

National Intercollegiate Lacrosse Officials Association
2018 NCAA Rules Test

Instructions:

This is a multiple-choice exam. Select the best answer for each question. Every effort has been made for there to be only one correct answer to each question. The questions this year are more random and do not follow the rulebook in order. Be sure to read all of the questions and answers carefully.

The 2017-18 NCAA rules book, NCAA Rules Video and clinic PowerPoint presentation should be used as your references for this test.

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1. In an extra man situation at the end of a quarter or half a shot is taken and while in mid-flight the horn sounds ending period prior to the goalie making the save. How is the next period started?
 - a. Since the goalie had possession it would be that team's ball to begin the next period.
 - b. The shooting team retains possession since the shot was not complete
 - c. The play should be treated the same as a pass at the end of the quarter or half that was thrown during a man up situation, no possession face-off
 - d. This does not apply to overtime.

2. On a face-off the proper placement of the sticks and ball are:
 - a. Heads of sticks are to be straight up and down
 - b. Heads must be perfectly matched from end of head to ball stop
 - c. Center of ball must be 5 inches from end of head and 5 inches from ball stop
 - d. All of the above

3. On a face-off the official conducting face-off shall:
 - a. Use a quick whistle – aka "a swisshistle"
 - b. Place his hand on the head of both crosses prior to saying set
 - c. Be on same side of field as the official assisting with faceoff
 - d. Blow the whistle to begin faceoff with no variation in rhythm

4. Which situation would correctly end a "Shot Clock"?
 - a. End of period
 - b. A stoppage to administer a time serving foul
 - c. A possession change
 - d. All of the above

5. On the face-off, it is illegal to:
 - a. Gain an advantage by contacting the opponent's arm, body, or stick with their helmet
 - b. Pin down the Crosse of your opponent
 - c. Place your elbow on your own crosse
 - d. All of the above

6. Who is responsible to determine whether or not the condition of the field is adequate for competition prior to contest?
 - a. The "Referee"
 - b. The visiting coach
 - c. The home institution
 - d. The entire officiating crew

7. During a faceoff a player is allowed to:
 - a. Clamp the ball on back on stick longer than necessary to control the ball
 - b. Carry the ball from the face-off 'X' in the back of his stick and score a goal
 - c. Have the ball in back of stick as long as it is directed or raked immediately within one step
 - d. Withhold the ball from play

8. In which situation can a shot clock be administered?
 - a. After Team A has taken a shot that is considered a possession shot that had no legitimate attempt to score a goal
 - b. Team A has satisfied the 30-second clearing count, has possession of the ball between their attack area and the midline and the defense is not playing the ball (not within five yards)
 - c. Team A has possession of the ball in their attack area below goal line extended and the defense is not playing the ball (not within five yards).
 - d. All of the above.

9. Which is not true for a player that is using an adjustable handle
 - a. It may not be adjusted in the field of play
 - b. If a player does adjust it during play it will be a one minute unsportsmanlike penalty.
 - c. These handles do not require a manufactured end cap.
 - d. All of the above

10. Appendix IV of the NCAA Rulebook details minimum widths of the Crosse head measured at various distances above the bottom of the head. At 3" above the bottom, what is the minimum permissible width?
 - a. 2½"
 - b. 3"
 - c. 3½"
 - d. What?

11. After an inadvertent flag situation which of the following is true about how the ball is to be restarted?
 - a. If one or more shots are taken prior to play being blown dead award by alternate possession
 - b. When a goal has been scored, face off
 - c. If no shot was taken, the ball will be awarded to the team last in possession.
 - d. All of the above

12. Any strings or laces (e.g. shooting strings) must be located within ___ inches from the top of the crosse in an arc.
 - a. 2 inches
 - b. 3 inches
 - c. 4 inches
 - d. 5 inches

13. A1 delivers a check with the gloved hand or hands with a punching blow. This is:
 - a. Unnecessary roughness
 - b. Crosse-checking
 - c. Slashing
 - d. Legal

