

الرجولة في الإسلام

كل إنسان يتمنى أن يتَّصِفَ بِبَعْضِ الصِّفَاتِ الْحَمِيدَةِ الرَّفِيعَةِ ، لِسَمُو تِلْكَ الصِّفَاتِ وَعَوْرَ أَصَالَتِهَا وَشَرَفِ مَحَامِدِهَا وَمِنْ هَذِهِ الصِّفَاتِ صِفَةُ الرَّجُولَةِ .

الرجولة: صمودٌ أمامَ المُلْهِيَاتِ، واستِعْلَاءٌ عَلَى الْمُعْزِيَاتِ، حَذْرًا مِنْ يَوْمٍ عَصِيبٍ يَشِيبُ فِيهِ الْوُلْدَانُ وَتَتَبَدَّلُ الْأَرْضُ غَيْرَ الْأَرْضِ وَالسَّمَاوَاتِ. الرجولة: رأيٌ سديدٌ، وكلمةٌ طيبةٌ، ومروءةٌ وشهامةٌ، وتعاونٌ وتضامنٌ. الرجولة: ليست هي تطويلُ الشَّوَارِبِ وَرَفْعُ الصَّوْتِ وَالصِّيَاخِ، وليست عَرْضُ لِقُوَّةِ وَالْعَضَلَاتِ. عباد الله: إِنَّ الرِّجَالَ: لَنْ يَتْرَبُوا إِلَّا فِي ظِلَالِ الْعَقَائِدِ الرَّاسِخَةِ، وَالْفَضَائِلِ الثَّابِتَةِ، وَالْأَخْلَاقِ الْحَسَنَةِ. الرِّجَالَ: لَنْ يَتْرَبُوا إِلَّا فِي ظِلَالِ بَيْوتِ اللَّهِ، فِي ظِلَالِ الْقُرْآنِ وَالسَّنَةِ النَّبَوِيَّةِ.

الرجولة الحقيقية هي وقوفٌ في وجهِ الباطلِ، وَصَدْعٌ بِكَلِمَةِ الْحَقِّ، وَالرَّجُولَةُ تَبَاتٌ عَلَى الْحَقِّ، الرَّجُولَةُ هِيَ خِصَالُ الشَّجَاعَةِ وَمَعَانِي الشَّهَامَةِ وَالْمَرْوَةِ، وَالكَرَمِ وَالنَّجْدَةِ وَالْوَفَاءِ، الرَّجُولَةُ وَصْفٌ انْفَقَ الْعُقْلَاءُ عَلَى مَدْحِهِ وَالثَّنَاءِ عَلَيْهِ، وَيَكْفِيكَ إِنْ كُنْتَ مَادِحًا أَنْ تَصِفَ إِنْسَانًا بِالرَّجُولَةِ، أَوْ أَنْ تُنْفِيَهَا عَنْهُ لِتَبْلُغَ الْغَايَةَ فِي الذَّمِّ. الرَّجُلُ أَعَزُّ مِنْ كُلِّ مَعْدَنٍ نَفِيسٍ وَأَعْلَى مِنْ كُلِّ جَوْهَرٍ ثَمِينٍ، وَلِذَلِكَ كَانَ وَجُودُهُ عَزِيزًا فِي دُنْيَا النَّاسِ، حَتَّى قَالَ النَّبِيُّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ: "النَّاسُ كَايِلٌ مَائَةٌ لَا تَكَادُ تَجِدُ فِيهَا رَاجِلَةً" [متفق عليه]

Brothers and sisters in Islam, all praises are due to Allah who has created males and females to worship Him alone. We are grateful to Allah for guiding us to the right path to live our lives here in this dunya- a path that is the only path that will be accepted by Him-Al Islam....

Dearly respected servants of Allah, one of the manifest trends that we have been witnessing over the past decade, is an increase in feminism and the constant war against true masculinity and true manhood.

Social media, TV, News Stations, Newspapers, Magazines, Websites, parades, laws and legislations....all promoting ideas that are leading to a constant decrease in masculinity in our societies. Being a 'real man' and having masculine traits is now falsely labelled as 'toxic masculinity', don't fall for their ploy brothers and sisters...This is all meant to demasculinize males and lead them to behave more like females, and abandon their biological traits and innate behaviors as males.

