

St. Peter Lutheran Church

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DELPHOS, OHIO 45833

The Mission of St. Peter Lutheran Church is to grow our faith in Jesus as we journey together and serve others.

November Newsletter Deadline: Sunday, October 20th

The Messenger



If you know of anyone who would like to receive our monthly newsletter, please contact the church office at stpeterdelphos@gmail.com. If your information or address needs updated, please let us know. Thank you.

The Messenger

St. Peter Lutheran Church – October 2024

A Little Bit of This and That for October...

This October, we are going to be celebrating our talents and gifts. You are such a wonderful congregation, and I am blessed to be your pastor. We start the month celebrating our talents as we come together to host our annual Pork Loin Dinner on October 6. Then on October 13, Ron Kloepfel will be sharing a part of his thoughts on our gifts and talents. We also will be celebrating the start of Sunday School. On October 20, Rick Miller will be sharing about how his faith has been important in his life. Then on October 27, Ryan Trentman will share about the value of continuing to offer our talents and gifts as we grow our faith in Jesus as we journey together to serve others. You will be given the opportunity to fill out our annual projected estimate of giving cards as well as to identify other ways to use your talents in the body of Christ. Following the service, we will have a potluck luncheon to celebrate the return of Fall, Sunday School, and our ability to come together as a ministry body to further the kingdom of Christ. InReach/ OutReach will provide the meat, and you are asked to bring a side dish or dessert. We are a blessed congregation with talented, caring and faithful people. May God bless you all this month with the awareness that you are a beloved child of God. Your prayers, gifts, talents and ability to listen to the call of God in your life are all evident. May God bless you and the ministry of St. Peter Evangelical Lutheran Church as we continue to journey together in faith. Celebrate with us this October.

Also, something new is going to start on October 16. You have heard me mention my weight often over the last five years. With my extra weight has come the pain of wrestling with various diets only to fall back into old habits to gain weight back.

In September, I stumbled upon a workbook entitled, *Dear Food, I love you. I hate you. Don't Leave Me*. Julia Fikse is the author of three 10-week Bible Studies designed to help people "shatter food strongholds for lasting health and joy." This caught my attention, so I ordered a copy and have now begun to work through the beginning chapters of the book. As I have been praying about my own journey with food, I have felt called to have us offer an ecumenical weight loss group at St. Peter. Donna Berger and Gina Fritz have agreed to co-lead this with me. We want to hold the group on Wednesday evenings from 6:30–7:30. There will be an accountability component as well as the opportunity for Bible Study, discussion, sharing of successes and pitfalls, recipes, and possibly a little bit of easy exercise. Each participant will need to order the first workbook in the series (Bluebook). Some of the Bible Study will need to be worked on at home. I have ordered my copy from Amazon and found the price to range from \$16.99–\$19.99. If you want to participate in the group but do not have access to order the book, you can contact me at 419-512-4490 and I will order a copy for you. I think it is important that you know a little about Julia Fikse. She details her own journey in the first part of the workbook. She has walked the journey to find success in losing and maintaining her weight loss. She has gone on to get training to become a Nationally

Board-Certified Health and Wellness Coach, a Functional Medicine Certified Health Coach, and has specialized certifications in Weight Loss, and Mental Health and Emotional Eating. She also has many digital contents of support as well as even the opportunity to Zoom with her. The workbooks are rich in the content that she has learned through the years.

I am excited to be able to journey in faith to enter this season of developing more healthy ways of eating to use the power of scripture and God at work in us to shatter old emotional and negative thinking patterns that keep us in bondage to unhealthy ways of eating. This will be a faith journey with the power to bring wholeness and hope into our lives as we lose weight and develop a healthier relationship with food.

If this is something that you have struggled with, please consider becoming a part of this support group. Invite your friends and let's get healthy while growing our faith in Jesus.

Blessings,
Pastor Carol

Update on Pastor Carol's recovery from cervical vertebrae surgery. I am doing well but still struggle to turn my head without having muscles pull. I have a limited range of motion for my head as well as my right shoulder and arm. I have begun physical therapy and would continue to appreciate your prayers for gaining more range of motion and less muscle strain.

Thank you.



