth in the Antelope Valley.

## Our Mission

To transform the Antelope Valley into a community where hope replaces fear and silence—ensuring every youth has the opportunity to live free from domestic violence.

## Our Purpose

Three Hart Connection is an organization attacking domestic violence by breaking the cycles of violence, poverty, and the school-to-prison pipeline. Offering a culturally centered and affirming approach to benefit the entire family, we provide DV prevention and intervention services to disrupt the next generation of victims and perpetrators. Specifically, our services include Violence Prevention, Youth Development, Survivor Empowerment, Resource Support, Life Skills, and Scholarship Opportunities.

# 2025 AT A GLANCE

1,152

total participants served (1,083 youth and 69 adults)

50+

youth supported through holiday giving

217

community event attendees

15+

community presentations & speaking engagements

## Team Growth and Capacity Building

To strengthen organizational sustainability and program excellence, Three Hart Connection expanded capacity through strategic contractors and emerging leaders:

- **Vanessa Butler**, Butler CFO & Tax Services – CFO/Tax Contractor
- **Emani Thompson** – Executive Assistant, Adult Thrive Programs
- **Danielle Ross** – Fall Collegiate Intern, CSU Bakersfield (Oct-Dec 2025)

This team growth allowed us to stabilize financial systems, strengthen adult programming support, and invest in workforce development aligned with trauma-informed practice.



# Programs & Impact



## Adult Thrive Programs

Our Adult Thrive programs support survivors and community members through trauma-informed healing, education, and leadership development. Participants build confidence, safety, and independence through advocacy training, peer support, and practical life skills that strengthen stability, agency, and long-term pathways forward.



## Youth Thrive Programs

Our Youth Thrive programs equip young people with the knowledge, confidence, and skills needed to navigate relationships, education, and life safely. Through internships, mentorship and prevention-centered programming, youth learn boundaries, communication, and leadership while building protective factors that support healthy development and future opportunity.

# Adult Thrive Programs

**69 adults reached**



## PATH - Partnership Advocating for Transformation & Healing

**Survivor leadership, advocacy & resiliency training**

- 6 thrivers graduated
- 48 total learning hours
- Final project presentations completed



## TIPPS - Thrivers in Partnership Program & Services

**Peer-led advocacy training for survivors**

- Book club (2 completed reads)
- 30+ hours of peer-led planning and facilitation
- 12 hours of trauma-informed virtual support groups



## Resource Insecurity Voucher Program

**Stability support for survivor basic needs**

- \$250 vouchers provided to six thrivers
- Addressed housing, hygiene, medical, and transportation needs
- Survey data informing survivor-led advocacy in the Antelope Valley

## Violence Prevention in the Armed Forces

### Military-focused violence prevention training

- Spring & Fall cohorts
- 46 advocates trained | 4-hour workshops

## Additional Support

- Thriver Baby Shower supporting new mother
- 3 public Thriver Stories shared
- 24 hours of CSW intern supervision and training



# Youth Thrive Programs

**1083 youth reached**



## Project CJ

**A project dedicated to ending teen dating violence in honor of Caleb James**

- 1,049 youth participated across schools and community sites



## SAIL Program (Shaping Alumni Into Leaders)

**Paid youth leadership program**

- 6 JTP graduates advanced into paid youth leadership roles
- Up to \$3,000/year in leadership development, facilitation training, and growth opportunities
- Ongoing mentorship and a sustained support network

## Junior Thrivers Program (JTP)

**8-week internship program**

- 6 transitional-aged youth graduated
- Participants received personal and professional skill development, \$500 stipends.



## Thriving Youth Scholarship

**Annual essay contest and scholarship**

- \$3,500 awarded to 2 students
- 34 applicants | 14 qualified essays

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# Program Survey Results

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The following survey results show increased knowledge, confidence, and awareness of healthy relationships, while also highlighting ongoing resource insecurity and prevention needs across youth, adults, and families.