From the manifestations of this is the millions of dollars spent to feminize young men in the hopes of achieving some utopian notion of equality and peace. And it starts at the earliest ages. In the school classroom, boys are always "the problem." On the playground, even innocent games such as dodgeball have long been banished, because they are considered too aggressive or because the boys always end up beating the girls, or they throw the ball too hard. They are telling young men that their intrinsic desire to compete and love to win is wrong. No winners, no losers.... Everybody gets a trophy. Everyone wins...Don't run up the score. This anti-male tilt continues on through higher education and into the workplace. It has created millions of tentative, passive, indecisive males, many unhappy women, and confused boys and girls.

The devaluation of masculinity will only lead to the destruction of societies and will definitely not end well because feminine, passive males don't stop nor speak out about evil. Feminine, passive males don't take charge, they don't speak out, they don't want to be fathers, they don't want the responsibilities that come with being a real man...

Passive males don't defend, protect or provide. Passive males don't lead. Passive males don't do the things we have always needed men to do for society to thrive. This is slowly manifesting in our society as time goes by, and can be seen day after day by the increasing number of males now identifying as women, taking on feminine traits, appearances and ideologies and others abandoning their biological roles as males and have adopted a new lifestyle as feminine passive males where they can wear dresses, make-up, wax their legs and faces while plucking their eyebrows, and shake their butts on tik-tok and Instagram for followers.

So today we are going to discuss masculinity and the difference between males and men, and how they are viewed in the Quran and Sunnah...

It is said: Every true Man is a male, but not every Male is a true Man....

Brothers and sisters in Islam...Every human being loves to be described with virtuous traits and characteristics, likes to be recognized by noble behaviors, etiquettes, morals, ethics and manners. One of the most important traits that we need to instill in our youth, especially our young boys, is what is known as 'Ar Rujoolah', (masculinity), how to be a man. In our society we always hear people saying to our young boys as a means to encourage them and make them tougher and to try and train them to bear hardships: 'be a man', 'man up', 'take it like a man', and the likes of these statements. In 2022, in many places throughout the world, we find that 'Ar Rujoolah' is decreasing, we find that masculinity is rarely spoken about out of fear of harming the LGBTQ's or the Feminists. Masculinity is dispraised in the media and looked at as 'wrong', 'barbaric', 'uncivilized', and the likes. Unfortunately, in our

day and time we find many men, Muslim and non-Muslim alike doing things that 20 years ago were only known to be done by females. In our day and time we find men trying to look like women, waxing their faces, plucking their eyebrows, and doing things that true masculine men would never even think about doing.... What are the traits and characteristics that Muslim Men should have. How should Muslim men behave, act, and dress. Hopefully with this reminder today we will go home with a proper understanding about how real Men should act, look and behave....

Ar Rajoolah is not having a long moustache and yelling and screaming at one's kids and wives or employees. Ar Rajoolah is not bullying people, beating up your wife or kids, or fighting and wrestling in the street...Ar Rajoolah is not sitting in front of the TV, drinking beers, smoking weed, playing video games and sleeping half the day and staying up all night. Rather the authentic sign of strength and true masculinity 'Ar Rajoolah' is the ability to control one's desires and impulses, especially anger. Mind over matter. Intellect over desires....A man who cannot control himself, his mind, his body; is spiritually weak, even if he has the largest muscles of all. The Messenger of Allah, peace and blessings be upon him, said

لَيْسَ الشَّدِيدُ بِالصُّرْعَةِ إِنَّمَا الشَّدِيدُ الَّذِي يَمْلِكُ نَفْسَهُ عِنْدَ الْغَضَبِ

“The strong are not the best wrestlers. Verily, the strong are only those who control themselves when they are angry”

Brothers and sitters in Islam... The reality is that the real meaning of ‘Ar Rajoolah’ as described in the Quran and authentic Sunnah is clear. First and foremost in the majority of places in the Quran where the word ‘Dhakar’ (which means male) is mentioned in the Quran it is referring to mostly things related to the dunyawiy affairs, and not related to deen. Solely because it is only real men, who accept Islam, love it and practice it in every aspect of their lives. It is only real men who know and understand that there is not better way of life for them than Islam, and abandon all other ways of life. Males are those who still have love for the dunya and not accepted Islam completely as their way of life.

