

## **Alnmouth Friary Winter Timetable – (1<sup>st</sup> January – 1<sup>st</sup> June)**

### **Sunday**

8:00am – Morning Prayer  
8:30am – Sung Mass followed by breakfast  
12:30pm – Midday Prayer  
12:45 – Gather in Front Hall ready for Lunch  
2pm – Guests vacate rooms

### **Tuesday, Wednesday, Thursday and Saturday**

8:00am – Morning Prayer  
8:30am – Prayer Time  
9:00am – Breakfast (Until 9:45 when silence ends)  
9:30am – Brothers Morning Meeting (Tuesday, Thursday and Saturday)  
12:00pm – Midday Prayer and Mass (1<sup>st</sup> Class Feast - no Midday Prayer, Mass begins at 12)  
12:45pm – Gather in Front Hall ready for Lunch  
2:00pm to 3:00pm – Brothers Free Time (not available)  
4:30pm – Tea in Front Hall  
5:00pm – Evening Prayer  
5:30pm – Prayer Time  
6:15pm – Supper (Silent on Wednesday, Thursday and Saturday)  
8:15pm – Compline

**The Great Silence Begins after Compline and continues until 9:45am**

### **Exceptions!**

**Thursdays all as regular except:**

5pm – Evening Prayer  
5:30pm – Adoration of the Blessed Sacrament  
6:15pm – Supper (Silent)

***Compline is said privately.***

### **Friday**

7:00am – Morning Prayer  
7:30am – Prayer Time  
8:00am – Mass  
8:30am – Breakfast (until 9:15, not silent)  
10:00am – Guests vacate rooms

**NO MIDDAY PRAYER ON LUNCH PROVIDED ON FRIDAYS. IF YOU ARE STAYING OVER FOR THE WEEKEND, PLEASE BE OUT OF THE FRIARY BETWEEN 10AM AND 2PM.**

***IMPORTANT – IF YOU ARE STAYING FOR THE SILENT PRAYER TIME AFTER MORNING OR EVENING PRAYER PLEASE STAY FOR THE ENTIRE TIME OR LEAVE WHEN THE OFFICE ENDS***

**ANY CHANGES WILL BE ANNOUNCED IN REFECTORY AND OR BY A MESSAGE ON THE TABLE IN THE FRONT HALL**