

## RULES OF ENGAGEMENT

Following consultation with legal counsel and the Sport Canada medical advisory group, the following rules will be mandatory and followed by **Chestermere Vikings Athletic Association** while any Federal or Provincial COVID-19 related orders or restrictions are in place. These rules line up with the Alberta Health Services Stage 2 requirements for sport, physical activity, and recreation.

Provincial Guidelines for Organized Sports Activity

<https://www.alberta.ca/assets/documents/covid-19-relaunch-sports-physical-activity-and-recreation.pdf>

1. **Point of Contact:** **Chestermere Vikings Athletic Association** has appointed an official COVID-19 Safety Coordinator, **Tara Cooney**. Contact details are posted on our website and will be shared with all members. These appointments will take place before the resumption of any club rugby activities and remain in place until Alberta achieves and maintains Phase 5 for 3 consecutive months.
2. **Educate:** **Chestermere Vikings Athletic Association** President, Matthew Rainey and COVID-19 Safety Coordinator, Tara Cooney have completed the World Rugby COVID-19 Return to Play Awareness for Administrators and have submitted their certificates to Rugby Alberta.
3. **Registered:** Each individual attending an in-person rugby activity or facility will be registered through the Sportlomo registration database, therefore acknowledging the updated waiver and participation agreement and ensuring they have adequate insurance to take part in sanctioned rugby activities. Note, all adult participants must complete registration for themselves, while a legal parent/guardian of a minor participant must complete the registration on their behalf.
4. **Symptoms:** Any individual answering 'yes' to any of the [Alberta Health Services Self-Assessment Tool](#) questionnaire will be instructed to self-isolate, and is prohibited from attending any in-person rugby activity for 10 days or until they are tested for COVID-19 and have provided notice of their negative result.
5. **Attestation of all Participants:** The **Chestermere Vikings Athletic Association** will facilitate the completion and storing of participant attestations before every in-person session until further notice. All adult participants must complete the attestation for themselves, while a legal parent/guardian of a minor participant must complete the attestation on their behalf. The attestation forms will be facilitated through the Sportlomo registration system.
6. **Attendance Records:** All individuals attending an in-person activity or facility may have their attendance recorded through the Sportlomo registration database management platform. The Sportlomo system facilitates the ability to track and trace any possible community transmission to have taken place at any rugby activity.
7. **Application of Health Orders:** **Chestermere Vikings Athletic Association** administrators, managers, coaches, or therapists who are delivering/supporting the delivery of in-person rugby activity, reserve the right to ask any participant exhibiting COVID-19 symptoms to return home. Anyone who fails to complete the daily attestation and follow public health orders will also be asked to return home.
8. **Personal Hygiene:** All individuals will practice the Alberta Health Services recommended proper hygiene before, during, and after all rugby in-person activities.
9. **Outdoor Only:** All rugby activities will be outdoors until all Alberta Health Services restrictions are lifted.
10. **Masks Are Compulsory for Designated First Aid Responder:** Until all Alberta Health Services restrictions are lifted, any individual appointed to have first aid responsibilities will wear a non-medical mask at all times to attend to any injured player. For details **Chestermere Vikings Athletic Association**, will refer to Rugby Alberta's RTP.

11. **Equipment Hygiene:** For all permitted rugby touchpoints, enhanced cleaning protocols will be followed before and after rugby activity. For details **Chestermere Vikings Athletic Association**, will refer to Rugby Alberta's RTP.
12. **No shared drinks, supplements, or food:** Until all Alberta Health restrictions are lifted, no sharing or service of water bottles, drinks, supplements, or food is permitted.
13. **No changerooms:** Until all Alberta Health Services restrictions are lifted, the use of changerooms is to be restricted to the use of washroom facilities only. All participants will arrive and leave in the attire required to participate in the rugby activities. Footwear may be changed on the field.
14. **Rugby Activities:** **Chestermere Vikings Athletic Association** be restricted to local rugby activities. This means within a neighborhood, town, or municipality. Participants will not see sport, physical activity, and recreation opportunities in other regions, or out of Province.
15. **Post Activity:** Participants will be encouraged to leave the facility promptly after activity.
16. **No social activities:** Until further notice, in-person social events will not be covered under Rugby Canada's National Insurance Policy.
17. **Spectators:** Up to 200 spectators are allowed, with physical distancing in outdoor seated, stadium type scenarios, and up to 100 spectators in other circumstances (indoor or non-seated outdoor).
18. **Travel:** Participants will be encouraged to only carpool to and from practice with their household cohort or other members of their rugby cohort. (training group)
19. **Isolation Space:** Designated isolation space will be allocated should a participant become unwell during rugby activity. It will be easily accessible so the participant can safely leave the training environment.
20. **Training Times:** Training schedules will ensure there is no overlapping of cohort exit and arrival times for rugby activities.
21. **Notice of Infected Person: (COVID-19 Emergency Response Plan)**

Any player, administrator, manager, coach volunteer, parent, or therapist who has reason to believe they have been infected with COVID-19 should contact the **Chestermere Vikings Athletic Association** COVID-19 Safety Coordinator. This would include anyone showing any symptoms, has been tested and is awaiting results, or has received positive confirmation of COVID-19.