# What's Included in Your Book Coach Package: Digital Dharma

With my Bookventures Book Coaching, you'll receive personalized support and guidance to help you transform insights from self-help books into meaningful action. Here's what's included:

#### 1. Personalized Reading Plan

- A tailored roadmap based on a self-help book of your choice (or selected from my curated library).
- Chapters are broken down with clear, actionable steps designed specifically for your goals and life.

#### 2. Daily Accountability Emails

- Daily check-ins to track your progress and reflect on your journey.
- A space to document insights, challenges, and successes to keep you motivated and on course.

#### 3. Weekly Zoom Sessions (1 Hour)

- One-on-one coaching to dive deep into your progress and experiences.
- In-depth feedback on your reflections and actionable steps, with adjustments made to ensure success.

#### 4. Thought-Provoking Questions & Exercises

- Custom reflection prompts for each chapter to deepen your understanding and application of the book's lessons.
- Exercises to integrate new habits and concepts into your daily life.

## 5. Shared Insights and Inspiration

- My personal experiences and actionable takeaways from the book, so you can see how the concepts have worked in real life.
- A collaborative process to inspire ideas and breakthroughs for your unique journey.

## 6. Ongoing Support and Encouragement

• A partner who's as invested in your growth as you are, keeping you focused, motivated, and accountable every step of the way.

## **Pricing Options**

- 1. Pay in Full (Save 20%): \$500 upfront for 8 weeks of coaching.
- 2. Four-Week Payment Plan (Save 10%): \$562.50 (\$281.25 every 4 weeks).
- 3. Weekly Payments (No Discount): \$625 (\$62.50 per week).

Please note: If you do not already have a physical copy of your chosen book, it will be ordered and included in your package.

This package is designed to ensure you not only read a book but also experience its transformation by applying its lessons to your life. Together, we'll turn pages into progress and help you take meaningful steps toward your goals!