

BACKSTAGE WAITING AREA: There are designated dressing rooms backstage for the recital. Your dancer should be or have someone to assist them backstage and help them with shoes/costume changes, etc. Students should bring some quiet activities to entertain themselves before and after they go on stage for their performances. For the safety of the children and to ensure minimal congestion, parents watching the show are not permitted backstage once the show has started until the end of the recital. Please do not go back and forth from the dressing room to the auditorium. A staff person will be in the dressing room to assist with line-up and answer questions.

Recital Backstage Rules For Dancers & Parents

Arrive on time with hair and makeup done!

Eat a meal prior to the show. Water and non messy snacks only! No colored drinks or soda backstage. Non messy snacks like apple slices or plain goldfish are a good idea, not cheetos. A show shirt or robe over the costume while eating or drinking is also a good idea.

Bring something for quiet entertainment. Books, coloring books (NO MARKERS), or tablets are a great idea. Tracy's Dance and tumbling is not responsible for lost or stolen items.

Label everything! Put your dancer's name on all shows, costumes, water bottles etc....

Stay in your last costume for final bows. Please make every effort to stay for the entire show. It is fun to end the show all together.