



WELLBEING





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Who We Support

We support individuals, families and communities affected by alcohol, substances, prescribed medication and their mental health. Our services are open to anyone seeking help, guidance or a safe space to explore their next steps. Whether someone needs immediate support or longer-term engagement, our team is here to provide compassionate assistance.

Accessing Support and Referral Pathways

Individuals can self refer for support, families may contact us for guidance and professionals can make a referral with the person's consent.

Call: 01592 321 321

Email: enquiries@ss-scot.org

Web: substance-support-scotland.org

Our team will talk with you about your needs and guide you through the next steps.

OUR PROJECTS

Triage:

Provides immediate support, guidance and referrals across venues in Fife.

We offer:

- Same-day, in-person support at multiple community locations
- Advice and make referrals to partner organisations
- Continue supporting individuals until they are connected to the services they need

KY Clubs:

An informal, welcoming space offering practical support for people experiencing problematic alcohol and substance use.

We offer:

- Addiction Services
- Housing support
- Harm reduction specialists
- Triage
- Wound nurse
- Dental care pathways

Retention Team:

Supports people through recovery by helping them stay connected to important appointments and ongoing care.

Our team:

- Supports attendance at key appointments
- Encourages continued engagement with community and wellbeing support
- Helps people stay motivated and connected throughout their recovery journey

Near Fatal Overdose (NFO) Team:

Provides ongoing support for people who have recently experienced a near-fatal overdose.

Our team:

- Works in partnership with the Scottish Ambulance Service
- Offers wraparound outreach support after overdose events
- Makes tailored referrals into services that meet each person's needs

ASIST Team:

Provides specialist support for people with problematic alcohol and substance use in a hospital setting.

Our team:

- Works in partnership with the ADP, Fife Council Housing and NHS
- Manage complex cases in collaboration with housing services
- Provide frontline support in A&E through our hospital navigators who assist with urgent housing issues

Hospital Liaison Team:

Provides intensive, trauma-informed support for people affected by substance use as they leave hospital and return home.

What we do:

- Work in partnership with Social Work, and NHS Addiction Services to support safe discharge
- Help people prepare for transition and settle back home with practical guidance and reassurance
- Support housing, daily routines, and access to appropriate services
- Promote ongoing community connection and stability through continued follow-up support



Our Approach

- Trauma-informed
- Person centred
- Walk alongside at a safe pace
- Build confidence, reduce risk
- Support meaningful progress

Confidentiality and Safety

- Privacy, dignity and respect
- Information shared only when necessary for safety
- Safe, welcoming, non-judgemental spaces



For opening times and further information
visit our website or scan the QR code

www.substancessupportscotland.org