## Understanding Power & Control

Pre program survey: 3.0  
Post program survey: 4.7

**83%**

improvement



## Confidence to assist a peer (unsafe relationship signs)

Pre program survey: 3.0  
Post program survey: 4.7

**83%**

improvement

## Workforce readiness: cover letter knowledge

Pre program survey: 2.3  
Post program survey: 4.3

**100%**

improvement

## Workforce readiness: participants with professional headshots

Pre program survey: 1.8  
Post program survey: 5.0

**100%**

improvement

## Likelihood to share what they learned

**4.7/5**

## Increased recognition of unhealthy relationships

**48%**

mentioned they were/are in an unhealthy relationship

## Food insecurity signal: skipped meals to feed dependents

**83%**

reported skipping meals



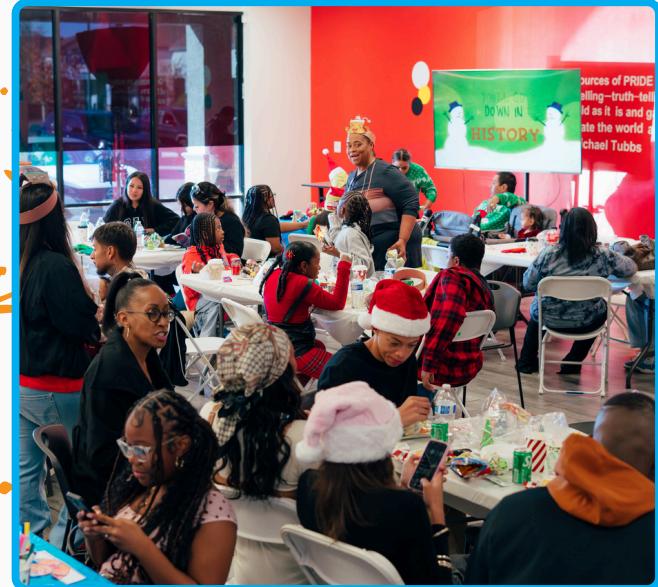
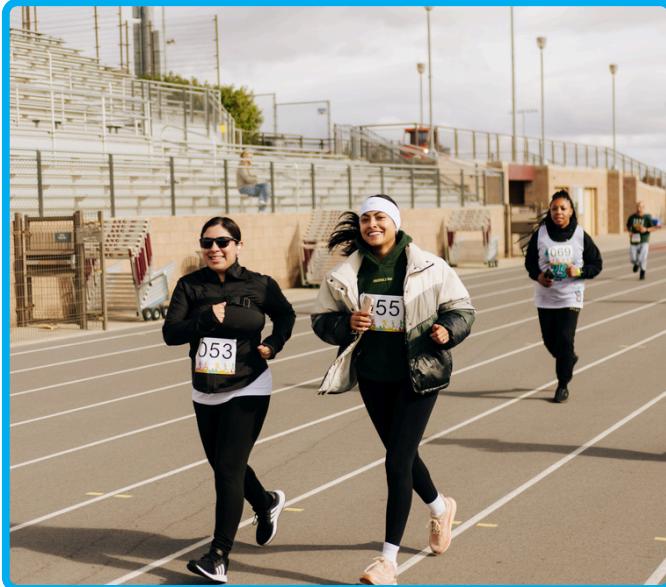
## What the data tells us

In 2025, Three Hart Connection advanced violence prevention by centering confidence as a foundation for safety and stability. Through trauma-informed education, youth, adults, and families strengthened their understanding of healthy relationships, personal agency, and support-seeking.

Youth in the Junior Thrivers Program demonstrated clear gains in knowledge, confidence, and practical life skills—building the capacity to recognize unhealthy dynamics and support peers. Project CJ participants reported strong willingness to share what they learned, extending prevention beyond the classroom, and many identified unhealthy relationship patterns for the first time.