14. The mesh of a stick must be which of the following to be legal?
 - a. Only a single color
 - b. Painted in a fashion that in the opinion of the official is done for deception
 - c. Attached to sidewall in a loose manner
 - d. None of the above

15. During a stick-check, officials discover a crosse has no end cap. Which of the following is true?
 - a. Officials shall instruct the player that the stick must have a proper end cap prior to be used
 - b. The player is provided an opportunity to correct the stick without penalty
 - c. If the player does not correct the stick and proceeds to use it after warning a 1-minute unsportsmanlike conduct penalty shall be assessed
 - d. All of the above

16. Which of the following field tests is NOT performed during a stick-check:
 - a. Rotate the crosse forward (with the butt end toward the ground) to test ball release
 - b. Rotate the crosse backward (with the head toward the ground) to test ball release
 - c. Put the ball in the back of the pocket and test ball release
 - d. Measure to ensure they are no more than 4 inches from top of crosse

17. For any player taking a face-off, which of the following is true?
 - a. A single wrap of tape or paint must be on the top 6" of the shaft, up to the head
 - b. The tape must be same color of the gloves, shaft and stick-head
 - c. A sticky substance or product may be used to allow a better grip for the player
 - d. All of the above

18. For all players except the goalkeeper, which of the following is true?
 - a. There may be NO tape on the plastic head of the stick
 - b. There may be NO tape build-up ("donut") on the end of the shaft.
 - c. There may be NO tape on the shaft, unless the player takes faceoffs
 - d. All of the above

19. What is the approved procedure for officials to meet with head coaches prior to game?
 - a. To proceed to team locker room and meet there
 - b. After team introductions and prior to anthem
 - c. On the field 20 minutes prior to game time
 - d. On the field 30 minutes prior to game time

20. The use of technology for coaching purposes is legal in which of the following situations?
 - a. It is used on the sideline
 - b. It is used to demonstrate to an official that an error was made
 - c. It is used to communicate to a player on the field
 - d. None of the above

21. Some of the duties of the shot clock operator:
 - a. Start shot clock on visible signal from officials
 - b. Start and stop the shot clock in sync with game clock until warning ends
 - c. If shot clock warning expires without satisfying the requirements blow horn to alert game official
 - d. All of the above

22. An out-of-bounds ball is awarded to Team A. Which of the following is true?
 - a. Restart 1 yard laterally from where the ball went out of bounds, but at least 5 yards from the substitution area
 - b. On restart, A1 may not get a running start while out of bounds
 - c. A1 may slow down upon entering the field (like a rolling stop when driving), then accelerate when the official blows his whistle for the restart
 - d. All of the above

23. A1 comes out for a faceoff with no tape or paint on his shaft. Which of the following is true?
- A1 serves 30 seconds. Award the ball to team B
 - A1 serves 3 non-releasable minutes. Award the ball to team B
 - Award the ball to team B. No penalty time. This counts as a faceoff violation
 - Award the ball to team B. No penalty time. This does NOT count as a faceoff violation
24. Officials initiate a shot clock against Team A. With 6 seconds remaining on the shot clock, the ball goes out of bounds and is awarded back to Team A. On the dead ball, Team B calls a timeout. What happens to the shot clock on the restart?
- The shot clock is reset to 30 seconds
 - The shot clock is set to 10 seconds upon the restart
 - The shot clock is set to 6 seconds upon the restart
 - No shot clock on restart. If Team stalls again, start a new shot clock
25. Regulation play ends in a tie. What happens next?
- Get captains for a coin toss. Winner chooses goal for first overtime and alternate possession
 - Get captains for a coin toss. Winner chooses goal for first overtime. Alternate possession stays as it was at the end of regulation play
 - Teams switch goals. Alternate possession stays as it was at the end of regulation play
 - Goals and alternate possession stay as they were at the end of regulation play
26. Team A is man-down for a faceoff. Which of the following is true?
- Team A may bring an attack player up to the wing line for the faceoff
 - Team A may bring a defense player up to the wing line for the faceoff
 - Either A or B
 - None of the above
27. Under a shot clock situation, Team A takes a shot that is above GLE and the ball hits the goalkeeper and deflects back to A1. Which of the following is true?
- The shot clock ends and play continues without a shot clock
 - The shot clock resets to 30 seconds
 - The shot clock continues until Team B gains possession or Team A scores
 - Turnover. Award the ball to Team B
28. A goal shall count in which of the following situations?
- A player while shooting becomes airborne of his own volition and lands in the crease
 - A player outside of crease in contact with the ground (grounded) shoots and falls, steps or runs in the crease prior to the ball entering the goal
 - A player is illegally pushed in the crease and prior to the ball entering the goal touches crease, goal, or goalie
 - A player outside of crease in contact with the ground (grounded) shoots and falls, steps, rolls or runs in the crease after the ball enters the goal
29. Team A has satisfied the 30-second clearing count, then loses the ball back over the midfield line into A's defensive half of the field. Under which of the following would an over and back violation be called?
- The ball was last touched by Team B before crossing midfield
 - After the ball crossed midfield line last touched by Team A
 - The ball crossed midfield as the result of a shot that rebounded off the goal pipe
 - None of the above

