Run #2168 Sunday 1st November 2026, The Muddy Duck, Maldon

Hares:- One Irection, Mother Sucker & Paul

Today we gathered on a Sunday morning in Maldon down by the river at the Muddy Duck pub. We were advised to park in Tesco, which was a 5 minute walk away, but most of us managed to park 'round the back', in the industrial area.

The Count was enjoying a weekend away, so Sooty called the hash to order. Mother Sucker (MS) briefed the group that the trail was about 4 miles long – and laid in flour. We set off along the footpath by the side of the pub – and the first person we met – was Pacemaker. He was running to us from Tesco, and could see us gathered on the bridge – and was running as fast as he could to catch us up! He hadn't even seen the flour as he had run towards us – which were all along the Tesco path!

Anyway – once we were all together – we were following the flour – which we soon realised had been distributed very carefully – trying not to waste any – in case it was needed later on. There were minimal checks – but luckily MS kept up with the runners, and managed to brief us as to when to check and when to carry on! At one point Fourplay ran on (to a false trail), and found the largest pile of flour – it was totally wasted on a section which only 1 person ran!

The route went through a housing area, before winding back to cross a main road, before going into the Heybridge country park area, along the Blackwater Rail Trail. We were joined today by Lyla, Pulled Out's granddaughter, and she was happily running along with the hare, making sure that none of the hash got left behind!

Finally we ended up at the Langford & Ulting Halt – where we had the beer stop. Most of the knitting circle had also made it along – even though it was quite a way! Once the beer had been drunk, we headed for the Museum of Power, and down the road to the canal. We then went along the tow path next to the river, finally ending back at the pub. I had logged 5 miles on my garmin!

Unfortunately the pub had run out of cask beer at their Halloween event last night – so it was only bottled beer for the hashers (and no hot drinks!). Once back at the pub we were joined by Sludge & Mrs Sludge, along with Vicky Vomit & Dr Doolittle. Although Heapo & AGO had another appointment – so they had to leave straight away!

After a bit of a chat, we had to go outside for the down-downs, Pulled Out stood in as the beermaster and the RA handed out the drinks! First up were the hares, for the lovely trails with the minimalist flour, then it was Small Prick, and then Lyla for her running (although Dad, Sludge had to drink her juice when she got all shy!). Vicky then came forward to award down-downs to Dr Doolittle for her Halloween shirt & Sir Lunchbox for being named after a saint (!). Pulled Out then got one for bringing the grandchildren, and Pacemaker was

awarded one by Sludge for being the fastest runner back to the pub (he just didn't go back to his car!), and then with one juice left on the tray, Fourplay got one for spotting the biggest pile of flour! The hares were then happy to distribute their raffle prizes, which they had been saving up for a while, and they were so pleased that they had even wrapped them up for us to make it even more exciting!

On! On!

Fourplay