Community and adult survivor data revealed ongoing resource insecurity and family concern, reinforcing that prevention must address both relationship education and the conditions that shape safety. Together, these outcomes reflect Three Hart Connection's holistic approach: education that builds confidence, confidence that increases safety, and safety that fuels prevention—one Hart at a time.

# Annual Events & Fundraisers



## Healthy Hart 5K

Held during Sexual Assault Awareness Month, our 5K walk/run brings the Antelope Valley community together to promote wellness, connection, and violence prevention through movement and collective action.



## Holiday Donation Drive

Annual fundraising drive that provides survivor families and youth with essential items, gifts, and seasonal support during the holiday season. Through community partnerships and generosity, the Holiday Drive reduces resource insecurity while creating moments of dignity, joy, and connection for families served.

## Junior Thrivers Graduation Showcase

A graduation ceremony held to celebrate interns after completing our Junior Thrivers Internship Program. Families, mentors, and community members attend to honor our interns' accomplishments and watch their final presentation.

# Partners & Collaborators

Our impact is amplified through trusted partnerships across education, health, advocacy, and community sectors. In 2025, we collaborated with:



## Guest Speakers:

- Miles Brown - Good Speakers Academy
- Regenia Rose-Johnson
- Tai Adelabu Budget Consulting



# Community Leadership and Network Building

To deepen collaboration and systems-level impact, Three Hart Connection actively participated in regional coalitions and leadership networks:



## Alliance AV

A collective of black-led and black empowering organizations based in the Antelope Valley rooted in social, medical, and reproductive justice.

## Black Equity Collective (BEC)

An ecosystem of funders and communities joined as partners in strengthening the long-term sustainability of Black-led and Black-empowering organizations in Southern California.

## Antelope Valley Chamber of Commerce

Serves the Antelope Valley Community by promoting, protecting, encouraging and developing local business.

## ECLOC

A growing, national network of Early Childhood Leaders of Color working to transform the early childhood ecosystem.

# Community and Speaking Engagements

Throughout 2025, Three Hart Connection served as presenters, facilitators, and panelists—reaching thousands of youth, families, professionals, and survivors through prevention-centered education and advocacy.

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- Good Speakers Academy TX -  
(Speakers Training Event)
- EmpowerThem Collective  
Friendsgiving
- Air1 / K-Love Radio Interview
- LAC Office of Education – Community Schools Presentation
- Kindness Heals Event,
  - Challenger Middle School
  - Healthy Relationships Presentation
  - 1 hour | 187 youth and families
- Teen Dating Violence Awareness Month (TDVAM)
  - Desert Junior-Senior High School
  - 3 hours | 200 students (grades 10-12)
- TDVAM Healthy Relationships Presentation
  - Zeta Youth Auxiliary Teen Dating Violence Prevention
  - 2 hours | 11 youth
- Department of Public Health - Office of Violence Prevention
  - Violence, Hope & Healing Panel
  - 2 hours | 150 professionals and survivors
- BEC Equity & Justice Symposium - Attendee
- 8th Annual DART Forum - Attendee

- LA County District Attorney's Office
  - Community Provider Forum Speaker (Women's History Month)
- Project Joy Gala - Attendee
- Project Joy Earth Day Event (co-hosted with SALVA, AVPH, CAAASA)
- Project Joy: Dance Is My Therapy
  - Hosted a "Zen Den" mindfulness and relaxation space
- Voices of the Antelope Valley Panelist
  - Hosted by LAC Board of Supervisors District 5 & ARDI
  - 350 professionals across government, faith-based, and community organizations
- LAC District Attorney – Victims' Rights Symposium – Attendee
- Joshua Elementary School
  - Movie Night & Healthy Relationships Introduction
  - ~85 youth
- Joshua Elementary School Fall Festival
  - 535 youth and families
- LAC Department of Youth Development
  - Heart of Youth Justice Reimagined (HYJR)
  - Healthy Relationships Facilitation
  - 2 hours | 28 youth (+3 JTP, +4 PATH participants)

# Thank You To Our Sponsors and Donors!

We are deeply grateful to the public, private, and community partners who invested in survivor-led prevention and healing in 2025.



