

EH3 Setting a trail – Guidelines for Hares.

Preparation:

Choose your area and pub. Real ale is important!! And it should be hash friendly. Decide if the route you have in mind is a Monday evening trail or more suited to a Sunday morning trail. ***Is it a long way out or no street lights?*** If possible check with the pub before letting the Hare raisers know the location, just in case it has a refurb planned or the Landlord is moving on. (This saves frantic changes close to your r*n) Monday night r*ns should include food. £40 in total if possible let the hare raisers know if there is food or not.

Pass the pubs name & address, including postcode, to the hare raisers as soon as possible, also let them know if you have a themed trail or special occasion.

Two hares are better than one, that way one can r*n with the pack and avoid the unfortunate loss of a hasher or 2 on the way round. If only one hare appoint a sweep on the day.

A map showing shortcuts is useful to give to those who cannot do the full trail.

Ask for help if unsure, the Hare raisers will point you in the right direction.

Trail:

- The trail should be anything around 3.5 to 4.5 miles long, a 75 minute brisk walk including false trails and backchecks when setting.
- It should be laid in cooking flour, chalk or sawdust. Powder paint may help to colour the flour at certain times of the year. 2 to 3 bags depending on terrain/weather.
- Mark the trail every 15 to 20 paces (**with a blob of flour/sawdust or chalk arrow**).
- 8 – 12 checks (**A circle with a cross in it**) should be included. Checks help keep the pack together, thus enabling everyone to return to the pub together. The trail should start within 100 to 150 yards of the check. Check backs & false trails can help keep the pack together. (See page 2 overleaf for EH3 markings).
- At the end of a long single stretch or up hill, you can add a Re Group (RG)
- You must get permission from private land owners if you intend to cross their land and you are not on a public right of way. *Footpaths often pass through stables/farms etc. and it is advisable to make landowners aware of the “white powder” on the ground.*
- Make sure that the trail does not come too close to itself, 400 yards is a guideline, but use false trails (**a double bar**) if in any doubt.
- Rekkie the trail several times. This will help you decide where the best place for checks/false trails would be. *It is extremely difficult to erase several hundred yards of trail if you hit a barrier or closed path.*
- A beer stop should be included. (**marked BS**) This is a guaranteed way of getting a regroup. About two thirds of the way round is ideal.

On the day:

- Start to lay the trail at least 2 hours before the start time (if possible)
- Bring raffle prizes as appropriate. 50p on Sundays/Bank Hols 11am r*ns & £2.0 incl food on Monday 7pm r*ns if available

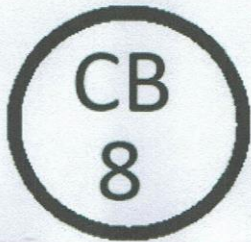
Remember, the aim is to get everyone round together by using checks, false trails and loops and have a fun “Hash”. Please ask for help/advice if need be.



CHECK



FALSE TRAIL



CHECK BACK 8



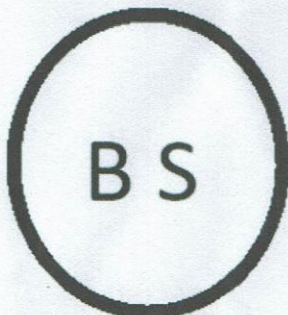
FISH HOOK



TRAIL DIRECTION



TURKEY EAGLE SPLIT



BEER STOP



REGROUP