As for the word ‘rajul’ (which means man) we find that it is mentioned in the Quran, as those who are known for their practicing Islam daily, in every aspect of their lives, aiding Islam and inviting others to Islam.

One of the most heaviest responsibilities that Allah placed upon the shoulders of His creatures is the responsibility of receiving and conveying His revelation to the people. Allah only selected ‘Rijal’ from amongst the creation to do so, he didn’t mention ‘dhukoor’ (males) or ‘inaath’ (females) as being messengers and prophets, rather He only mentioned ‘Rijaal’ (men). As Allah says;

وَمَا أَرْسَلْنَا مِنْ قَبْلِكَ إِلَّا رَجَالًا نُوحِيَ إِلَيْهِمْ مِنْ أَهْلِ الْقُرَىٰ ۗ أَفَلَمْ يَسِيرُوا فِي الْأَرْضِ فَيَنْظُرُوا
كَيْفَ كَانَ عَاقِبَةُ الَّذِينَ مِنْ قَبْلِهِمْ ۗ وَآدَارُ الْأَخْرَجَةِ خَيْرٌ لِلَّذِينَ اتَّقَوْا ۗ أَفَلَا تَعْقِلُونَ

“We only sent before you ‘O Prophet’ men inspired by Us from among the people of each society. Have the deniers not travelled through the land to see what was the end of those ‘destroyed’ before them? And

surely the 'eternal' Home of the Hereafter is far better for those mindful
 'of Allah'. Will you not then understand”

From Allah’s wisdom is that men have always been selected as Prophets and Messengers because of their ability to carry heavy burdens and bear many difficult responsibilities...Men are always the Imams and always lead the prayers in congregation, it has never been any other way, nor will it change....Men are those who are responsible for their families, they are the bread winners, they are the heads of households, they spend upon their wives and families...

As for Males, then they are those who aren't responsible for their families, nor do they want to take responsibility. They sit at home while their wives are out working, they let their wives pay all the bills. They play video games all day, while their wives are out driving uber or working at Walmart. These individuals have been bamboozled, they have lost their masculinity, and they have adopted femininity and are far away from being true men, even if they think they are....the Prophet Muhammad mentioned Men, directly after the responsibility of the governors and said:

وَالرَّجُلُ رَاعٍ عَلَىٰ أَهْلِ بَيْتِهِ وَهُوَ مَسْئُولٌ عَنْهُمْ ...

“the man is a shepherd and responsible for his flock”

Some of men’s responsibilities include: spending upon their families (wives and children) from halaal wealth and earnings, providing shelter their families, providing clothing their families, providing food, medicine and general maintenance for their wives and children...

This is what true men do....they spend upon their families.....When Allah mentioned who are the caretakers of women, He mentioned رجال men, and not males ذكور

This is because men are not stingy with their wealth and spending upon their families, while males are. True men know that spending upon their families is one of the means of their families respecting them, honoring them, and taking them as the head of household and leader of the family. Males don't understand this point yet.

Men understand that once the woman takes this role of spending upon the family, then he becomes feminine, his masculinity decreases, and he is no longer considered a real man, which many times leads to his disrespect, and loss of honor and nobility in his family's eyes and the woman now takes the role as a masculine, dominant female who is the caretaker and leader...and this many times leads to destruction of the families, societies and communities... Allah tells us:

الرِّجَالُ قَوَّامُونَ عَلَى النِّسَاءِ بِمَا فَضَّلَ اللَّهُ بَعْضَهُمْ عَلَى بَعْضٍ وَبِمَا أَنْفَقُوا مِنْ أَمْوَالِهِمْ

“Men are the caretakers of women, as men have been provisioned by Allah over women and tasked with supporting them financially.”

