

See Better. Feel Better. Play Better.



Water polo presents unique challenges for vision. Glasses and goggles aren't practical in the pool, and bright sunlight or harsh indoor lighting can cause glare, eye strain, and visual discomfort, even for athletes with perfect vision.

Single-use daily disposable contact lenses are considered the safest option for water athletes who want vision correction, UV protection, and glare reduction. Unlike reusable lenses, daily disposables significantly reduce the risk of eye infections and exposure to pool chemicals.

"ALTIUS® Performance-Tinted Contact Lenses are a tool I keep in my medical kit for our Senior Women's National Team to help athletes manage photosensitivity, reduce eye strain, and maintain visual comfort during high-intensity training," said **Larnie Boquiren, USA Water Polo Senior Women's Sports Medicine Manager.**



Available in **Amber and Grey-Green tints**, ALTIUS® single-use lenses:

- Block **100% of UV light** and most glare-causing blue/violet light
- Help reduce eye strain and light sensitivity
- Improve contrast and visual comfort
- Provide corneal protection
- Can be worn by athletes who do not need vision correction but want the benefits of the performance tint

In a survey of the **U.S. Women's National Team**, athletes reported:

- Improved visual clarity
- Reduced glare and light sensitivity
- Less eye fatigue and squinting
- Better ability to track the ball in bright conditions

For athletes with migraines, concussions, or light sensitivity, ALTIUS® lenses may provide additional relief through full-coverage tint and glare protection directly on the eye.

Surf City Optometry (Huntington Beach, CA), led by **Dr. Bronson Hamada**, is a global leader in sports and performance vision care and proudly supports the **USA Water Polo National Team**. Their team works with Olympic, professional, and national teams to optimize visual performance, sensory processing, and long-term eye health.

Through this partnership, Surf City Optometry helps ensure that USA Water Polo athletes have access to world-class sports vision services and technologies designed to support both performance and long-term eye health.