30. A1 is called for warding off. B1 picks up the ball and is given a quick whistle for restart. Which of the following would result in a time serving foul against A1?
- A1 steps aside and allows B1 a direct path to the goal
 - A1 steps aside allowing B1 a straight path, then follows A1 and plays him without ever creating a 5-yard separation from B1
 - A1 steps aside and B1 runs directly at A1 creating contact
 - A1 allows B1 to gain a 5-yard separation, then follows B1 up the field, catching him after 30 yards
31. A1 shoots the ball into the goal, but is called for being in the crease, and the goal is disallowed. How may the restart be handled?
- The goalie may pull the ball out of the net and be given a quick restart while he's still in the crease
 - B2 defender picks up the ball near the goal. He may be given a quick restart even if he's in the box and A2 riding attackman is 2 yards away from him
 - Team B is awarded the ball at midfield- free clear
 - Both (a) and (b)
32. The head coach shall be responsible for which of the following?
- Seeing that all team members are properly equipped
 - Acting in a courteous manner and working to achieve the same from team members
 - Assisting the officials in keeping the game under control
 - All of the above
33. A1 shoots. As he follows through, the head of his Crosse flies off. The ball goes into the goal. The correct ruling is:
- No goal. Alternate possession
 - No Goal. Team B is awarded the ball
 - Goal counts. Face off
 - Goal counts. Team B gets the ball at center
34. A team not entitled to possession may not take a timeout in which of the following?
- At the end of a flag down situation
 - During dead ball situations when stoppage of play was for a non-time serving technical foul that occurred in the field of play
 - A ball goes out of bounds
 - A goalie makes a save during a flag down situation
35. A head coach is not allowed to call for a stick check in which of the following examples:
- After a goal has been scored and before the next face-off
 - During a team or TV timeout
 - During dead ball situations when stoppage of play was for a non-time serving technical foul that occurred in the field of play.
 - Between quarters
36. Which of the following could be construed as an illegal crosse-check?
- B1 checks the ball carrier with the portion of the Crosse between his hands, with his Crosse held extended from his body horizontally
 - B1 holds the ball carrier with the portion of the Crosse between his hands
 - B1 forces the ball carrier away from the goal with a thrusting motion of his crosse
 - Both a and c

