

Hair & Makeup: Stage lights are very bright and can wash out facial features. In order to see every dancer's sparkling eyes and smile, girls should wear makeup for the Recital: red-tone lipstick, blush, eyeshadow, and mascara. All girls wear their hair pulled back (bun is preferred) unless specified differently by their teacher. Please see your teacher for suggestions if you have very short hair. Easy ballet bun idea: <https://youtu.be/lqgdaU7rwdU>

Below we have provided makeup information to help you with home application tips for stage makeup.

Young children

The key to doing children's makeup for ballet is to use natural colors. The child shouldn't look "made up" with loud colors; rather, the makeup should make her features stand out from far away. Makeup for children is meant to emphasize features, not exaggerate them.

Older Children, Teenagers & Ladies

As children mature their makeup should reflect their age and become stronger and heavier depending on age. Following the basic suggestions below the makeup application follows the same principals however should be darker and include false eyelashes and darker eyeliner for teenage aged students & Ladies.

Things you will need.

- Foundation – *Skin Colour*
- Lip liner – *Red/pink*
- Lipstick – *Red/pink*
- Blush – *Pink*
- Powder – *Skin Colour*
- Eyeshadow – *shades of browns. Light, Medium & Dark*
- Eye liner – *Black*
- Mascara – *Black/dark brown*
- Highlighter – *Ivory or Cream*
- Brushes or applicators - *for lips, eyes, brows, blush, powder*
- False EyeLashes *for Teenage ages and Ladies*
- Bronzer can also be lightly used – *optional*

Foundation/Base

Using a makeup sponge, apply foundation in a color that matches the child's skin tone. Use more foundation than you would for "street" makeup. Blend the foundation at the jawline. Dust on

lightweight, slightly shimmery powder so the makeup will stay put onstage. Liquid or a loose compact foundation

Eye Shadows

Use a cream/ivory shadow on the lids – Brown eye shadows in different grades are ideas. A light, medium and dark brown. Choose a relatively muted color — too bright and the child will look garish. Finish the eyeshadow with a dusting of powder to hold the color. Use a cream blush in a peach or pale pink with shimmery tones to highlight the cheekbones. Blend into the foundation.

Eyeliner

Line the eyes using a liquid eyeliner in black or very dark brown. Extend the line on the top lash slightly past the eye, but don't turn it up. Finish the eyes with two coats of mascara a shade or two darker than the liner.

Applying Lipstick

Begin by lining the lips with a red or pink lipliner pencil, then fill them in with red or pink lipstick. Avoid bright reds, as these can be too bright for children. A deep but strong blood red suits most skin tones. This is just a suggestion. Makeup is encouraged but not mandatory.