So brothers, young and old, if you want to be real men, then you need to spend upon your families and be generous with them. You need to get out and work, move, drive, walk, seek Allah's halaal sustenance within the earth. And if you want to settle for being just a male, a bum, a loafer....with no honor or dignity in the eyes of your wives and family, then then just sit back and do nothing, and you will soon find that your

wife will lose respect for you, and your home will be a very difficult place to live in.....May Allah help us to be men and not just males....ya rabb al alaameen.

So the first trait of men is taking on responsibilities....fulfilling the responsibilities with our lord, with ourselves, with our families, then our communities....

Then Allah mentions another virtuous trait in the Quran that distinguishes the men from the males:

لَمَسْجِدٍ أُسِّسَ عَلَى التَّقْوَى مِنْ أَوَّلِ يَوْمٍ أَحَقُّ أَنْ تَقُومَ فِيهِ- فِيهِ رِجَالٌ يُحِبُّونَ أَنْ يَتَطَهَّرُوا وَاللَّهُ يُحِبُّ الْمُطَهَّرِينَ التوبة/ 108

“Certainly, a mosque founded on righteousness from the first day is more worthy of your prayers. In it are men who love to be purified. And Allah loves those who purify themselves.”

Another trait that distinguishes the males from the men, the lions from the alley cats is that the real men frequent the masajid of Allah. They go to pray in the houses of Allah. They visit the mosques regularly. Real men are not those who spend hours upon hours in the cafes, the clubs, the hookah lounges, the dance halls, the bars, the gyms, the playgrounds, or on the corners selling drugs or pimping girls, or the offices...No, this is where the males who have no guidance hang out, this is where the ‘shabaab’ go to waste their time....We find in this verse that Allah mentioned ‘rijaal’ (men), and mentioned where they like to hang out....and Allah mentioned that real men are those who love to be pure and love to frequent the masajid. They love to purify themselves from

shirk-polytheism, innovations, they love to purify themselves from gangs, and fake friends.... they love to purify their hearts from loving anything more than Allah, they love to purify their minds from music the speech of shaytaan, from foul speech, from swearing, lying, gossip, backbiting, rumor spreading and all things that can harm one's mind. True men love to purify their bodies from drugs, alcohol, fornication, and harming themselves and their health.

True men frequent the masjid, listen to the Quran, and beneficial Islamic reminders. True men make wudu, make ghusl, groom themselves, wear their best clothing, look their best, smell their best and act their best...so that which distinguishes between the males and the men: that that frequent the masjid and they love to be pure in all aspects of their lives...they love their income to be pure and free from haram, they love their hearts to be pure and free from doubts, they love their households to be pure and free from shaytan behaviors and devices....

Another trait that we find in the Quran that Allah distinguishes the men from the males is:

(في بُيُوتِ الَّذِينَ اللَّهُ أَنْ تُرْفَعَ وَيُذْكَرَ فِيهَا اسْمُهُ يُسَبِّحُ لَهُ فِيهَا بِالْغُدُوِّ وَالْآصَالِ (36) رَجَالٌ لَا تُلْهِيهِمْ تِجَارَةٌ وَلَا بَيْعٌ عَنْ ذِكْرِ اللَّهِ وَإِقَامِ الصَّلَاةِ وَإِيتَاءِ الزَّكَاةِ يَخَافُونَ يَوْمًا تَتَقَلَّبُ فِيهِ الْقُلُوبُ وَالْأَبْصَارُ (37) لِيَجْزِيَهُمُ اللَّهُ أَحْسَنَ مَا عَمِلُوا وَيَزِيدَهُمْ مِنْ فَضْلِهِ وَاللَّهُ يَرْزُقُ مَنْ يَشَاءُ بِغَيْرِ حِسَابٍ) النور / 36 - 38 .