37. What is the minimum permissible width at the widest point of the head (not the Goalie's)?
- 6"
 - 6½"
 - 6½" at the front, 6" at the back of the head
 - None of the above
38. B1 is called for a slash to the head of A1. The penalty:
- Is automatically non-releasable
 - Is non-releasable only if deliberate
 - May be non-releasable if the slash is uncontrolled or severe
 - Is a releasable 1-3 minute releasable foul in all cases
39. Targeting the head or neck is:
- A one minute releasable penalty
 - Contact to an opponent above their shoulders by means of any body part or a crosscheck
 - Can't result in ejection
 - Is typical of a legal body check
40. B1 is penalized 3 minutes for an illegal crosse. Later in the game, B1 is penalized 2 minutes for an illegal body check. Which of the following is true?
- B1 has fouled out
 - B1 will foul out after 3 more personal fouls
 - B1 will foul out after 3 more fouls- personal or time-serving technical
 - B1 is ejected and must sit out the next game
41. During a stick check the official places the ball in crosse and as it is rotated 90 degrees. The ball, due to the stringing, does not come out. The correct ruling is:
- One minute non releasable penalty
 - Three minute non releasable penalty
 - Send the stick off so it can be repaired
 - All of the above
42. A player on the field objects to a call by arguing or gesturing.
- A conduct foul may be called
 - Only unsportsmanlike conduct may be called against an on-field player
 - Illegal procedure may be called
 - Tell the player to shut-up
43. A1 faceoff player moves early during the 1st faceoff of the game. A2 wing player jumps the line during the 2nd faceoff (still 1st quarter). A3 faceoff player grabs B1's Crosse during a faceoff in the 2nd quarter. Which of the following is true?
- A3 serves 1 non-releasable minute and Team A's in-home serves 30 seconds. Team A is 2 men down
 - A3 serves 1 non-releasable minute. Team A is 1 man down
 - A3 serves 1 non-releasable minute plus 30 seconds (releasable)
 - Award the ball to team B. No penalty time is served
44. To perform a legal screen, the screener must:
- Not lean into the path of an opponent
 - Stay within his vertical plane with a stance no wider than shoulder-width
 - Not extend his hips into the path of an opponent, even if his feet are stationary
 - All of the above

45. During a loose ball situation (not during faceoff) what is illegal for a player to do?
- Lie on the ball
 - Trap it with his Crosse longer than is necessary for him to control the ball and pick it up with one continuous motion
 - Pick the ball up by jamming the reverse side of the crosse on top of the ball
 - All of the above
46. Officials initiate a shot clock against Team A however the shot clock does not start. Which of the following is true?
- After five seconds the official will stop the clock immediately unless an imminent scoring opportunity exists
 - Officials shall continually verbalize and signal in an attempt to get clock started
 - After stopping play reset shot clock to 25 seconds for all situations
 - All of the above
47. B1 slashes. Flag down. Play continues under a “slow-whistle” situation. Which of the following is true?
- A shot clock situation may not be initiated against Team A while under a “slow-whistle”
 - If a shot clock begins and Team A does not shoot within 30 seconds, award the ball to Team B
 - If a shot clock begins and Team A does not shoot within 30 seconds, simultaneous fouls- assess the foul and restart with Team B in possession and no shot clock
 - If a shot clock begins and Team A does not shoot within 30 seconds, stop play, assess the foul and restart with Team A in possession and no shot clock
48. A1 and B1 are serving simultaneous fouls. Which of the following is true?
- A shot clock situation may not be initiated with any player(s) in the penalty box
 - A shot clock may be initiated while the teams are 9-on-9
 - If a shot clock is initiated and one of the penalties is released creating an uneven situation, the shot clock is ended and play continues without a shot clock
 - Both (b) and (c)
49. Officials initiate a shot clock against Team A. Then B1 is called for a loose ball play-on and Team A regains possession. Which of the following is true?
- The shot clock ends and play continues without a shot clock
 - The shot clock is reset to 30 seconds and play continues
 - The shot clock continues with no change
 - The shot clock is reset to 10 seconds if it is in its final 10 seconds
50. What are the legal dimensions of goalkeeper’s stick?
- Maximum length of head is 16 inches, width 10- 12 inches, and 35 -72 inches long
 - Maximum length of head is 16 ½ inches, width 10- 12 inches, and 35 -72 inches long
 - Maximum length of head is 16 ½ inches, width 10- 12 inches, and 40 -72 inches long
 - None of the above
51. Upon gaining possession of the ball, a team is advancing the ball toward its attack area. Which of the following would satisfy the 30-second clearing count?
- The defense creates a loose ball situation
 - The ball is in the alley and goes out of bounds off the non-clearing team
 - The clearing team calls a legal timeout
 - All of the above
52. Officials initiate a shot clock against Team A. With 6 seconds remaining on the shot clock, A1 takes a shot that misses the goal (no contact with pipe or goalie) and goes out of bounds. The ball is awarded back to Team A. What happens to the shot clock the restart?
- The shot clock is reset to 30 seconds
 - The shot clock is set to 10 seconds upon the restart
 - The shot clock remains at 6 seconds upon the restart
 - No shot clock on restart. If Team stalls again, start a new shot clock

