

Alnmouth Friary Timetable

Monday Timetable

4pm	House Opens – Guests Arrive
4.30pm	Tea in the guest lounge
5pm	Evening Prayer / prayer time
6pm	Supper
<i>Compline is said privately</i>	
10pm	Silence begins

Regular Timetable: Tuesday, Wednesday & Saturday

7am	Morning Prayer
7.30am-8am	Silent prayer in the chapel
8am	Breakfast (until 8.45am when silence ends)
12 noon	Midday Prayer
12.15pm	Mass
1pm	Lunch
2pm-3pm	Brothers' Solitary Time (not available)
4.30pm	Tea in the hall
5pm	Evening Prayer
5.30pm-6pm	Silent Prayer in the chapel
6pm	Supper
9pm	Compline

Exceptions!

Thursday: All as regular timetable until

5pm	Silent Evening begins
5.30pm	Eucharistic Devotions
6pm	Supper (in silence)
<i>Compline is said privately</i>	

Friday All as regular timetable except:

8am	Mass
8.30am	Breakfast (until 9.15am, not silent)
10am	Guests vacate rooms
<i>No Midday Prayer or Lunch Provided</i>	

Sunday Timetable

8am	Morning Prayer
8.30am	Sung Mass
12.30pm	Midday Prayer
1pm	Lunch
2pm	Guests vacate rooms
4.30pm	Tea time
5pm	Evening Prayer
5.30pm	Eucharistic Devotions

If staying for the 30 minutes of silent prayer after Morning and Evening Prayer please stay for the entire time or leave at the end of the Office.