“Within the houses of worship` Allah has commanded that He is remembered and His Name is mentioned. He is glorified there morning and evening”

Who should do the mentioning of Allah’s name in the morning and the evening...Allah tells us in the very next verse:

“by men....” Allah didn’t say ‘Dhukoor’ (males) He said ‘Rijaal’ (men)...Why did He say ‘Rijaal’ and not ‘Dhukoor’? because every man is male, but not every male is a man. It takes a man to wake up out of his comfortable bed and pray before sunrise. It takes a man to take time in out of his busy work schedule to pray asr on time. Allah mentioned a few very important traits distinguishing the men from the males immediately after:

لَا تُلْهِهِمْ تِجَارَةٌ وَلَا بَيْعٌ عَنْ ذِكْرِ اللَّهِ وَإِقَامِ الصَّلَاةِ وَإِيتَاءِ الزَّكَاةِ يَخَافُونَ يَوْمًا تَتَقَلَّبُ فِيهِ الْقُلُوبُ
وَالْأَبْصَارُ

He says: “Real men are those who are not distracted—either by buying or selling—from Allah’s remembrance, or performing prayer, or paying alms-tax. They fear a Day when hearts and eyes will tremble....:”

Real men are those who pray on time, while males are those who don’t care about what time they pray, nor about the prayer itself. Real men are those who don’t let buying and selling make them forget about what is halaaal and what is haram. While males just sell anything that they can to make a dollar. Real men are those who don’t let buying and selling and their businesses take them away from prayer, the masajid and spending for the cause of Allah. Real men know fear selling the Haram because they fear a day when Allah will ask them about everything they sold. As for males, then they sell whatever brings them the dollar, whether it’s halaal or haram, they don’t pray on time, they don’t pay

zakat and they don't fear a Day when their hearts and eyes will tremble....

Real men, the lions of the jungle; hope that Allah may reward them according to the best of their deeds, and increase them out of His grace. And Allah provides for whoever He wills without limit. As for the males, the alley cats, then they hope for the praise and rewards from the creation, the followers on Instagram, facebook and tik tok and have forgotten about their creator and what pleases him. The males only focus on a temporary increase of wealth, fake friends and social life of this world, and pleasing other human beings; they love these things more than sacrificing and staying within the boundaries of Islam to please their Lord and creator. So these are the males, the alley cats, the strays, and those are the real men, the lions the kings of the jungles....which one are you dearly beloved brothers.....are you real men or are you just a males...?

Another trait distinguishing the men from the males is what Allah tells us:

(مِنَ الْمُؤْمِنِينَ رَجَالٌ صَدَقُوا مَا عَاهَدُوا اللَّهَ عَلَيْهِ فَمِنْهُمْ مَّنْ قَضَىٰ نَحْبَهُ وَمِنْهُمْ مَّنْ يَنْتَظِرُ وَمَا بَدَّلُوا تَبْدِيلًا)

“Among the believers are men who have proven true to what they pledged to Allah. Some of them have fulfilled their pledge with their lives, others are waiting their turn. They have never changed their commitment in the least.” Al Ahzab:23

This verse tells us that not all believers are true men, they may be males, but they are not truly men. They have not reached the level of true Islamic masculinity... True men are those who have proven true to what they pledged to Allah. They have implemented completely the shahadah they witnessed to. True Islamic Men don't waiver in their deen, nor are they easily swayed by false opinions or incorrect views based on weak evidences or their desires... They don't follow innovations, they don't follow the latest trends. They fulfill their religious and worldly obligations, they fulfill the rights Allah has over them, they pray on time, they pay their zakat, they fast Ramadan, they are obedient and honorable to their parents, they fulfill the rights that their families have over them. And they remain steadfast upon the true deen, in belief, actions and statements. They don't constantly change their creed, or their appearance, or their behaviors; unless it is changing from unislamic practices to Islamic practices and beliefs. How many of us can say that we have fulfilled our covenants and are acting upon our testimonies of faith that we have uttered with our tongues? This is one of the first things that distinguishes the men from the males: that we are truthful with Allah and this religion.

May Allah aid us into being true men and adapting and practicing true traits of Islamic masculinity.

Second Khutbah

Brothers and sisters in Islam, today we are speaking about ‘Ar Rajoolah’ (Masculinity). With a variety of modern ideologies, philosophies, and religions competing to define what it means to be a ‘man,’ it is ever more critically important for Muslim men, parents and youth to understand masculinity as it was understood by the righteous predecessors.