Monthly Finance Reports:

(Note: The negative balance in giving is due to the \$22,300.00 down payment required to order the sign. We will still owe a little bit more for the installation and purchase balance. The block and mortar so far has cost \$700.00. We still have concrete work to be completed, and we are hoping for the whole project to come in around \$37,000.) The money to pay for everything so far had been taken from our savings in our checking account. If any of you feel led to help refurbish some of these funds, it would be greatly appreciated.

InReach/OutReach

Prayer Chain – If you would like your name added to the prayer chain, please contact Susan McGue at 419-234-6448. If you ever need a prayer chain started, please contact Susan on the cell phone number listed above. *Do NOT send her computer an email.* You may call or send her cell phone a text message. Susan is the primary start person and if she can't be reached by phone, then call the church office. Please have permission from the person or family before we publish any names.

Keep our shut-ins and military friends and families in your prayers.

Shut-ins

Sharon Reel
Vancrest of Van Wert
10357 Van Wert- Decatur Road
Van Wert, Ohio 45891

Rose Hager

Military:

Fred Hasting	Navy	Stateside
Christian Jarman	Air Force	Stateside

General Announcements

Radio Ministry was given to the glory of God in September by:

- Ed Fritz in memory of Jacquie Fritz
- Dave and Connie Stemen
- Ron and Sue Kloeppe in celebration of their 26th Wedding Anniversary and in honor of their children
- Mark and Linda Downey
- Ed Talboom in memory of Sandy Talboom

Church Directory:

We update the church directory twice a year; October and May. If you do not wish to be included in the phone directory or if you have any updated information, please email the church office at stpeterdelphos@gmail.com with your information by October 30th. Thank you!

The flower chart sign-up sheet is posted on the bulletin board in the hallway. Please sign up for that special occasion or celebration. Let the office know what you would like printed in the bulletin.

Lifewise:

To align more with the schools in safety precautions, the front doors to the church will be locked when Lifewise is in session. The hours are as follows:

First Semester: Wednesday and Thursday afternoon

Second Semester: Tuesday and Thursday afternoon

Catechism:

We held our first of the year catechism session at St. Luke's Lutheran Church in Lima on September 8. We had 16 catechism students in attendance as well as parents and five pastors in attendance. The students began to study the first part of The Apostles' Creed. We focused on God as the creator. It was a very good experience for all who attended. Our next session will be on October 13 from 1:00-3:00pm at St. Luke's.

Pork Loin Dinner: *Reminder that the church service will be at 9:00 AM on Sunday, Oct. 6th.*

It is that time of year again for our 14th annual pork loin dinner which will be held on Sunday, October 6th. With your donations and help, preparation and serving this dinner is becoming a well-oiled machine. We look forward to your help in achieving our goals. Workers will be needed for the day of the dinner (10/6).



Save the date: Sunday School will kick off on October 13th at 9:00 AM in the Parish Hall. Everyone ages 3 & potty trained through adults are welcome to attend. Sunday School classes for our youth will be upstairs. The adult Sunday School will take place in the Parish Hall; all high school students are welcome to join adult Sunday School. If you are interested in helping with a class or have questions regarding attending, please reach out to Carrie Calvelage or Pastor Carol.

We need to have a few more volunteers to count the offering after church on Sundays. If interested in helping out, please let Lauren know by talking to her or emailing the church office at stpeterdelphos@gmail.com.

October Birthdays If we do not have your birthday listed. Please contact Lauren to get your name on the list to recognize your special day.

2) Shirley Ditto

7) Paige Kloeppe

8) Randall Klentz

10) Paul Wreede

10) Jaxon Prine

13) Rick Dienstberger

17) Noella Brinkman

17) Megan Weitzel

17) Andrew Swick

20) Robb Rinehart

20) Pastor Carol Pretorius

30) Andrew Fitch

30) Ron Kloeppe

Church Project Update:

Maintenance:

A congregational member offered to pay for the new landscaping across the front of the educational wing and sanctuary. New slow growing bushes will be planted in front of the educational wing sometime this fall. We have also uncovered the cornerstones on each of the buildings and hope to highlight them in the new landscaping project. The block and mortar have been laid for the sign. The columns for each end of the sign will be completed and we are hoping for the sign to be installed much sooner than we thought. Concrete work will begin soon to replace the front steps in front of the sanctuary.



Stay tuned for
more updates!