**\$50,000**

**LACADA TTA  
(2025-2026)**

**\$18,000**

**Tumbleweed  
Energy Storage**

**\$9,000**

**Alliance AV**

**\$3,000**

**Lancaster West  
Rotary**

**\$2,000**

**SoCalGas**

**\$2,000**

**AVPH-Violence  
Prevention  
Coalition**

**\$1,500**

**Los Angeles County  
Board of  
Supervisors**

**\$3,546**

**Community  
Donations**

**In kind**

**Chronic Tacos  
Palmdale**

# Financial Summary

## Snapshot

**\$76,624** ↘ **\$60,423** ↘ **\$16,201**

Revenue

Expenses

Net Income

## Income

**\$54,000** ↘ **\$10,900**

Grants & Sponsorships

**\$4,677** ↘ **\$3,546**

Ticket Sales & Stipends

Services

Donations

## Expenses

**\$20,768** ↘ **\$21,296**

Program Supplies & Materials

Stipends & Subcontractors

**\$9,343** ↘ **\$6,976**

Marketing & Office Costs

Travel & Professional Fees

# 2026 Vision

In 2026, Three Hart Connection is committed to **restoring confidence in youth and families as a pathway to safety, prevention, and long-term stability**. We believe that when people feel confident in who they are, what they deserve, and how to protect themselves, they are better equipped to make healthy choices, seek support, and build thriving futures.

We also believe that **education and life skills are essential tools for safety**. When people gain knowledge, credentials, and practical skills, they reduce their dependence on others for their basic needs—creating freedom, choice, and stability. **Confidence fuels the courage to pursue education, and education strengthens the confidence needed to break cycles of harm and reliance**. Together, they form a foundation for independence and opportunity.

Our work is grounded in the understanding that confidence and education are not built in isolation—they are cultivated through intentional programming, meaningful connection, and a strong sense of belonging. **Across every program and department, we create spaces where participants can safely explore their identities, develop life and leadership skills, and define their pathways forward**.

Through our Adult Thrive Programs, **we focus on healing, advocacy, and skill-building—supporting survivors and community members as they gain confidence, leadership capacity, and tools for independence**. Participants move from healing to action, becoming advocates, peer leaders, and community changemakers.

Through our Youth Thrive Programs, **we invest in prevention by preparing young people with the knowledge, boundaries, and life skills needed to navigate relationships, education, and career pathways safely**. By prioritizing organization, preparation, connection, and community, we empower youth to thrive academically, socially, and emotionally.

Our Marketing and Outreach efforts serve as the connective tissue that amplifies our impact—**sharing authentic stories, growing community engagement, increasing participation, and strengthening trust with funders and partners**. Through a cohesive, story-driven ecosystem, we ensure our work is visible, credible, and accessible.

Together, these efforts form **a unified system of prevention, empowerment, and transformation**. Three Hart Connection is not simply delivering programs—we are building confidence, cultivating skills, and creating pathways to safety, independence, and opportunity for generations to come.

# Closing



As we close 2025, we do so with deep gratitude for every young person, survivor, partner, funder, volunteer, and community member who trusted Three Hart Connection with their story, their time, and their hope.

This year reminded us that healing is not linear, prevention is not passive, and confidence is built through consistent care and connection. Every workshop facilitated, conversation held, and life skill practiced moved us closer to a future where safety is expected...not negotiated.

Thank you for walking alongside us through a year of growth, learning, and impact. Because of you, youth are more prepared, survivors are more supported, and our community is stronger.

We look ahead to 2026 with clarity, commitment, and heart, ready to continue building confidence, cultivating safety, and creating pathways forward together.

# Stay Connected With Us

[threehartconnection.org](http://threehartconnection.org)

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