A true Muslim man as we mentioned in the first khutbah is one who takes on responsibilities, visits the houses of Allah, truthful in his covenant and believe in Allah, and is firm and never abandoning his deen. At the same time the true Muslim man is just, kind, compassionate, forgiving, hard-working, humble, patient, forbearing, truthful, trustworthy, courageous, soft-hearted, honoring women, controlling his lower desires and impulses, fulfilling the needs of others before himself, continually refining his intellect, improving his character, seeking knowledge as a life-long learner, avoiding undignified behavior and sinful deeds, and emulating the character Prophet (ﷺ) and his righteous followers to the best of his ability.

‘Ar Rajoolah’ (masculinity) used to be discussed amongst the companions and tabieen regularly.

It was reported that Umar ibn al-Khattab, may Allah be pleased with him, said:

أَصْلُ الرَّجُلِ عَقْلُهُ وَحَسَبُهُ دِينُهُ وَمُرُوءَتُهُ خُلُقُهُ

“The foundation of a man is his intellect, his honor is in his religion, and his manhood is in his character.” Source: Adab al-Dunyā wal-Dīn 17

The righteous predecessors understood manhood to be comprehensive of all religious virtues in Islam.

It was said to Sufyan ibn ‘Uyaynah one of the great tabi’een (died 107 hijri) , may Allah have mercy on him, “All things are derived from the Quran, so where is manhood in it?” Sufyan said:

في قوله تعالى: (خُذِ الْعَفْوَ وَأْمُرْ بِالْعُرْفِ وَأَعْرِضْ عَنِ الْجَاهِلِينَ) فَفِيهِ الْمُرُوءَةُ

In the saying of Allah Almighty, ‘Show forgiveness, enjoin good, and turn away from the ignorant,’ (7:199). In this is manhood and masculinity.....

So true men and lions forgive others, they enjoin the good and they turn away from the ignorant...as for males and alley cats then they never forgive others, they always hold grudges, they never enjoin the good, their silent about falsehood and they always accompany the ignorant...

A real man is known by the measure of his trustworthiness and his refrain from hurting others; in a word, his virtue.

Abdullah Ibn al-Mubarak reported: Umar ibn al-Khattab, may Allah be pleased with him, said:

لَا يُعْجِبُنْكُمْ مِنَ الرَّجُلِ طَنْطَنَتُهُ وَلَكِنَّهُ مَنْ أَدَّى الْأَمَانَةَ وَكَفَّ عَنْ أَعْرَاضِ النَّاسِ فَهُوَ الرَّجُلُ

Do not let yourselves be impressed by the roar of a man. Rather, if he fulfills the trust and restrains himself from harming the honor of people, then he will truly be a man. Source: al-Zuhd wal-Raqā’iq 681

A true Muslim man is generous and honorable towards the women in his life: his mother, sisters, daughters, aunts, cousins, sisters in Islam, and women in general. The measure of a man’s character is directly related to how he treats women.

Abu Huraira reported: The Messenger of Allah, peace and blessings be upon him, said:

أَكْمَلُ الْمُؤْمِنِينَ إِيمَانًا أَحْسَنُهُمْ خُلُقًا وَخَيْرُكُمْ خَيْرُكُمْ لِنِسَائِهِمْ خُلُقًا

The most complete of the believers in faith are those with the most excellent character, and the best of you are the best in behavior to their women. Source: Sunan al-Tirmidhī 1162, Grade: Sahih

In summary, brothers and sisters in Islam... a true Muslim man is characterized by a balance of all of the virtues taught by Islam: justice, compassion, forgiveness, kindness, humility, patience, truthfulness, courage, responsibility, chivalry, and so on. The concept of the ‘alpha male’ as domineering, aggressive, vengeful, thuggish, and ‘strong’ is a false and a toxic belief that encourages misbehavior in general and the mistreatment of women in particular. On the contrary, truly strong men are those capable of controlling themselves and traversing the higher, straight path of virtue in opposition to the animalistic tendencies of the human soul.

May Allah enable all of our young boys to be true Muslim men, may Allah guide all the Muslim males to adopt and start living their lives as masculine Muslim men and to abandon all traits, appearances, behaviors, etiquettes and traits that are specific and well known to be feminine. May Allah guide our parents and elders to raise our Muslim boys as true Muslim men and may their fathers be the best living examples of Men for them.