53. During a shot clock situation an inadvertent whistle is blown. What should the shot clock be set to when play begins again?
- The shot clock is set to 10 seconds upon the restart
 - The shot clock remains the same as when whistle was blown to stop play
 - No shot clock on restart. If Team stalls again, start a new shot clock
 - The shot clock is reset to 30 seconds
54. Who can initiate a stall warning/shot clock on signal when a shot clock needs to be initiated?
- Lead
 - Single side
 - Trail
 - Any official, then all mirror
55. Officials prior to game notice there is no visible shot clock. What procedure should be correct?
- Since the rulebook does not list this a required equipment then no penalty is administered
 - The officials will use mechanics for shot clock off the game clock
 - The referee will include this in the game report and ensure the unusual box is checked
 - All of the above
56. Flag down, slow whistle as B1 slashes A1 in A's defensive half. A1 rolls the ball to A2 in the midfield area- outside the box. Does play continue under the slow whistle?
- Yes
 - No
 - Yes, if the pass is completed
 - None of the above
57. Flag down, slow whistle as B1 slashes A1 in A's defensive half. A1 passes the ball back to his goalie, who is outside of the crease and misses the pass. The ball rolls into the goal. Which of the following is true?
- Goal. Award the ball to Team A at midfield for the restart
 - No goal. Administer penalty and award the ball to Team A at midfield for the restart
 - Goal. Man-down face-off at midfield for the restart
 - No goal. Man-down face-off at midfield for the restart
58. In which situation would a goal be counted?
- The ball does not completely cross the goal line
 - The ball enters the goal after the horn has sounded to end a quarter or shot clock and the ball was released from shooter's stick prior to the horn
 - A shooter releases the ball prior to the game clock or shot clock expiring and hits an offensive player after the game or shot clock expires and enters the goal
 - The game or shot clock expires prior to the shooter releasing the ball
59. During an inadvertent flag situation the officials should:
- Stop play at earliest opportunity that does not interfere with an imminent scoring opportunity
 - Run over and pick up flag like nothing happened
 - Pick up flag wave off and allow play to continue
 - Stop play immediately and face-off
60. The proper color of shoes to be worn with uniform by NILOA members is:
- All black
 - Black with white strips
 - Black with white Under Armour logo
 - White

61. All members must be dressed in the same uniform during the game which means
- If pants are worn all crew members where them
 - If coats are worn all crew members where them
 - All stripes are worn with number on back
 - All of the above
62. When a face-off violation occurs, the official should signal the violation, award ball, start play and then signal by use of fingers the number of total violations that have occurred in the half. Which official should signal the total number of violations the first time:
- The official who blew his whistle for the violation since he must determine if it shall count as a face-off violation
 - The coach
 - The CBO
 - The official in front of the benches
63. What is the proper timing for overtime?
- Sudden victory with 15 minute periods
 - Sudden victory with one 4 minute period
 - Sudden victory with 4 minute periods
 - None of the above
64. Which official will conduct all face-offs from single side of field?
- The referee for the game
 - The former lead
 - Former trail
 - Former single side
65. Wing player A2 is over his wing area restraining line when the face-off official blows his whistle. B1 face-off player moved early. The correct ruling is:
- Award the ball by alternate possession
 - Simultaneous technical fouls cancel. Reface the ball
 - Award the ball to Team A. The face-off never occurred. Count a faceoff violation on Team B
 - Award the ball to Team B. The wing violation is the second foul